



The attitude of living well.



St Albans

ARVIDA RETIREMENT & CARE

Retain your lifestyle and independence at St Albans

St Albans is a friendly and inclusive boutique retirement village set amongst beautiful gardens with spacious outdoor living areas. Our modern and comfortable village provides residents with a secure and caring environment in which to enjoy the company of others. We're centrally located close to St Albans, Merivale and Shirley, which is also handy for relatives and friends working in the city centre.

Every day offers the opportunity to participate in a diverse range of activities, sharing good times with newly-made friends. Nestled within the wonderfully landscaped grounds you'll find Villas, Serviced Apartments and Studios, Rest Home and Hospital.

Our people at St Albans love what they do

Our gardeners and ground staff are passionate about our gardens and the joy that those amenities provide everyone. We love celebrating special events and birthdays, and enjoy getting people together at organised gatherings and social activities. We naturally form strong bonds with our residents because we love being here and the difference we make in people's lives every day. We're sure you'll feel right at home here at St Albans.

Be a part of a community that values you

As an Arvida Village, we take great care and time to listen, so that we can help you to enjoy the things that you love to do. We encourage participation and being a part of things in our small community, and we'll help you to remain active and happy.

Imagine your retirement like this, doing what you love to do

Whether you're looking for independent living or you need a little more help day to day, our friendly and inclusive community provides the perfect homely environment with genuine companionship and support. The facilities and activities within the village are available for everyone to enjoy, and you are able to join in and participate as much as you like, while still enjoying your privacy.

You'll feel a strong sense of belonging within our friendly and supportive community. The neighbourhood around St Albans has medical professionals, churches, bowling clubs and parks all nearby. A bus stop is located only 50 meters away on Colombo Street.

Our social calendar is very popular, and family and friends from outside the village are always welcome to join us. We provide a varied activities programme for all residents including themed functions, and a focus on local events. We have musical entertainment, concerts, housie, bowls, crafts, exercise classes, library, hair & beauty salon, weekly shopping trips, Church services, picnics and more! The choice is yours.

Welcome to St Albans, an Arvida Retirement Village focused on care and the quality of life for every individual.

We challenge ourselves to make our customers' lives better with everything we do.





Our professional staff offer real peace of mind

St Alban's Village Manager is supported by a Clinical Manager, and a team of Registered and Enrolled Nurses who are dedicated to the people in our village. All of our care staff participate in our diverse education programmes. So rest assured, you or your loved one are in safe hands at St Albans!

Flexible Care Plans

We are able to look after your current needs, and can also provide more care and assistance should your personal circumstances change. This gives you, your partner and family the comfort of knowing you'll always have the support and care you need, when you need it.

Rest Home & Hospital Care

Our Rest Home and Hospital offer very personal attention in a thoroughly modern, friendly, family focused environment.

Our rooms all have ensembles and are spacious and warm with outlooks over our spectacular gardens and beautifully landscaped grounds.

Wonderful home-cooked meals are prepared daily on-site and we can also cater for personal dietary needs.

Hospital level care offers our residents the very best in clinical care. The rooms are modern, warm and spacious with private ensembles, and beautiful garden outlooks.

Our friendly staff will do everything they can to make you feel at home, engaged and part of things here at St Albans.

We're well known for our personal care

St Albans is a purpose built retirement village where residents can choose their own level of independence with lifestyle options ranging from total independence to 24 hour nursing care.

You can also access care services while living independently in your own Serviced Apartment or Studio. We can assist with meals, laundry, cleaning, access to doctors and nurses including 24 hour emergency assistance. We can also help you to

transfer from your Apartment or Studio to our Hospital, should it be required in the future. We provide a range of care and support options and we can look after your current requirements, and adapt to changes in your health or personal circumstances, should they occur.

Ask us about how we can tailor our care plans for you, or take a look at our specialist brochure for our Serviced Apartments and Studios.

Our Rest Home and Care Plan options:

Our fees are carefully calculated so that we can provide the optimum care for you. We have several care packages available, from basic entry level to full Rest Home level care. Ask our village Sales Manager for a full list of costs and inclusions.



Typical Studio

Our Accommodation at St Albans

Serviced Apartments/Studios

Serviced one bedroom Apartments and Studios are a great option for those who prefer to have the care level they require in the privacy of their own home. Care options range from independent to Rest Home Level Care.

