

Kandahar Home and Kandahar Court MASTERTON



CARING
ENABLING
SUPPORTING



Enliven
Central

Introducing **Enliven Central**

Enliven Central provides a full range of services to support older people to maintain their independence and enjoy fulfilling lives.

The Enliven philosophy recognises that people need to maintain control over their lives, wherever they live and whatever their age.

To support this we provide the following services throughout the lower North Island:

- warm, welcoming elder-directed rest homes, hospitals and dementia care
- respite and day programmes for older people living in their own homes or with family
- other health services including continence advice, education and products.

In some areas we also operate boutique retirement villages and provide practical in-home support to help people to maintain their independence at home.

For more information free call us on 0800 36 54 83 or visit www.enlivencentral.org.nz



Your
place

Kandahar Home

Enliven's Kandahar Home is homely and welcoming; residents enjoy the engaging atmosphere and spacious grounds.

Situated in the Masterton suburb of Lansdowne, this character home is close to town yet has a relaxing semi-rural outlook.

Residents of Kandahar Home enjoy the well-appointed rooms, many of which include an ensuite bathroom. Each room includes an adjustable bed, drawers and storage, a call button and plenty of room for your own personal belongings.

Kandahar Home specialises in rest home and hospital level care. Our nurses are on-site 24-hours-a-day and our GP visits at least twice a week. While Kandahar Home is able to support people with memory loss and early dementia symptoms, our sister site, Kandahar Court, offers specialist dementia care in a secure environment.



Kandahar Court

Enliven's Kandahar Court has spark. This home is more than bricks and mortar; it's a place of connection, compassion and understanding.

We understand the experience of dementia can be distressing. At Kandahar Court staff are specially trained in supporting people with dementia and their family and friends.

At Kandahar Court you'll enjoy the vibrant and friendly atmosphere, shared lounges and beautiful gardens and courtyards. Here, residents can embrace life and continue with their hobbies and interests, while remaining safe in a secure, purpose built home.

We offer a range of dementia services, including specialist residential dementia care, short-term respite, a day guest programme and advice and support for families and friends.



Your
choice

Respite and health recovery

Enliven's Kandahar Home and Kandahar Court welcome people in need of short-term respite or health recovery care.

This may be when you're recovering after surgery or illness. If you're living at home with family, it may be a time when you both need a break.

During your stay with us you'll enjoy your own furnished room, as well as the shared lounges and gardens. If you like, you can really get involved in life at Kandahar; you'll enjoy the company of the other residents and you're welcome to take part in the activities, social events and outings.

If you think you'd like to move to Kandahar in the future, respite (like a good holiday) can be a good way of getting to know us before you move in.

Subsidies are often available from Wairarapa District Health Board. Alternatively, this can be arranged directly with us and paid for privately.



About
us

The Kandahar difference

Kandahar Home and Kandahar Court embrace an elder-directed philosophy of care called the Eden Alternative. Our friendly and caring team will support you to make decisions about your personal wellbeing and to maintain your independence and interests in a way that's right for you.

An engaging social calendar

At Kandahar you'll enjoy an engaging social calendar and a recreation programme that runs seven days a week. Residents are also encouraged to invite their loved ones to spend time with them enjoying the lounges, gardens, social events or a meal. In fact, even your pet can move in with you if it 'gets on' with others.

Your place. Your space.

At Kandahar, you'll have your own large, private room. This is your space and you're invited to make it your own. Most residents bring along their own familiar things, including photos, artwork, ornaments, curtains, bed covers and even favourite pieces of furniture. Some people even choose to completely redecorate their room.



The Kandahar Club

The day guest programmes, or Kandahar Club, at Kandahar Home and Kandahar Court are popular with residents in the local community.

The Kandahar Club gives you the opportunity to socialise, keep active and to take part in a variety of fun and engaging activities while visiting us.

The constantly changing social calendar includes activities such as:

- sight-seeing trips
- guest entertainers
- gentle exercise classes
- arts, crafts and baking
- picnics and meals out.

These programmes have been designed for people living in their own homes or with family. It gives you a chance to get out of the house and for your family or usual carers to take a break.

The Kandahar Club operates on week days.



Get in **touch**

Accessing any of our services is easy. You can be referred by a doctor or Needs Assessment Agency, such as Focus, or you can call us directly.

Kandahar Home

Phone: 06 370 0447

Email: kandahar@psc.org.nz

Visit: 8 Roberts Road, Masterton, 5810

Fax: 06 370 9270

Kandahar Court

Phone: 06 370 0449

Email: kandahar.court@psc.org.nz

Visit: 2 Colombo Road, Masterton, 5810

Fax: 06 377 1644

enliven
Positive Ageing Services
PRESBYTERIAN SUPPORT CENTRAL

For more information

visit: www.enlivencentral.org.nz

call: 0800 36 54 83