



WWW.RIVERSIDEHOMEANDCARE.CO.NZ

Riverside

HOME AND CARE



About Riverside Home & Care

Riverside Home & Care is a older people care facility nestled by the riverside, dedicated to providing a warm and supportive environment for elderly residents.

Our home offers personalized care plans tailored to each individual's needs, ensuring comfort and security.

With a team of compassionate caregivers and a range of activities designed to promote physical and mental well-being, Riverside Home & Care strives to create a home-away-from-home atmosphere where seniors can thrive and enjoy their golden years.

Victoria Rest Home Group is affiliated with Riverside and guarantees the happiness of adults with extensive experience and expertise.

Our facility offers various programs, and being situated right next to Tamaki River and a park.

With a large yard, residents can enjoy walks and fresh air at any time. Located in Otahuhu, this place is ideal for rejuvenation and relaxation.

Riverside Home & Care Offers:

- Long Term Care
- Respite Care
- Day Stay



Our Home is Your Home

Riverside Home & Care provides personalized care services for elderly individuals who may no longer live independently, aiming to ensure their comfort and enjoyment of life to the fullest extent possible.

We also offer accommodations for couples who wish to live together and share their experiences. At Riverside Home & Care, visitors and families are always welcome. This is your home, where visitors can join you for coffee, tea, and snacks while enjoying conversations together.

Alternatively, you can take a stroll in the nearby parks or along the riverside, or visit a nearby shopping center for coffee, cake, or shopping. We are here to guide you and your family through Riverside Home & Care.




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www.victoriarestgroup.co.nz



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Our Home is Your Home



Atmosphere

- Homely, relaxed and friendly
- Two comfortable lounge areas
- Separate dining room
- Heat pumps through our home for your comfort
- Sunny decks
- Seating outside to relax in the sun amongst the garden
- Colourful gardens and raised vegetable beds for the gardening enthusiasts

Private Bedrooms

- Bright, comfortable rooms some with outside deck
- Light and airy
- Curtains are unique to each room
- Call points easily accessible from bed
- Bed lights for reading
- Wi-Fi available & TV outlets
- Hand basins with vanity unit and mirror
- Single rooms or large double rooms for couples.
- 10 premium rooms 3 ensuite bathrooms and 20 standard rooms.





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We provide furniture, but encourage personal belongings for bedrooms such as

- Your favourite chair
- Photos, art
- Favourite blanket
- Ornaments

Meals

- Riverside prides itself on having delicious meals and snacks cooked in our kitchen by our full time chef

Activities

- Our activities Programme is regularly updated to cater for individual, interests and capabilities

Visitors

- We have an open door policy so resident's family and friends are always welcome and we are only too happy to provide light refreshments.





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Medical Care



- GP – Dr Taylor is on call at all times and at the house regularly
- Families are encouraged to meet with the GP to discuss any concerns
- Residents can retain their own GP
- Our Registered Nurse writes and coordinates residents individual care plan, outlining their overall wellbeing. Regular reviews for each resident.
- Podiatrist
- Middlemore Hospital is 10 minutes away.

Staff

- Our genuinely caring staff treat each person as an individual and ensure residents feel at home and valued.
- Trained staff who attend regular in-house training and other courses
- Warm, friendly staff who treat everyone with respect and empathy
- Visiting Hairdresser



Certification

- Ministry of Health certification
- Independent Audit carried out by Health Share Limited
- Current Building Warrant of Fitness
- Fire department approved evacuation plan



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Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning Tea	Wholemeal date scones	Pikelet	Savoury crackers	Sausage Rolls	Crumpets	Sultana Bran Muffins	Biscuit Chef's Choice
Gravy			Honey Mustard			BBQ Sauce	Mint Sauce
Potato	Creamed potato	Boiled Potato	Potato Wedges	Potato mash (pie topping)		Mashed potato	Roast potato oven (diced & herb salty)
Dessert	Lemon Impossible Pie	Bread and butter Pudding	Banana Split	Apple and Date Pudding	Orange Flummery	Rhubarb	Rice Pudding
Side	Ice Cream	Cream	Ice cream	Custard	Ice cream	Custard	Peaches
Dinner & Fruit salad	Salmon Sandwiches	Ham and Cheese Bundles	Homemade Soup of the Day or Sandwiches	Mushrooms on Toast	Cornish Pasties	Tomato and cheese toasty or Sardine toasty	Poached Eggs on toast or Sandwiches
Sandwiches, Biscuits, Home baking, Savoury Crackers							

*Choices of fresh fruits available at all times from the large fruit bowl in the dining room