Our luxury Serviced Apartments are each equipped with their own kitchenette, full ensuite, under-floor heating, double glazing, carpets, drapes, nurse call, fire protection system, telephone and television jack points. Doors onto private balconies or courtyards allow residents to enjoy the tranquil gardens. On the first

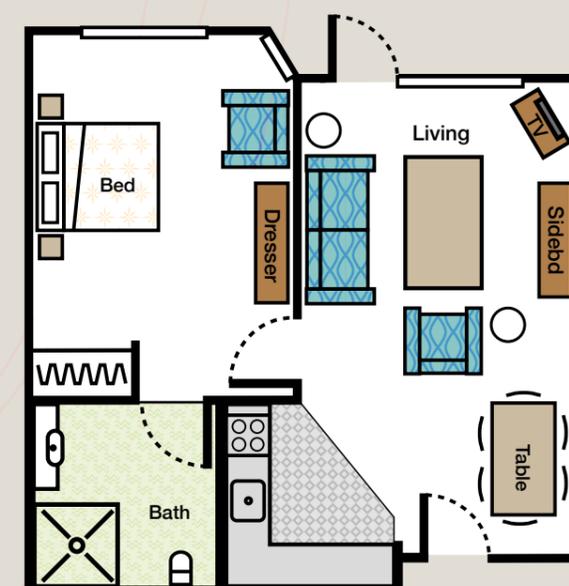
floor, a lounge, dining room and kitchen are provided for Serviced Apartment residents to enjoy. Serviced Apartment residents are also welcome to entertain family and friends in the various lounges and dining areas on both floors. Each serviced Apartment offers:

- 24 hour care (if required)
- Monitored nurse call and fire protection systems
- Registered nurse 7 days a week and on-call 24 hours a day.
- Individual care plan monitored daily (if required).

Rest Home and Hospital

Our Rest Home rooms have ensuite facilities, telephones and under-floor and ceiling heating. A monitored nurse call button is beside each bed as well as in the ensuite, providing you with quality healthcare 24/7. Residents are encouraged to bring their own furniture and personal affects to give their room a homely feel.

Hospital Level Care offers our residents the very best in clinical care. The rooms are modern, warm and spacious with private ensuites and television, and they overlook our beautiful gardens.



Typical 1 Bed Apartment



Our commitment to you

St Albans is an Arvida Village, and we are down to earth people here. Our values are genuine and they drive everything we do. We're always looking for new ways to make life in our community as fun and enjoyable as possible.

We take time to get to know everyone, and help every individual to continue to enjoy the things they love to do.

We believe in fairness. We're also pretty straight talking, so you can read our documents and understand them. And we care about wellness for everyone – residents and staff.

We're a family of friends in a supportive and caring community. The most important things in life to us are the people we live together with every day.

Social life at St Albans is a wonderful experience!

At St Albans Retirement Village, every resident is encouraged to enjoy the in-house activities on offer, or take part in our many excursions and shopping trips around Christchurch.

It is a social and inclusive community and there is always so much to do here at St Albans. Whether it is reading a book in a quiet nook in the garden, playing cards

in the sunny social rooms, or catching up with a neighbourhood mate for a yarn, the choice is yours.

Tapping into the social calendar is a great way to make new friends, or you can invite family and friends from outside the village to come along for a visit, or to attend one of our many social outings and picnics.

The best decision you'll ever make!

It is always a big decision to move away from your old home, but when the time is right to scale down, you really need to do your homework well.

We can help you with this decision by showing you what St Albans Retirement Village already offers the residents who live here. We welcome you to visit any time, and have a first hand chat with members of our community to find

out for yourself what makes our village so special. Enjoy independence and privacy with no maintenance worries and socialise with your new friends. There's always so much to do here – there's no chance of getting bored!

We're happy to show you around St Albans any time. Why not give us a call to have a chat about your personal needs.



A few of the common questions...

Why do people love living at St Albans?

We listen to our residents and what we consistently hear is:

- St Albans has an especially friendly inclusive community
- Our carers are very attentive and helpful
- Our modern rooms and facilities are lovely and warm
- Our village is close to the city and local transport

What levels of care are there?

Our village offers a full continuum of care, which means you'll have real peace of mind. The care packages range from Low Level Care right through to Rest Home Level Care and we also provide Hospital Level care in our Care Facility.

Can I move into the care facilities of the village later on?

Yes, as part of our community, you will have priority access to the care services offered by St Albans. If you might need a little extra help in the future with your day today living, you can choose to move within our village to more suitable accommodation.

What happens if I'm ill while living in my Serviced Apartment?

A staff member will respond to your call and arrange assistance where needed.

Can my family and friends stay with me in my home?

Yes of course, you can have family and friends come to stay in your Apartment any time while they are visiting. There is also parking available for visitors within the village.

Can I have my pets with me?

Yes, we know that pets are important and are often a much loved part of the family. Our Manager will need to confirm that your pet is suitable for our village.

Is there space for my car?

Some of our Villas and Serviced Apartments have parking provided also - please ask our village manager for more info.

Is there security at night?

Our village is fully fenced with swipe card access after hours. Our staff are on site 24 hours a day, should you need them. There are also emergency call buttons in Serviced Apartments and rooms throughout the village.

What other costs will I have?

In addition to the Deferred Management Fee, you will be responsible for:

- Your telephone bill
- Your contents insurance
- Your car insurance
- Your power bill

There is also a weekly village fee which in the case of Serviced Apartments includes

power. There may also be costs for any extra services should you require them. e.g. laundry and house cleaning. See our Serviced Apartment brochure for details and current prices.

