

www.alexandra.org.nz

## Welcome to...



# Alexandra Rest Home

Alexandra Rest Home is one of the few private / non corporate owned rest homes in the Southern Wellington suburbs. When visiting you will immediately get a family based feeling of care from our experienced team.



All care staff have undertaken comprehensive training in the care of the elderly. The provision of care includes:

- 24 hour care staffing.
- Full time and on call care manager being a qualified registered nurse.
- Additional part time registered nurse.
- Weekly and additional as required doctor visits from our main GP.
- The ability to retain your own GP if you wish.
- Dietician reviewed and approved meals.
- Scheduled hair dresser and podiatry visits.
- Physiotherapy arranged as required.
- Comprehensive activities programme.



#### **About Us**

Alexandra Rest Home is close to all health services, being a short distance from Wellington, Wakefield and Southern Cross Hospitals. Alexandra is a 5 minute walk to Newtown and has a regular bus service at the door. Facilities include 45 single rooms, main lounge, sky TV lounge, dining room, conservatory and courtyard / garden areas.

#### **Our Services**

All of our services are provided on a private paying or subsidised basis. The majority of our residents are permanent. We also offer respite and convalescent care as well as a day care programme. We strive to truly make our residents feel like Alexandra is their home.



For more information including current vacancies, links to work and income subsidy information and ministry of health audit reports, visit our webiste.

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