

enliven

Positive Ageing Services
PRESBYTERIAN SUPPORT CENTRAL

Brightwater Home Palmerston North



CARING
ENABLING
SUPPORTING



Enliven
Central

Introducing **Enliven Central**

Enliven Central provides a full range of services to support people to maintain their independence and enjoy fulfilling lives.

We can support you to thrive, not just survive!

The Enliven philosophy recognises that people need to maintain control over their lives, wherever they live and whatever their age. To support this we provide the following services throughout the lower North Island:

- warm, welcoming elder-directed rest homes including hospital and dementia care
- short-term respite and health recovery care
- day programmes for older people living in their own homes
- boutique retirement villages, including Brightwater Village right next door to Brightwater Home
- practical in-home support to help people to maintain their independence at home.



Introducing **Brightwater Home**

Brightwater Home is relaxed, friendly and full of life. Residents enjoy the engaging atmosphere and companionship of others at a similar stage of life. Situated in Terrace End, Palmerston North, Brightwater Home is set among attractive grounds with courtyards, established trees and beautiful gardens.

This unique home offers specialist care including:

- hospital level care for people with complex clinical needs
- safe and compassionate dementia care
- respite for when you or your usual carer need a break
- health recovery care following surgery or illness
- palliative care.

At Brightwater Home our staff are not only highly trained, they're also friendly, caring and embrace an elder-directed philosophy of care. A registered nurse is on duty 24 hours a day and our doctor and nurse practitioner visit at least twice a week.

If you're looking for rest home level care we recommend Enliven's Willard Home, also in Palmerston North, or Coombrae Home in Feilding.



Your
space

Your place. Your space.

When people move to Brightwater Home, they often ask us if they can bring along their own belongings. The answer: of course! After all, this is your home.

At Brightwater Home you'll enjoy the community feel, shared lounges, entertaining areas and lovely gardens. But you'll also have your own private room. This is your space.

We can offer furnished rooms, but you're invited to make the space your own. You can bring along your own familiar belongings. Many residents bring along photos, artwork, ornaments, bed covers and even favourite pieces of furniture.

We're also able to offer some premium rooms. These rooms are larger and some have an ensuite.



About
us

A life worth living; **the Brightwater difference**

At Enliven we believe in creating elder-centered communities and embrace an elder-directed model of care called the Eden Alternative.

That means at Brightwater Home we'll take every opportunity to bring companionship, spontaneity, fun, meaning and purpose to your life. As well as providing high quality clinical care, we'll support you to continue doing the things you love in a way that's right for you.

A highlight for many residents is the social life. As well as enjoying the company of others at a similar stage of life, Brightwater Home residents get involved in organising daily happenings and special events – making the most of the varied social calendar.

The involvement of family, friends and the community is also a big part of Brightwater Home. Your grandchildren, family and friends are always welcome to visit. Even your pet may be able to move in with you if it gets on with others.



Getting in **touch**

Accessing any of our services is easy. You can be referred by a doctor or Needs Assessment Agency, or you can call us directly.

Brightwater Home

Phone 06 356 4190
Email brightwater@psc.org.nz
Visit 69 Brightwater Terrace,
Terrace End,
Palmerston North
Fax 06 357 8350

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For more information
visit: www.enlivencentral.org.nz
call: 0800 36 54 83