

Scan here to
order a FREE
ContinenceCare
trial pack



Confidence starts with our
ContinenceCare

 **ContinenceCare**
Supporting Independent Living

Home Delivery Incontinence Supplies

Freephone: 0800 72 38 72 (9am to 4pm weekdays)

Email: info@continencecare.co.nz

www.continencecare.co.nz

WELCOME TO CONTINENCECARE

Supporting your confidence and comfort, every day

At ContinenceCare, we're here to make managing incontinence easier, more dignified, and less overwhelming. We specialise in high-quality products that support you to live life on your terms, with comfort, confidence and independence.

Whether you're looking for everyday protection, discreet absorbent products for outings and special occasions, or support managing a new diagnosis, our trusted Advance® range is here to meet your needs.

Our friendly, knowledgeable team is here to guide you every step of the way.

- 100% New Zealand Owned & Operated
- Specialist incontinence products you can trust
- Free trial packs available so you can find the right fit
- Fast, discreet delivery nationwide
- Easy online ordering, subscriptions, and personal support

Home Delivery Incontinence Supplies

Discreet
Home Delivery
Specialists



HOW WE HELP YOU

Care you can trust, service you can rely on

Choosing continence products can feel overwhelming – but it doesn't have to be. At ContinenceCare, we make it simple, private, and supportive.

We're here to help you find the right products, quickly and confidently, with services designed around your needs.

- 🔗 **Free Trial Packs** – Try before you buy, with discreet delivery to your door.
- 🔗 **Easy Online Ordering** – Shop 24/7 at your own pace.
- 🔗 **Flexible Subscriptions** – Save 10% and never run out, with the option to pause, skip, or cancel anytime.
- 🔗 **Fast, Discreet Delivery** – Plain packaging and prompt courier service nationwide.
- 🔗 **Friendly, Experienced & Knowledgeable Team** – Real people ready to help, just a phone call or email away.



Need Help Choosing?

Visit our easy-to-use Product Finder Tool online, or call our friendly team for personalised advice.

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PRODUCT FINDER FOR URINARY INCONTINENCE

Find the right level of ContineceCare for you

If you're not sure which product to order, our Product Finder is here to help.

Get a personalised recommendation by answering a few simple questions:



Trusted by healthcare professionals nationwide, the Advance® range is available through District Nursing and ACC services, or directly through ContineceCare.

Exceptional Protection

Superior Design



Enhanced Comfort

Expert Advice & Support

Do you ever leak a small amount of urine when you laugh, cough, sneeze, move, exercise, or during sex?

YES

NO

Do you experience dribbling after passing urine?

YES

NO

Do you often feel a sudden, urgent need to pass urine (more than 7 times during the day or more than 3 times at night), and sometimes cannot reach the toilet in time, resulting in urine leakage?

YES

NO

Does your bladder sometimes empty without warning or sensation, or are you unaware that you are passing urine?

YES

Is your urine loss typically moderate to heavy (pad wet)?

YES

OR



Do you experience a small amount (just enough to dampen a pad)?

...YES

OR

Do you experience a slightly larger leak (for example, around a cup full)?

...YES

Is your urine loss typically a small amount (just enough to dampen a pad)?

YES

OR

A moderate to heavy amount (pad noticeably wet)?

...YES

Very heavy (pad fully saturated)?

...YES



Advance® Ultra Thin Liners

Light ▲▲

[page 18](#)



Advance® Small Shaped Pads

Regular ▲▲▲
Super ▲▲▲▲
Super Plus ▲▲▲▲▲

[page 18](#)



Advance® Male Guards

Super ▲▲▲▲
Super Plus ▲▲▲▲▲

[page 18](#)



Advance® Large Shaped Pads

Regular ▲▲▲
Super ▲▲▲▲
Super Plus ▲▲▲▲▲
Maxi ▲▲▲▲▲▲

[page 19](#)



Advance® Breathable Pull-Up Briefs

Regular ▲▲▲
Super ▲▲▲▲
Super Plus ▲▲▲▲▲

[page 19](#)



Advance® All-in-One (Adult Diaper)

Super ▲▲▲▲
Super Plus ▲▲▲▲▲

[page 20](#)

UNDERSTANDING INCONTINENCE

Types of incontinence

Knowing the type of incontinence you are experiencing can help you find the best product. Here's a simple guide:

Stress Incontinence

Leakage when coughing, sneezing, laughing, or exercising.

Urge Incontinence

A sudden, strong need to go, sometimes without enough time to reach the toilet.

Overflow Incontinence

A constant dribble caused by the bladder not emptying fully.

