

# Introducing PROMISIA ALDWINS HOUSE

## Your loved ones are in our caring hands

Promisia is proud to provide the care people need as they age we offer a range of community-style living arrangements catering for different health, social and personal requirements.

# Welcome!

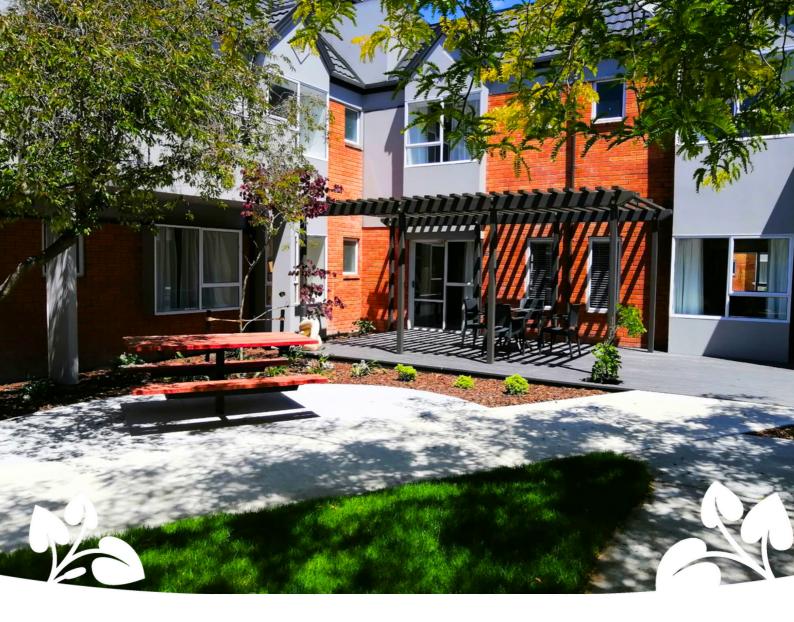
Thank you for your interest in Aldwins House. We are pleased to show you around our lovely home and welcome any questions you may have. Aldwins House is owned and operated by Promisia Limited, and was purchased in 2020. We are committed to the further



development of the Rest Home and Hospital to ensure excellence in care for all those who reside here. If there is anything you would like to know more about or is not covered, please do not hesitate to ask a staff member We take this opportunity to thank you for giving us the opportunity to show you how we provide our care here.

Kind regards

Facility Manager



# **Aldwins House**

### Peace and tranquility in the heart of the city

Aldwins House aspires to be the facility of choice by providing quality care, support and enriching the lives of the elderly in Christchurch.

The property was previously a rest home before it was damaged in the 2011 Canterbury earthquake eventually closing in 2017. Aldwins House re-opened in December 2020 following a 2-year project to strengthen and refurbish the property.

Aldwins House is now a fresh, modern, and well-resourced aged care facility. The building has internal courtyards and residents can relax outside amongst the trees enjoying nature, and birds and enjoying the quiet environment.

### What We Can Do

#### Service & Provide

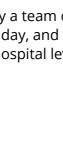
We accept Residents for both Hospital and Rest Home Care in our beautiful refurbished facility.



#### **Hospital Care**

Hospital care is provided for residents who have a significant disability and/or medical concerns.

Expert assistance is delivered by a team of doctors and nurses, 24 hours a day, and provides a personally tailored hospital level care plan.



#### **Rest Home Care**

Rest home care caters to people who are largely independent.

Rest home residents may require some support with personal care and general day-to-day activities. Residents tend to be active, engaged and able, and enjoy taking part in community life.



#### **Respite Care**

Respite care services are available to those in need of extra support or who are unwell (eg, recovering from an illness or hospital stay). Respite care is designed as short-term support (a few days or weeks) and allows the usual carer to take a break and ensure the cared for person receives the care they need.





#### **Palliative Care**

For people nearing the end of their lives, specialist medical services and clinical staff are available to meet ongoing comfort and care requirements.

We work closely with medical specialists and family/whānau to ensure a resident's physical, emotional, cultural, and spiritual needs are met.



#### **Young Disabled Care**

Care for Younger People with Lifelong Disabilities (YPD) is available for people under 65 who require support with self-care, mobility, and/or communication.

Our staff works closely with residents to encourage independence while still providing the personalized care required.

# A fresh, modern, and well-resourced aged care facility

# At Aldwins House you won't pay any premium room charges!

The newly renovated complex is spread over two floors and multiple wings and consists of 145 bedrooms, most with ensuites. Amenities at the facility include a reception foyer, open plan entertainment hall with adjoining kitchenette and hair salon/beauty room, dining room serviced by a large commercial grade kitchen, nurses' stations, sitting rooms, staffroom, administration offices, sheltered communal outdoor areas situated within two internal courtyards, 75 car parking spaces, and two double-width bed sized elevators.

Six rooms have been specifically designed and built for individuals who require additional mobility and care equipment. These rooms are larger and have hand-basins.



## **Amenities and Activities**

At all Promisia aged care facilities, we take pride in developing individual activity programmes that take account of the interests and abilities of residents.

We encourage resident's family/whānau and friends to be involved. Community volunteers are also actively engaged and this helps support a wide range of possible activities.

#### A selection of the amenities and activities include;





































# **Our Residents Say**

#### **Individuality & Inclusion**

Our ethos is based around caring for the individual and ensuring that no one is excluded. This means that we develop individualised programmes of care and activities that ensure the needs of all residents are met.



"I have had lovely memorable times here. Very nice coffee and yummy food. I also enjoy participating in happy activities and reading in pretty gardens. Thank you to all the staff."

-Alex Henning-

"It is like being at home. The staff are fantastic. I enjoy my life with warm care and connect with communities through activities every day."

-Noeline Lovelock-





"Promisia is where I feel at home. I am well cared for and I have wonderful friendships with people who like knitting as much as I do."

-Jennifer Soutar-







of the building enabling easy access to Christchurch and the surrounding area.

