



An Arvida Living Well Community

Welcome
to The Wood, an
Arvida Retirement
Community close to
the heart of Nelson.

# Every individual plays a part at The Wood

The Wood offers luxury retirement living, security and care in a happy, home-like environment. We have a dedicated team of trained staff, whose focus is on "positive ageing", ensuring needs are met while providing excellence throughout our continuum of care.

The Wood is centrally located close to the Milton Street shops, parks, gardens and just minutes from Nelson's CBD. Set in beautifully landscaped gardens you'll find tastefully designed villas, serviced apartments and studios, our rest home and hospital.

# Our people at The Wood love their jobs and what they do

We love to organise gatherings to get people together – encouraging our residents to join in. We love our jobs here, and we naturally form strong bonds with our residents. We know that you'll feel at home here at The Wood. We have regular community events and our outdoor barbeques are popular in summer. Our petanque court also provides plenty of entertainment for residents, friends and their families.

# Be a part of a community that values you

As an Arvida community, we take care and time to listen, and we'll help you to continue to enjoy the things that you love to do. We'll encourage participation and engagement in our small community, and we'll help you to remain active and happy.

#### Continue to enjoy doing the things you love to do

An enjoyable, enriched retirement experience awaits you, at The Wood. Our friendly and welcoming community offers the perfect environment for those looking for a little more companionship and support. The facilities and activities within the community are available for everyone to enjoy, and you will be encouraged to join in and participate as much as you like, while still enjoying your privacy.

The Wood has two qualified diversional therapists who ensure our programme of activities is varied and interesting.

These include shopping trips, bowls, weekly church services', picnics, events and scenic outings. Our community van is kept busy throughout the week, visiting many other places of interest in the region for picnics and sightseeing.

We also have a dedicated activities room used for Sky TV, movies, bowls, bingo and crafts. Our social calendar is very popular, and family and friends from outside the The Wood are always welcome to join us.





## We're well known for our personal care

The Wood is well known in the wider Nelson community for offering a full continuum of care for its residents.

You can also access care services while living independently in your own serviced apartment. We can assist with meals, laundry, cleaning, access to doctors and nurses and 24 hour emergency assistance. We also provide full rest home level care and have the ability to transfer you from a serviced apartment to our hospital. The

availability of continuing care within the complex means that all residents have preferential entry to the wing. We provide a range of options and we can look after your current requirements, and adapt to changes in your health or personal circumstances, should they occur.

Ask us about how we can tailor our care plans for you, or take a look at our specialist brochure for our villas, serviced apartments and studios.

# Continuing care plan options:

Our fees are carefully calculated so that we can provide the optimum care for you. We have several care packages available, from basic entry level to full rest home level care. Ask our village manager for a full list of costs and inclusions.

# Our professional staff offer real peace of mind

The Wood's village manager is supported by a dedicated team including a clinical manager, registered nurses, enrolled nurses and caregivers, all with a passion for aged care nursing. All of our care staff participate in our diverse education programmes.

So rest assured, you're in safe hands at The Wood!

#### Flexible care plans

We are able to look after your current needs, and can also provide more care and assistance should your personal circumstances change. This gives you, your partner and family the comfort of knowing you'll always have the support and care you need, when you need it.

#### Rest home and hospital

We offer the very best of care and personal attention in a friendly, family focused environment. Registered nurses and experienced caregivers are here 24 hours a day to help.

Our 30 rest home rooms have ensuites and are warm and comfortable, equipped with transfer aids and wheelchairs. Each room has a conveniently placed nurse call button installed in their ensuite and one above the bed. We can cater to special dietary needs and offer daily monitored assessment programs. On-site physiotherapy, podiatry and hairdressing services are also available to residents.

There are three lounges in the 47 bed hospital, the main one with large plasma TV (great for the rugby!). Goldfish and budgies add to the homely feel. In summer we enjoy BBQs in the courtyard so everyone can enjoy the wonderful garden and the outdoors.



### The Accommodation at The Wood

#### Independent villas

Each of our five villas are completely self-contained, with two bedrooms, a bathroom and access from the bedroom and hallway. Each villa has a separate kitchen, laundry and internal access garage complete with automatic door.