Functional Incontinence

When physical or thinking challenges make it hard to get to the toilet in time.

Mixed Incontinence

A mix of two or more types (often stress and urge together).

Remember: Everyone's experience is different. The important thing is finding solutions that support your needs.

Treatment or medication may help manage or resolve certain types of incontinence. We recommend seeking personalised advice from a qualified healthcare professional.



Understanding urinary and bladder incontinence

Urinary incontinence is when you accidentally leak urine. It's very common, affecting people of all ages, and you're not alone.

It might happen when you laugh, cough, or exercise, or you might feel a strong urge to go and not quite make it.

Many people find their symptoms can be managed with the right continence products, daily habits, and support. Our team is here to help you find solutions that work for you, so you can continue living life to the fullest.

Understanding faecal and bowel incontinence

Faecal incontinence is when it's difficult to control bowel movements. It can happen for lots of reasons, after surgery, illness, or changes in muscle strength. We know how sensitive this issue is.

ContinenceCare offers discreet products like our popular Advance® Breathable Pull-Up Briefs, designed for comfort, security, and confidence, along with a range of supportive hygiene products to help you manage comfortably and with dignity.

If you're unsure which products might suit your needs, our friendly team is only a call or click away.



Foods and drinks that can irritate the bladder

Some foods and drinks can make bladder symptoms worse. Here are a few common triggers to watch for:

- ☞ Caffeinated drinks (coffee, tea, energy drinks)
- ☞ Alcohol
- ☞ Carbonated (fizzy) drinks
- ☞ Citrus fruits (like oranges, lemons, limes)
- ☞ Spicy foods
- ☞ Chocolate
- ☞ Artificial sweeteners

It's a good idea to keep track of what you eat and drink to notice any patterns. Every person's body reacts differently, what bothers one person may not affect another. Small changes can sometimes make a big difference!



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Website: www.continencecare.co.nz



HOW TO CHOOSE THE RIGHT PRODUCT

Choosing the right care for you

Finding the right product depends on your level of urine loss, your lifestyle, and what feels most comfortable for you.

Here's a simple guide to help you choose with confidence.

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Specialists

Designed
by Kiwis for
Kiwis



Absorbency	Level	What it feels like	Product suggestion
Regular ▲▲▲	Light	Small drips or dampness	Liners, small shaped pads
Super ▲▲▲▲	Moderate	Noticeable leaks, dampening underwear	Pull-Up Briefs, larger shaped pads, Male Guards
Super Plus ▲▲▲▲▲	Heavy	Full bladder loss or saturated pads	All-in-One (Adult Diaper), Booster Pads, Pull-Up Briefs

Pull-Up Underwear



- For moderate leaks or urgency
- Easy to pull on and off like normal underwear
- Good for active people who want more security

All-in-One (Adult Diaper)



- For heavier urine loss
- Adjustable tabs for a customised fit
- Best for overnight use or when help with changing is needed

