

Coombrae Home Feilding



CARING
ENABLING
SUPPORTING



Enliven
Central

Introducing **Enliven Central**

Enliven Central provides a full range of services to support older people to maintain their independence and enjoy fulfilling lives.

We can support you to thrive, not just survive!

The Enliven philosophy recognises that people need to maintain control over their lives, wherever they live and whatever their age. To support this we provide the following services throughout the lower North Island:

- warm, welcoming elder-directed rest homes
- respite and day programmes for older people living in their own homes
- boutique and vibrant retirement villages, including Coombrae Retirement Village right next door to Coombrae Home
- practical in-home support to help people to maintain their independence
- other health services, including continence advice, education and products.



Coombrae Home, Feilding

Enliven's Coombrae Home is lively and welcoming. The people are warm and friendly. There is a smiling face at every corner. Situated in the Feilding township, with a tranquil semi-rural outlook, Coombrae Home is a community icon.

Coombrae Home's rest home and specialist dementia care provides you with the very best in clinical care in an engaging and caring environment.

At Coombrae Home nurses are on-site during the day and on-call overnight. We are also in regular contact with local GPs who visit as required. If you have other health needs, such as podiatry, we're usually able to arrange for a health professional to visit you at Coombrae Home.

Your place. Your space

When people move to Coombrae Home they often ask us if they can bring their own belongings. The answer: yes! After all, this is your home.

We're sure you'll enjoy the lounges and entertaining areas throughout the home, as well as the home's beautiful gardens.



Your
space

You'll also have your own private room. This is your space.

Your room can be furnished if you wish, however you are invited to make the space your own by bringing along your own familiar things. Many residents bring along photos, artwork, ornaments, furniture and bed covers.

The Coombrae Club

The Day Guest Programme at Coombrae Home is popular with residents in the local community.

The programme has been designed for people living in their own homes or with family. It gives you a chance to get out of the house and for your family or usual carer to take a break.

At the Coombrae Club you'll enjoy socialising with others at a similar stage of life, you'll be supported to keep active and you'll have the opportunity to take part in a variety of fun and engaging activities. The constantly changing social calendar includes sight-seeing trips, friendly bowls competitions, guest entertainers, arts, crafts, picnics and meals out.



About
us

A life worth living; **the Coombrae difference**

Coombrae Home embraces the Eden Alternative – an elder-directed model of care. That means you'll be supported to make decisions about your personal wellbeing, and to maintain your independence and routines in a way that's right for you.

At Coombrae Home we'll support you to keep up with your hobbies, interests and passions. After all, that's what adds life to life!

As well as enjoying the company of others at a similar stage of life, many residents choose to get involved in organising daily happenings and special events – both at the home and in the community. This can make for a varied social calendar.

The involvement of the community is also a big part of life at Coombrae Home. Residents are encouraged to invite their family and friends to spend time with them enjoying the lounges, gardens, social events or a meal. In fact, even your pet can move in with you if it 'gets on' with others.



Getting in **touch**

Accessing any of our services is easy. You can be referred by a doctor or Needs Assessment Agency, or you can call us directly.

Coombrae Home

Phone 06 323 4491

Email coombrae@psc.org.nz

Visit 34 North Street, Feilding

Fax 06 323 4487



For more information

visit: www.enlivencentral.org.nz

call: 0800 36 54 83