Can I arrange for any other fittings to be added to my home?

At St Albans, we do everything we can to ensure you have your home the way you want it. You can choose to add items to make life a little easier like additional heating and security door or fly screens. We can help you with these extras but they will be at your cost.

Who pays for maintenance?

St Albans Village takes care of all exterior maintenance of your home, gardens and communal facilities.

What happens when I leave?

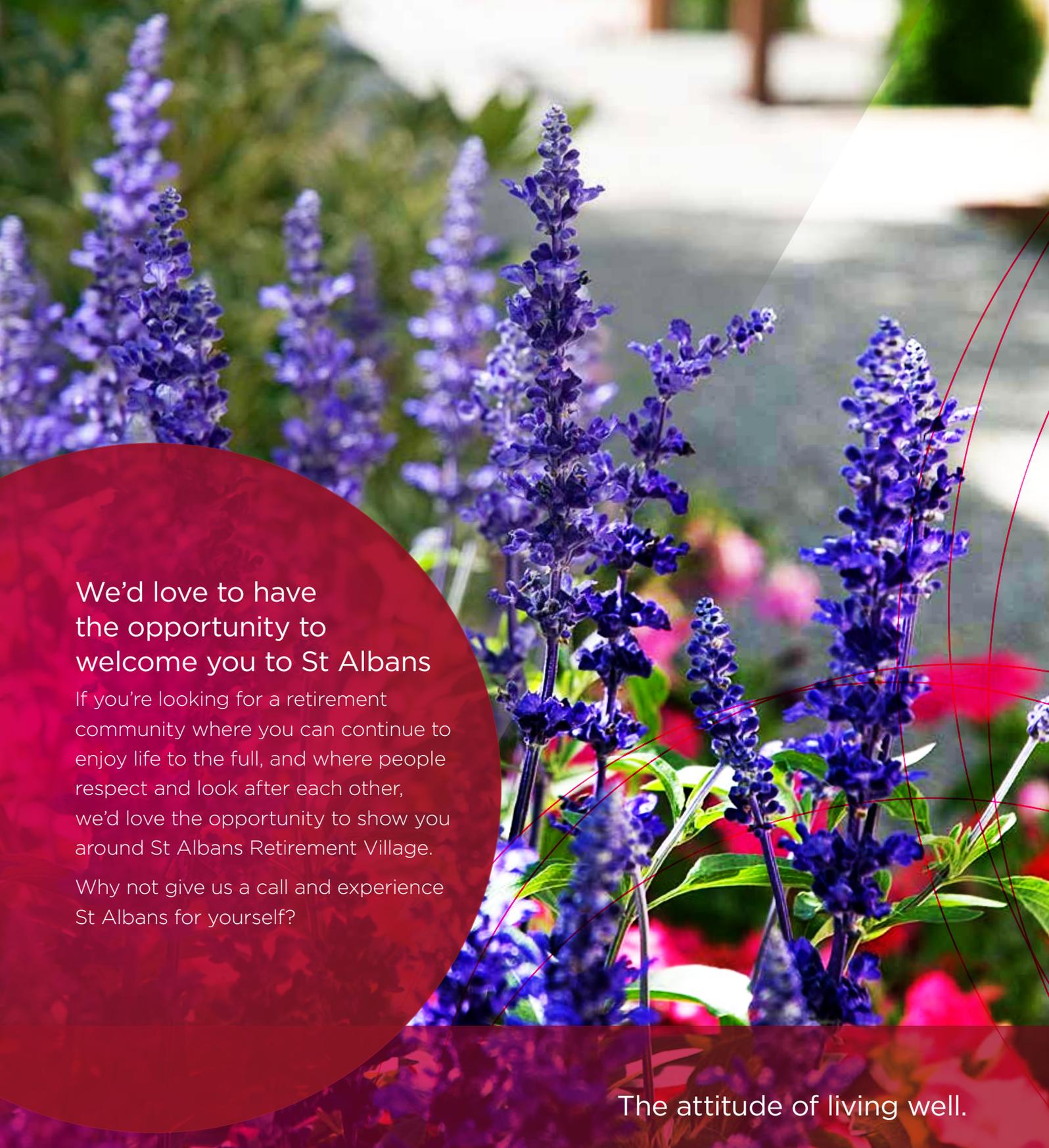
We do our best to support you and your family in every way we can. The village Fees stop immediately after you leave, and we begin the marketing and sale of your ORA.

Who is our Village Manager?

St Albans's Village Manager Symone Bruhns, enjoys a very close connection with our residents. Symone has immense pride in St Albans and loves the opportunity to show new prospective residents around the village.



Symone Bruhns
Village Manager



We'd love to have
the opportunity to
welcome you to St Albans

If you're looking for a retirement community where you can continue to enjoy life to the full, and where people respect and look after each other, we'd love the opportunity to show you around St Albans Retirement Village.

Why not give us a call and experience St Albans for yourself?

The attitude of living well.

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