Villas are fully carpeted, draped and landscaped and come complete with a host of features designed to make your retirement as comfortable as possible.

Residents can enjoy full access to all the facilities and recreational activities here at The Wood.

### Serviced apartments/studios

We have 17 apartments offering separate bedroom and living/dining areas, kitchenettes and ensuites. We also have 17 studios with a combined bedroom and living area. All these have access to separate lounge and dining facilities in the main complex. All serviced apartment and studio residents are offered partial or full care depending on their needs.

#### Rest home and hospital

The Wood has 30 rest home rooms all with ensuites and a small selection of premium or larger rooms. There is also a 47-bed hospital wing. All residents are looked after by a dedicated team including a clinical manager, registered nurses, enrolled nurses and caregivers 24/7. We encourage families to be involved in the planning and provision of care, and we enjoy close communication with our residents extended families and friends.

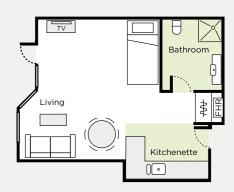
There are several lounges and small seating areas in our rest home so you can socialise or read quietly either inside or outside in one of the garden courtyards. We have an additional activities room where we do exercises four times per week, play bingo, bowls, do crafts etc.

There are also three lounges in the hospital, you can indulge in a foot spa, manicure or take a walk with one of the friendly staff. There is always plenty happening during the day. Crafts, reading, games and baking activities are very popular with our residents.

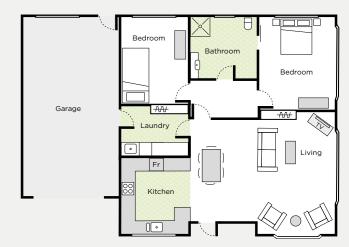
Our carers are hand chosen for their empathy, skill and temperament for this specialist profession.



Typical 1-bedroom serviced apartment



Typical studio



Typical 2-bedroom villa



## Our commitment to you

The Wood is an Arvida community so we all enjoy the down to earth values that drive everything we do. We're always looking for new ways to make life in our community as fun and enjoyable as possible.

We're a family of friends in a supportive and caring community. The most important things in life to us are the people we live together with every day.

## It's a wonderful retirement lifestyle at The Wood

At The Wood Retirement Community, we help to provide days of fun that are full and rich. Every resident is encouraged to enjoy the in-house activities on offer, or take part in our many excursions and shopping trips around Nelson.

There is always so much to do here at The Wood. Whether it is reading a book in a quiet nook in the garden, playing petangue with friendly rivals, or catching up with a neighbour at our weekly 'happy hour' for drinks and nibbles, the choice is yours!

Tapping into the social calendar is a great way to make new friends, or you can invite family and friends from outside the community to come along for a visit. Community involvement is important at The Wood!

## The best decision you'll ever make!

It is always a big decision to move away from your old home, but when the time is right to scale down, you really need to do your homework well.

We can help you with this decision by showing you what The Wood already offers the residents who live here. We welcome you to visit any time, and have a first hand chat with members of our community to find out for yourself what makes our The Wood so special. Enjoy independence and privacy with no maintenance worries and socialise with your new friends. There's always so much to do here - there's no chance of getting bored!

We're happy to show you around The Wood any time. Why not give us a call to have a chat about your personal needs.

## A few of the common questions...

## Why do people love living at The Wood?

We listen to our residents and what we consistently hear is:

- The Wood has an especially friendly inclusive community
- Our carers are very attentive and helpful
- Our rooms and facilities are lovely and warm
- We are close to the city and local transport.

#### What levels of care are there?

We offer a full continuum of care, which means you'll have real peace of mind. The care packages range from low level care right through to rest home level care and we also provide hospital level care in our care facility.

## Can I move into the care facilities of the community later on?

Yes, as part of our community, you will have priority access to the care services offered by The Wood. If you might need a little extra help in the future with your day-to-day living, you can choose to move within our community to more suitable accommodation.

## What happens if I'm ill while living in my serviced apartment?

A staff member will respond to your call and arrange assistance where needed.

## Can my family and friends stay with me in my villa?

Yes of course, anytime while they are visiting you can have family and friends come to stay in your independent villa.