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Porridge, toast & spreads, muesli, wheat-bix, cornflakes, fresh fruit, prunes						
Morning Tea	Cheese scones	Marmalade Pinwheels	Fruit Bread	Savoury Cracker	Biscuits Chef's Choice	Salmon Rolls	Savoury Crackers and Stuffing
Lunch	Corned beef	Cold Sliced Beef	Chicken Pie with Pie top	Beef Stroganoff with Mushrooms	Fish and Chips	Ham Steak	Roast Chicken and Brown Gravy
Gravy	Mustard Sauce	Chutney			Tomato Sauce/ Mayonnaise		
Potato	Potato Mash	Potato	Boiled potato	Mashed potato	Chips in Fryer	Butter Potato	Roast Potato Oven
Vegetables	Carrots Cabbage	Salad or Mixed Vegetable	Pumpkin Silverbeet Beans	Carrots Peas	Mixed Vegetables Coleslaw	Asparagus Tomato Mushroom sauce	Kumara (roast) Pumpkin (roast) Broccoli
Dessert	Trifle	Chocolate Self-saucing Pudding	Plums and Ice Cream	Fruit Flan	Lime Jelly and Pears	Lemon Yoghurt Cake	Trifle & Fruit
Side	Ice Cream	Cream		Cream	Ice Cream	Yoghurt	
Afternoon Tea	Biscuits Chef's Choice	Vanilla cupcakes	Ginger Crunch	Asparagus rolls	Pikelets Blueberry	Fruit Muffins	Cheddar and chutney pinwheels
Dinner & Fruit salad	Fish Cake or Fish Fingers	Savoury buns with spaghetti, onion, cheese	Scrambled eggs on toast	Homemade Soup of the day or Sandwiches	Macaroni Cheese or Cheese Onion on toast	Corned beef toasty with chow or Sandwiches	Zucchini quiche or Ham sandwiches
Supper	Sandwiches, Biscuits, Home baking, Savoury Crackers						

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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Porridge, toast & spreads, muesli, wheat-bix, cornflakes, fresh fruit, prunes						
Morning Tea	Crumpets	Savoury Muffins	Chef's Choice Biscuits	Savoury Crackers	Fruit Toast	Pikelets	Chef's Choice Biscuits
Lunch	Meatballs	Fish Fingers	Crumbed Chicken Drumsticks	Lamb Casserole	Crumbed fish	Beef Hotpot	Roast pork
Gravy	Tomato	Tartar Sauce	Brown Gravy		Tomato/ Mayonnaise		Apple Sauce
Potato	Hash browns	Mashed Potato	Boiled Potato	Mashed Potato	Oven Chips	Potato in hot pot	Roast potato oven
Vegetables	Beetroot Tomato Coleslaw	Carrots Beans	Salad Mixed Vegetables Peas	Silverbeet Carrots	Coleslaw Mixed Vegetables	Green beans Carrots in hotpot	Kumara (roast) Pumpkin (roast) Broccoli
Dessert	Strawberry Mousse	Raisin Pudding	Banana Fritter	Ambrosia	Cheesecake	Moist apple cake	Greek creamed rice
Side	Chocolate Chips	Cream	Ice Cream			Custard	Fruit
Afternoon Tea	Wholemeal date scones	Scones with Jam and cream	Yoghurt date muffins	Chocolate brownie	Lamingtons	Savoury Crackers	Banana cake
Dinner & Fruit salad	Homemade Soup of the day	Mashed Egg Sandwiches or Cheese Tomato Sandwiches	Sausage Rolls	Baked Potato Bacon Capsicum or Soup	Beef Savouries or Salmon Rolls	Baked beans or spaghetti on toast	Pizza
Supper	Sandwiches, Biscuits, Home baking, Savoury Crackers						

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Week 4	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Porridge, toast & spreads, muesli, wheat-bix, cornflakes, fresh fruit, prunes						
Morning Tea	Fruit Toast	Chef's choice biscuits	Blueberry bran muffins	Savoury Crackers	Muffins	Scones with Jam	Savoury Crackers
Lunch	Mustard Rosemary Chicken			Beef Irish Stew	Fish and Chips	Pork and Apple Casserole	Bolar Roast
Gravy	Brown Gravy (Chicken)				Tomato/ Mayonnaise		Brown Gravy
Potato	Mashed Potato	Boiled potato (butter and mint)	Potato Salad	Creamed Potato	Potato chunks Fryer	Garlic pot-mash	Roast potato Oven
Vegetables	Carrots Peas	Green Beans Cauliflower	Salad Mixed Vegetables	Carrots in Stew Peas Cauliflower	Coleslaw or Mixed Vegetables Beans Beetroot	Onions (& gravy) Green Carrots	Kumara (roast) Pumpkin (roast) Broccoli
Dessert	Apple Crumble	Plums and Custard	Fruit Sponge	Chocolate Log	Berries in Raspberry Jelly	Meringue Surprise	Pear and blueberry slice
Side	Custard		Ice Cream	Cream	Ice Cream	Cream	Yoghurt
Afternoon Tea	Wholemeal apricot muffins	Victoria Sponge Cake	Chef's choice biscuits	Asparagus Rolls	Blueberry Flan/ Slice	Chef's choice biscuits	Savoury Crackers
Dinner & Fruit salad	Hot dog or grilled Rolls (tomato, cheese, onion)	Prawns or spread or your choice	Baked beans or spaghetti on toast	Sliced Corned Beef Sandwiches	Scrambled Eggs or Soup	Homemade Soup or Sandwiches	Ham quiche or Ham Sandwiches
Supper	Sandwiches, Biscuits, Home baking, Savoury Crackers						

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Riverside Home and Care's Menu!

We offer fresh seasonal fruits and vegetables.

Our menus are flexible to accommodate individual dietary requirements, tastes, and preferences. Our nutritious four-weekly menu sometimes features vegetables from our own garden. Please see below for the menu.

“Cultural menu is available on request”

Riverside Home and Care

PRIDES ITSELF ON HAVING DELICIOUS MEALS AND SNACKS COOKED IN OUR KITCHEN BY OUR FULL TIME CHEF