

St. Clair Park

Residential Centre

JUNE 2023 NEWSLETTER



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Editor's Desk

Hello Residents, Families, and Friends!

We have started a newsletter to keep our Residents and their loved ones up to date with what is happening at St Clair Park every month.

June has been an exciting month with team leaders returning from leave and new staff members joining the St Clair Park family. We breathed new life into activity planning, and we have already had heaps of fun! More information on this can be found on pages 5 – 6.

On Wednesday the 21st of June all our staff attended a De-escalation training session to learn how to improve the way in which we handle certain situations. We had also had an audit in June and we are happy to let you know that we passed with flying colours!

We are so proud and happy to be serving our Residents well at St Clair Park. Each Resident and Family is important to us, and we aim to continuously improve experiences and quality of life at our rest home.

Please reach out to us, no matter how big or small your concern!

We hope you had a blessed June!

Warm regards,

Anita van Niekerk



Learn to love without condition. Talk without bad intention. Give without any reason. And most of all, care for people without any expectation.

Unknown



Staff Updates

MANAGER

Princy Zacharias, as you will have been aware, has been away on Maternity leave since January, and Pamela Nisbet is covering her role as Manager. Pamela is always available to meet with family and residents. Any query, no matter how small, can be emailed to Pamela at manager@stclairpark.co.nz to be dealt with. Pamela works on site from Monday to Friday but can be flexible outside of normal working hours to accommodate and arrange for family meetings.



ADMINISTRATION

Julia Colbert is our receptionist and administrator. Her kind smile is always ready to greet visitors at our home. She has been loving all our residents and families so well ever since she joined us in February this year. She works Monday – Thursday from 9am to 3pm.



MAINTENANCE

Bernie Cameron has been the handiest man at St Clair Park for just over a year now. The staff and residents love and respond to Bernie and always make sure to let him know of anything that needs fixing! He is a wealth of knowledge and extremely resident focused. Bernie works Monday – Thursday from 8.30 am to 1pm but can always be convinced to stay longer to drive a resident to an appointment or just to take some residents out in the van for ice cream.



TEAM LEADER: CARGILL

Lina has been at St Clair Park for more than 9 years and she is the team leader in the Cargill Unit. She has a personal relationship with each resident and is aware and in control of everything that happens in her unit. She is always available to talk to family and to deal with queries no matter how big or small.



TEAM LEADER: ASHWOOD

Jeethu is the team leader in the Cargill unit. She oversees everything that happens, from caregiving to cleaning in the Ashwood unit. She is always available to talk to family and to deal with queries no matter how big or small.



CAREGIVER

Sophia Paulen has recently returned to work as a caregiver in Ashwood, to the Residents' great delight. Sophia works along with other staff to holistically give Residents a purpose to get up most days as she plans outings for them after meals and care has been completed.



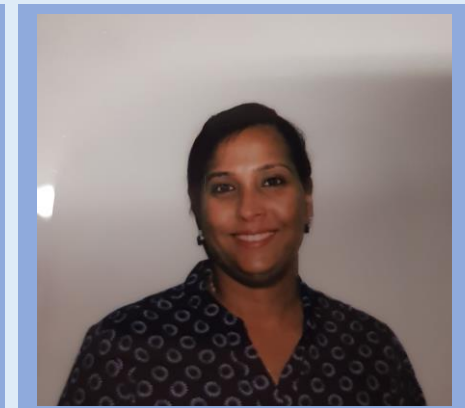
REGISTERED NURSES

Our registered nurses are always available to answer medical questions.

1. Josmy
2. Christy

They can be contacted by the following email address:

nurse@stclairpark.co.nz



WELCOMING NEW STAFF

Renee has recently joined our team as a caregiver. She works mostly in the Cargill unit.

Guy is one of our new male caregivers. He spends most of his time in the Cargill unit.