#### Can I have my pets with me?

Yes, we know that pets are important and are often a much loved part of the family. You can have a small pet in your villa, but you will need to contact our manager to confirm that your pet is suitable. Visiting pets are welcome in our main building.

#### Is there space for my car?

Our villas have internal garages and our apartments and studios have dedicated carparks - please ask our village manager for more info.

#### Is there security at night?

Our staff are on site 24 hours a day, should you need them. There are also emergency call buttons in serviced apartments and rooms throughout the community. The Wood is also patrolled nightly.

# What other costs will I have in my 'Licensed to Occupy' apartment?

In addition to the Deferred Management Fee, you will be responsible for:

- Your telephone bill
- Your contents insurance
- Your car insurance
- Your power bill



There is also a weekly village fee which in the case of serviced apartments includes power. There may also be costs for any extra services should you require them, e.g. laundry and house cleaning. See our serviced apartment brochure for details and current prices.

## Can I arrange for any other fittings to be added to my home?

At The Wood, we do everything we can to ensure you have your home the way you want it. You can choose to add items to make life a little easier like additional heating and security door or fly screens. We can help you with these extras but they will be at your cost.

#### What happens when I leave?

We do our best to support you and your family in every way we can. The village fees

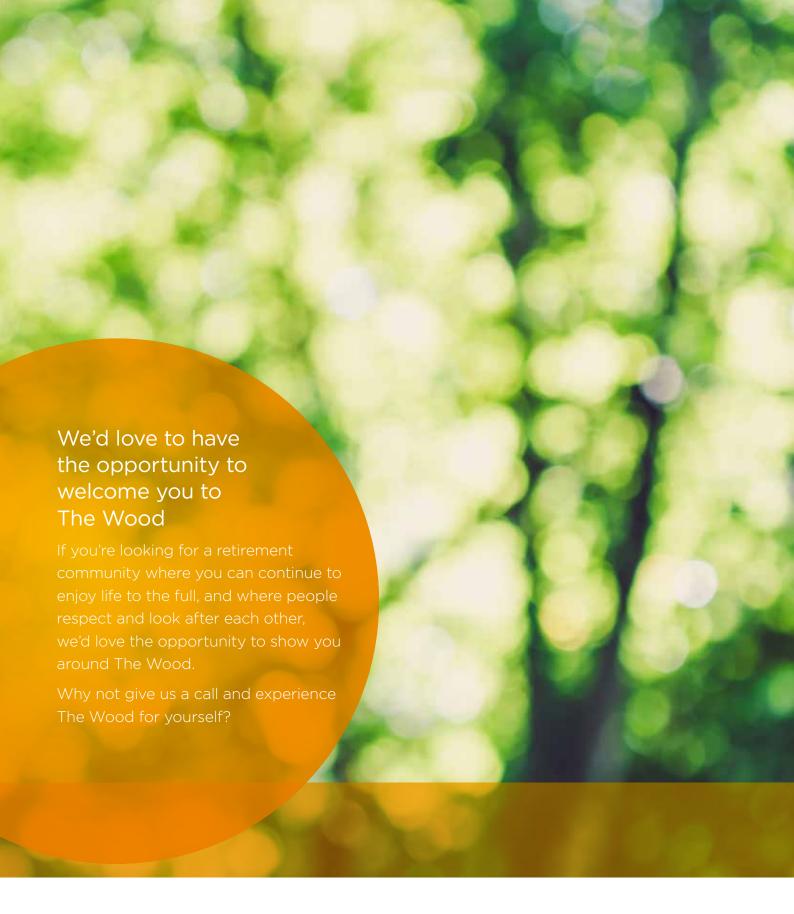
stop immediately after you leave, and we begin the marketing and sale of your ORA.

# Who can I talk to day-to-day if I have a problem?

The Wood's Village
Manager
Nathan Davis enjoys
close connections
with all residents, and
has immense pride
in the community.
Nathan's team shares
his dedication and
commitment and
he welcomes the
opportunity to give
prospective residents
a tour of the The
Wood.



Nathan Davis



156 Milton Street, Nelson 7010

Phone 0800 278 432 or 03 545 6059 or email info@thewood.co.nz

www.thewood.co.nz



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