

## ASSESSMENT PROCESS

Before accessing any government funded aged care services, you must have a NASC assessment completed.

The assessment is normally organised through your doctor, another health professional or directly through NASC at Older Persons Health. The assessor visits you at home or hospital to discuss the assessment with you and your family.

*An aged care assessment:*

- confirms your eligibility for entry into aged residential care
- determines your care needs and what types of care and services you may be eligible for.



Our team of dedicated aged care professionals reflects the mission and values of Nazareth Care, and provides a safe, engaging and caring environment for residents.

### Visiting Hours

Visiting hours are flexible.


Reception hours are 8:30am – 5:00pm.

### Contact Us

Get in touch to find out more about the House or book a tour.

### Nazareth House Christchurch

220 Brougham Street  
Christchurch New Zealand 8023

 **64 3 374 1900**

 [admin.christchurch@nazarethcare.com](mailto:admin.christchurch@nazarethcare.com)

 [www.nazareth.co.nz](http://www.nazareth.co.nz)



# Nazareth Care

*Aged care from the heart*

## Christchurch

Join our community and  
experience the best of Aged Care



Nazareth House Christchurch – a state of the art development – is an accredited residential aged care facility.





## OUR SERVICES

Nazareth House provides services tailored to meet the individual needs of residents.

*Services include:*

### Nursing Care

A Registered Nurse is on site 24 hours a day.

### Pastoral Care

The Sisters of Nazareth live on site and offer pastoral care.

### Physiotherapy

All residents are assessed for their mobility and functional capacity and supported to maintain their independence. Services are available on-site.

### Podiatry

6 weekly services are offered.

### Shop

The Sisters operate an on-site shop four times a week and stocks a small range of gifts, toiletries, and treats such as ice cream, lollies and drinks.

### Hairdresser

An on-site hairdressing salon is available Wednesdays and Thursdays.

### Meals

All meals are prepared fresh on-site each day. Residents' dietary needs and preferences are catered for, to ensure optimum nutrition and health promotion. Our menu is regularly reviewed by a dietician.

### Cafe

Our cafe is a community focused spot nestled within the Nazareth Care complex. It offers a serene atmosphere, serving a variety of teas and barista-made coffee, homemade pastries, and light meals.

The cafe features comfortable seating, friendly staff, and is a social hub for residents and visitors. Open Sun-Thurs, 10am-5pm.

### Mass and Prayer Services

Catholic services are conducted daily. Other denominations services are conducted on a regular basis.

### Chapel

Nazareth House Christchurch has a beautiful on site Chapel for residents, families and visitors.

### Library

A visiting library service is available including large print and talking books.

### Activity Programs

All residents have individualised social, spiritual and cultural Care Plans.

### Laundry

A full laundry service operates on-site.

### Communal Social Areas

Nazareth House has a number of communal social areas including a Whanau room, lounges, television rooms and outdoor areas.

### Complementary Therapies

A range of complementary therapies are provided through the Wellbeing and Lifestyle Program.

### Bereavement Support

Dealing with the loss of a loved one is always a very difficult time. The Sisters of Nazareth provide sensitive support and assistance to residents, families and residents' representatives.

## Types of Care we offer:

- Rest Home Level Care
- Hospital level Care
- Respite Care
- Palliative Care
- End of Life Care
- Pastoral & Spiritual Care

## Hospital Level Care/Rest Home/End of Life Care.

Our experienced clinical team of nurses, carers, physiotherapist, GP and pharmacist are committed to providing exceptional care. Prior to admission you would have been assessed by NASC who will determine the level of care you require. NASC will also determine your eligibility for ministry funded support.

## Palliative Care

The guiding principle of "no-one dies alone" ensures all residents are cared for with love and dignity. Our care is interdenominational and respects the beliefs and perspectives of all residents. We have access to specialist medical palliative care consultants who along with our team inform the palliative care plan. We focus on ageing in place across the full journey including palliative care.

## Respite Care

If you need help from a carer every day, there may be times when you need to have a short stay in an aged care home. This is called 'residential respite care', and may be on a planned or emergency basis. Respite care provides accommodation to support you for a short period of time. You may use this type of service if your carer will be away, or is unwell or unable to provide care for any other reason. Once your carer is back, you will return home. It is calculated daily and paid to a maximum of 28 days per annum.

To find out how we can support you or to arrange a personal tour, contact the Nazareth Care team today on: **03 374 1900.**