Activities in Review

NEW ACTIVITIES COORDINATOR / DIVERSIONAL THERAPIST

Anita van Niekerk started as the new Diversional Therapist / Activities Coordinator in early June. Anita will be working on the Continuous Quality Improvement Initiative (project goals explained below). She sets schedules for the residents to follow according to a theme each week. We have already had heaps of fun since the new programme was set in place. She is working Monday-Friday from 9am to 4.30pm.



Continuous Quality Improvement Initiative

- ❖ To improve the quality of life of the Residents of St Clair Park Residential Centre.
- ❖ To give each Resident a sense of purpose and individuality.
- ❖ To increase cultural awareness and involvement within the Centre.
- ❖ To establish community involvement.
- ❖ To implement learning into the lives of the Residents.
- ❖ To plan and schedule activities for all residents according to their likes and interests



JUNE ACTIVITIES IN REVIEW

We started doing weekly themes with activities relating to the themes mid-June.

In the week of the 19th – 25th of June, we had French Week, during which we enjoyed croissants for morning tea, and crepes for afternoon tea. We painted French landscapes, played French memory match games, coloured pictures, went op-shopping at St John's, and we had a happy hour on Friday with alcohol-free champagne. We also made sure to do daily exercises.

In the week of the 26th of June – 2nd of July, we had Egyptian Week. We had daily walking and stretching groups to exercise our muscles, and we did word puzzles and deciphered hieroglyphics to exercise our minds. We received a visitor who taught the residents how to make birthday cards, and we made a necklace craft. For snacks, we enjoyed churros and alcohol-free beer.



FRENCH WEEK



JUST A FEW OF OUR FUN MOMENTS!

ENJOYING FRENCH CREPES WITH FRUIT AND CHOCOLATE SAUCE



PAINTING FRENCH LANDSCAPES



OP SHOPPING



HAPPY HOUR WITH ALCOHOL FREE CHAMPAGNE





EGYPTIAN WEEK

SPECIAL MEMORIES FROM EGYPTIAN WEEK



CARD MAKING

BIRTHDAY CELEBRATIONS!



HAPPY HOUR WITH ALCOHOL FREE BEER

ENJOYING CHURROS!



JUNE BIRTHDAYS

MURRAY LOVETT – 8 JUNE
MIDDLETON



MARY MERCHANT – 16 JUNE
ASHWOOD

LINDSAY MCKAY – 18 JUNE
ASHWOOD



DOROTHY RABBIDGE – 19 JUNE
ASHWOOD

AUDREY HOATTEN – 21 JUNE
CARGILL



TREVOR CARR – 27 JUNE
CARGILL

JULY CALENDER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1	2
3	4	5	6	7	8	9
ITALIAN WEEK	ITALIAN WEEK	ITALIAN WEEK	ITALIAN WEEK	ITALIAN WEEK	ITALIAN WEEK	ITALIAN WEEK
10	11	12	13	14 MATARIKI DAY	15	16
MAORI WEEK	MAORI WEEK	MAORI WEEK	MAORI WEEK	MAORI WEEK	MAORI WEEK	MAORI WEEK
17	18	19	20	21	22	23
GERMAN WEEK	GERMAN WEEK	GERMAN WEEK	GERMAN WEEK	GERMAN WEEK	GERMAN WEEK	GERMAN WEEK
24	25	26	27	28	29	30
SOUTH AFRICAN WEEK	SOUTH AFRICAN WEEK	SOUTH AFRICAN WEEK	SOUTH AFRICAN WEEK	SOUTH AFRICAN WEEK	SOUTH AFRICAN WEEK	SOUTH AFRICAN WEEK
31						



Welcome New Residents!

Sandra Grant became a permanent resident in June. She now calls the Cargill Unit home!

We are so happy to have you with us, Sandra!