Booster Pads

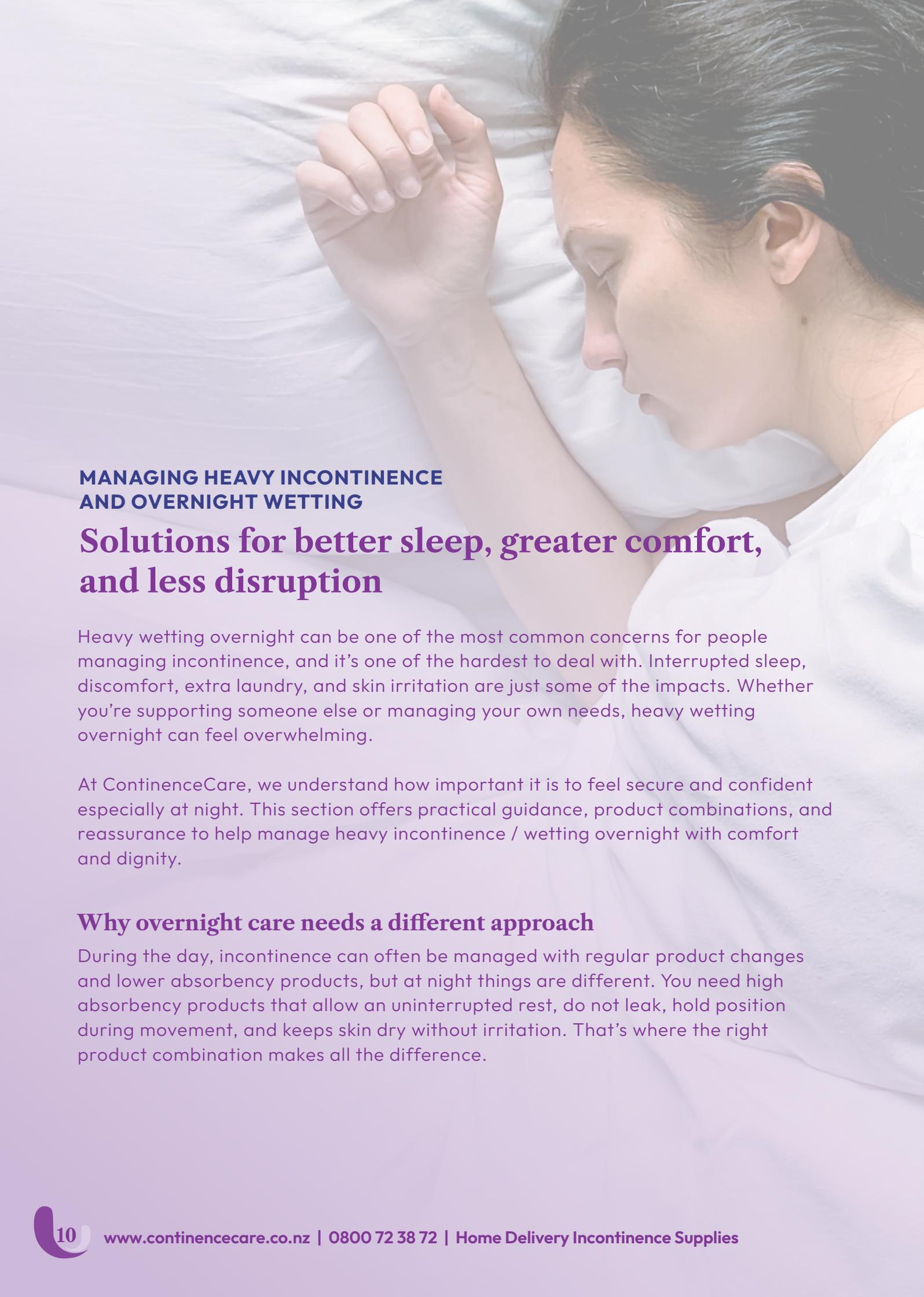


- For extra absorbency
- Used inside other products (like a Pull-Up or All-in-One)
- Great for night-time or heavy loss situations

Male Guards



- Specifically designed to fit the male anatomy
- Available in two absorbencies
- Ideal for daytime use and discreet protection



MANAGING HEAVY INCONTINENCE AND OVERNIGHT WETTING

Solutions for better sleep, greater comfort, and less disruption

Heavy wetting overnight can be one of the most common concerns for people managing incontinence, and it's one of the hardest to deal with. Interrupted sleep, discomfort, extra laundry, and skin irritation are just some of the impacts. Whether you're supporting someone else or managing your own needs, heavy wetting overnight can feel overwhelming.

At ContinenceCare, we understand how important it is to feel secure and confident especially at night. This section offers practical guidance, product combinations, and reassurance to help manage heavy incontinence / wetting overnight with comfort and dignity.

Why overnight care needs a different approach

During the day, incontinence can often be managed with regular product changes and lower absorbency products, but at night things are different. You need high absorbency products that allow an uninterrupted rest, do not leak, hold position during movement, and keeps skin dry without irritation. That's where the right product combination makes all the difference.

RECOMMENDED COMBINATIONS

What products work best for overnight wetting?

If you're managing independently:

- ☞ Advance® Pull-Up Briefs - easy to wear and change
- ☞ Advance® Booster Pads - extra absorbency without bulk
- ☞ Advance® Underlays - added confidence overnight

Advance® Booster Pads can be comfortably placed inside your pull-up brief or All-in-One (Adult Diaper). They're highly absorbent, soft and thin making them ideal for overnight protection, even for active sleepers. In addition to providing a significant increase in absorbency they keep skin dry, reduce odour, and provide extra peace of mind for uninterrupted sleep.

If you have a carer or overnight support:

- ☞ Advance® All-In-One (Adult Diapers) - for a secure, comfortable fit
- ☞ Advance® Booster Pads - to increase absorbency
- ☞ Advance® Underlays - for added bed protection

These products work together to help reduce leaks, odour, and the need for overnight changes, making care easier and more restful for everyone.

