

enliven

Positive Ageing Services
PRESBYTERIAN SUPPORT CENTRAL

Chalmers Home New Plymouth



CARING
ENABLING
SUPPORTING



Enliven
Central

Introducing **Enliven Central**

Enliven Central provides a full range of services to support older people to maintain their independence and enjoy fulfilling lives.

The Enliven philosophy recognises that people need to maintain control over their lives, wherever they live and whatever their age.

To support this we provide the following services throughout the lower North Island:

- warm, welcoming elder-directed rest homes, hospitals and dementia care
- respite and health recovery care
- day programmes for older people living in their own homes
- practical in-home support to help people to maintain their independence at home
- other health services, including a discreet continence service.

In many regions Enliven also operates boutique retirement villages.



Your
place

Introducing **Chalmers Home**

Chalmers Home is a rest home with spark. It's a truly elder-centred community where residents get involved in the running of the home. They often tell us they love the friendly, vibrant and family-focused atmosphere.

At Chalmers Home, Enliven offers a range of positive ageing services so as your needs change so too can the support we provide.

We offer:

- vibrant rest home and hospital level care
- respite for when you or your usual carer needs a break
- health recovery care following surgery or illness
- a fun and engaging day guest programme.

Staff at Chalmers Home are not only highly trained, they're also caring, friendly and embrace our elder-directed philosophy of care. Our nurses are on duty 24 hours a day and our doctor visits at least twice a week. We also have a podiatrist, physiotherapist and hairdresser who visit regularly.



Your
space

Your place. Your space.

Chalmers Home overlooks the beautiful Tasman Sea to the west and Mount Taranaki to the east and it's just a hop, skip and a jump from the coastal walkways, shopping centre and bowling club.

At Chalmers Home we're sure you'll enjoy the community feel of the spacious entertaining areas, including cosy lounges, an indoor bowling green and whānau spaces – all surrounding sunny central courtyard gardens.

But you'll also have your own large private room, many of which include an ensuite bathroom and private courtyard or balcony. This is your space. We can offer furnished rooms if you wish, but most residents choose to make the space their own.

When you move in you can bring along your own familiar belongings. Many residents bring along photos, artwork, ornaments, bed covers and even favourite pieces of furniture.

We're also able to offer some larger premium rooms with ensuite and kitchenette options.



Your
choice

Respite **and health** **recovery**

Chalmers Home welcomes people in need of short-term respite or health recovery care.

This may be when you're recovering after surgery or illness. Or, if you're living at home with family it may be a time when you both need a break.

During your stay with us you'll enjoy your own furnished room, as well as the shared lounges and gardens. If you like, you can really get involved in life at Chalmers Home; you'll enjoy the company of the other residents and you're welcome to take part in the activities, social events and outings.

If you think you'd like to move to Chalmers Home in the future, respite (like a good holiday) can be a good way of getting to know us before you move in.

Subsidies are often available from the district health board, or alternatively respite and health recovery care can be arranged directly with us



Day guests

The Chalmers Home day programme is very popular with residents in the local community.

The programme has been designed specifically for people living in their own homes or with family. It gives you a chance to get out of the house and for your family or usual carers to take a break.

Attendees tell us they enjoy the opportunity to socialise, to keep active and to take part in the variety of fun and engaging activities while visiting us.

The constantly changing social calendar includes activities such as:

- sight seeing trips
- guest entertainers
- gentle exercise classes
- arts and craft
- cooking and baking
- games and puzzles
- themed parties.

The programme operates most week days.



About
us

The Chalmers **difference**

At Enliven we believe in creating elder-centred communities and embrace an elder-directed model of care called the Eden Alternative.

That means at Chalmers Home we take every opportunity to bring companionship, spontaneity, fun, meaning and purpose to your life. As well as providing high quality clinical care, we'll support you to continue doing the things you love in a way that's right for you.

A highlight for many residents is the social life. As well as enjoying the company of others at a similar stage of life, Chalmers Home residents get involved in organising daily happenings and special events – making the most of the varied social calendar.

The involvement of family, friends and the community is also a big part of Chalmers Home. Your grandchildren, family and friends are always welcome to visit. Even your pet may be able to move in with you if it gets on with others.



Getting in **touch**

Accessing any of our services is easy.
You can be referred by a doctor or Needs
Assessment Agency, or you can call us directly.

Chalmers Home

Phone 06 758 5190

Email chalmers@psc.org.nz

Visit 20 Octavius Place, New Plymouth

Fax 06 759 9320

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PRESBYTERIAN SUPPORT CENTRAL

For more information

visit: www.enlivencentral.org.nz

call: 0508 36 54 83 (that's 0508 ENLIVEN)