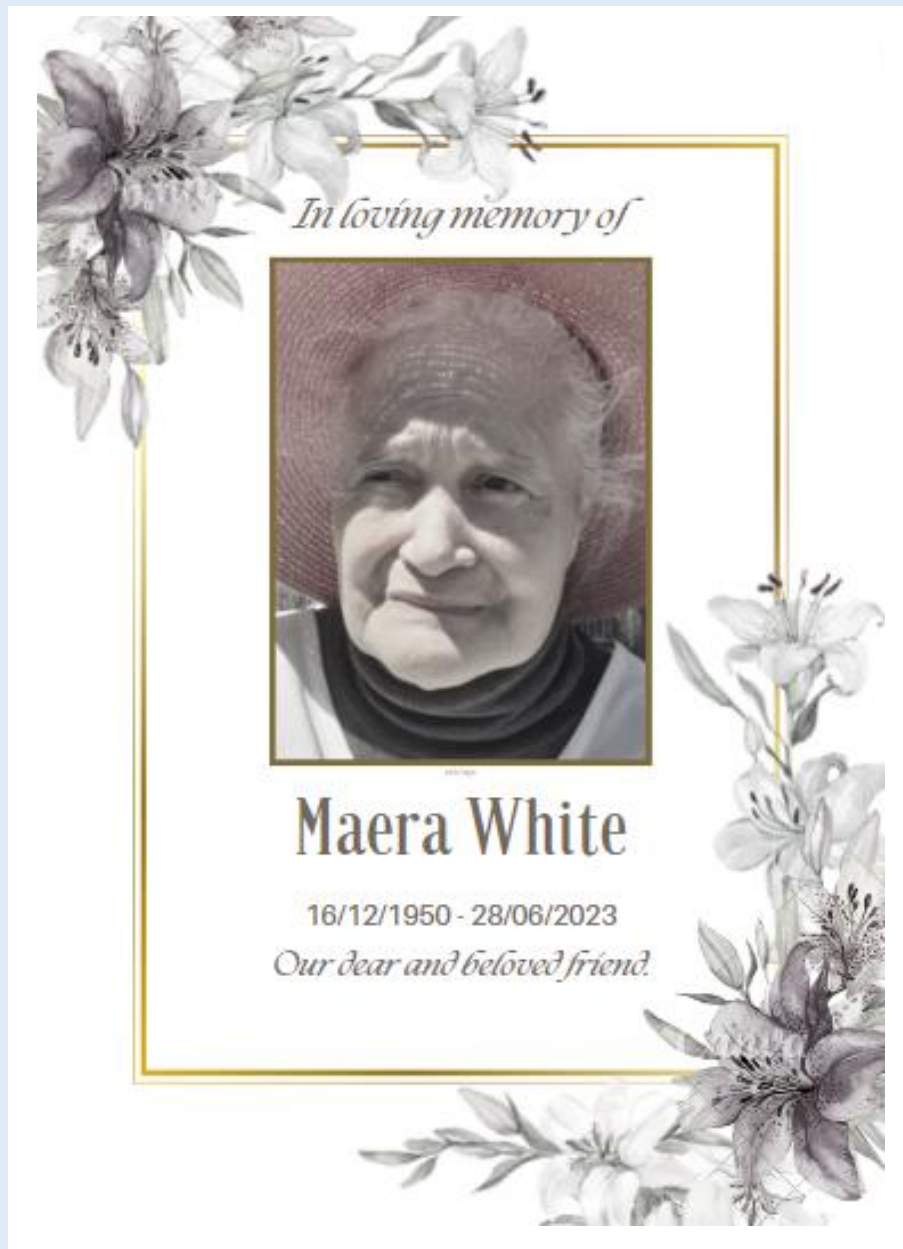


Mary Merchant joined our home in June. She lives in our Ashwood Unit.

Welcome, Mary!



In loving memory of



St Clair Park would like to express our sincere condolences to the family and friends of Maera White. She lived a full and meaningful life and touched our hearts in many ways. She will forever be in our hearts and memories.