The Overnight Range



Advance®
Pull-Up Briefs

View on page [20](#)



Advance®
Booster Pads

View on page [19](#)



Advance®
Underlays

View on page [21](#)



Advance®
All-In-One
(Adult Diapers)

View on page [19](#)

“

These were great my 99 year old grandmother said they were very comfortable to wear and they held all the accidents in no1 and 2s even overnight so was very pleased and fast shipping thank you.”

- Mavis H



“

Soft comfortable and a full night's sleep with no leakage even when you sleeping on your side.”

- Neil B

“

I sleep through the night now. No leaks, no changes, no laundry at 2am.”

- Mark R, caregiver



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Pull-Up or All-in-One (Adult Diapers)?

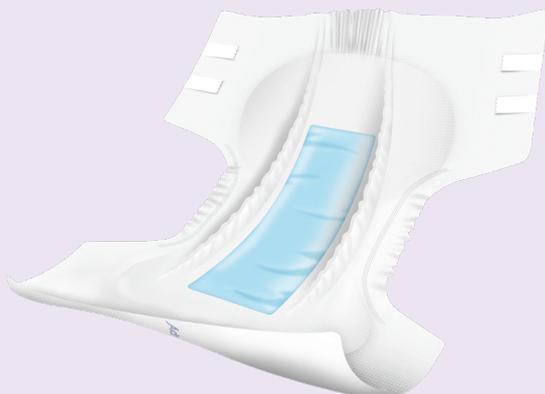


Not sure which might be right for you?

If you're able to manage changes yourself, Advance® Pull-Ups are a great everyday option for both day and nighttime use: they're easy to wear, discreet, highly absorbent, contain faecal incontinence and feel just like regular underwear.

If you have carer support and experience heavy wetting and/or faecal incontinence especially overnight Advance® All-in-One (Adult Diapers) offer a secure fit with adjustable tabs that make changing easier, especially when lying down or seated.

Still not sure? Or if your current product isn't working, call us on 0800 72 38 72, we'll help match you with a high-quality Advance® product.



Advance® Underlays – Absorbent surface protection

Protect bedding, chairs or wheelchairs from incontinence with the highly absorbent range of Advance® Underlays ([pg 21](#)). The Advance® Underlay Plus (with side-tucks) keeps the large absorbent area secure on a bed as the sides can be tucked in. All Advance® Underlays have a soft dry-feel highly absorbent top layer to absorb and lock away fluid with a light blue waterproof back sheet that holds the product in place.



ADVANCE® BOOSTER PADS

Extra protection, exactly where it's needed

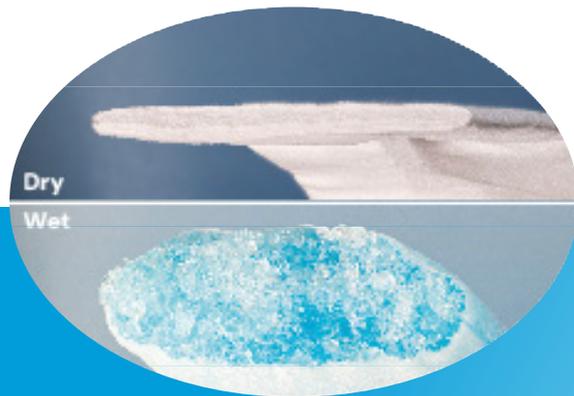
Advance® Booster Pads are an extra layer of absorbency, not a product to be used alone. They're designed to be worn with other Advance® products, e.g. Pull-Up Briefs or All-in-One (Adult Diapers), and boost absorbency, ideal for heavy wetting and heavy overnight incontinence.

- ⊗ **More absorbency, less bulk:**
Super Absorbent Polymer core technology holds more without feeling heavy
- ⊗ **Stays dry longer:**
Moisture turns to gel, so skin stays dry even under pressure
- ⊗ **Fewer disruptions:**
Less need to change at night = more restful sleep
- ⊗ **Odour control:**
Locks in liquid, lowering pH and stopping odour-causing bacteria
- ⊗ **Secure fit:**
Adhesive backing keeps the Booster Pad in place
- ⊗ **Targeted support:**
Place at the front for men, centre for women

Advance

Booster Pads

Absorbent Polymers (SAP)



Other Booster Pads

Fluff pulp + Super Absorbent Polymers



See the full range of prices and sizes on page [19](#)



Benefits of Advance® Booster Pads



FEWER CHANGES

Extra absorbency means fewer changes - especially overnight - for better, more restful sleep.



REDUCE COSTS

Advance® Booster Pads help reduce costs by lowering product use, cutting accidents, and minimising laundry.



ODOUR CONTROL

The super absorbent core locks in liquid, lowers pH, and helps prevent odour-causing bacteria.



NO WETNESS

Urine is quickly absorbed and turned into gel, so skin stays dry even under pressure.



GENDER TARGETED

For best results, place an Advance® Booster Pad at the front for male users, and in the centre for females.



COMFORTABLE DESIGN

Our unique design with a Super Absorbent Polymer (SAP) core delivers less bulk and up to 100% better absorbency.

SIZING, SAMPLES & SUPPORT

Fit & Absorbency

ContinenceCare product sizes are about fit not absorbency. Choosing the correct size ensures a secure, comfortable fit. Use the ContinenceCare Size Guide or speak with our experienced team for personalised support.

A bigger size of product does not mean greater absorbency.

ContinenceCare offers different absorbency levels across a range of product sizes. If you need a more absorbent Advance® Pull-Up Brief product in medium, keep the same size and choose a higher absorbency, e.g. increase absorbency from **Super ▲▲▲▲** to **Super Plus ▲▲▲▲▲**



Found the perfect product through ContinenceCare. Very friendly and helpful. Received a call from the Rep to check that everything had arrived and did we need anything else. It was great to be able to easily set up a standing order through their online ordering portal which is super easy to use..”

- Marina H

Size Guide

Size	S	M	L	XL	2XL	3XL	4XL-5XL
NZ Clothing Size							
Womans	6-8	10-14	16-18	20-22	24-26	28-38	32-46
Mens	28-30	30-34	36-38	40-42	44-48	48-52	54-58
Measurements							
Measure waist and hips, use whichever is greater to choose the product size							
Waist - Hips(cm)	63-95	75-110	90-140	130-170	160-215	162-244	177-274



Not sure what you need? We'll help you find it.

Our discreet, professional and expert ContinenceCare service is here to help you.

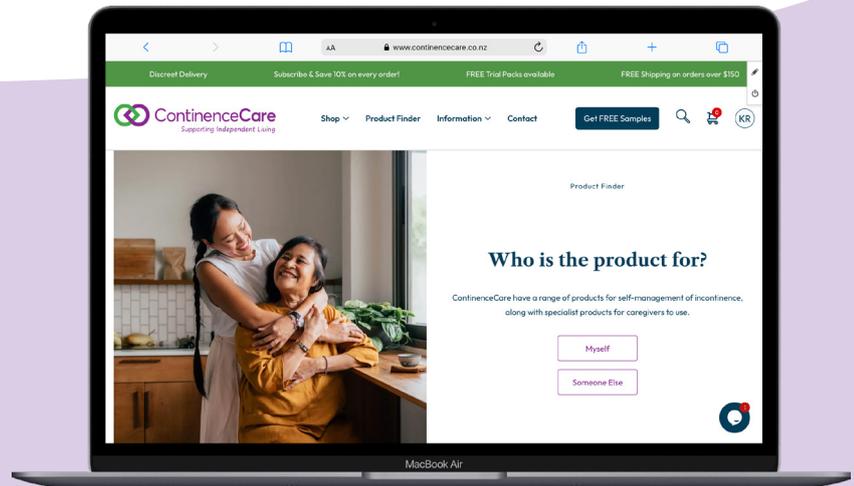
- 🔗 Free product samples so you can try before you buy
- 🔗 Comprehensive range, sizes up to 4 - 5XL
- 🔗 Online Product Finder Tool
- 🔗 Real people to talk to when you need help

Choosing the right care for you

Need help finding the right product?

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Or, if your current product isn't working, call us on 0800 72 38 72 – we'll help match you with an Advance® alternative.



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www.continencecare.co.nz/product-finder/

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Specialists



The ContinenceCare Range

We offer the comprehensive range of high quality Advance® incontinence products and accessories helping support a healthier and more confident lifestyle.



PULL-UP UNDERWEAR



ALL-IN-ONE (ADULT DIAPER)



SHAPED PADS



BOOSTER PADS



MALE GUARD



LINERS



Small Pads / Liners **Advance® Small Shaped Pads**

Smaller, discreet pads ideal for bladder weakness or stress incontinence. Unisex | Light to moderate incontinence | Adhesive strip for secure placement

Product	Length	Absorbency	Pack Qty / Price (inc GST)	Carton Qty / Price (inc GST)	Code
Ultra Thin Liners	23cm	Light ▲▲	28 / \$9.99	168 / \$56.99	82000
Small Shaped Pads	27cm	Regular ▲▲▲	28 / \$10.99	168 / \$62.99	82010
Small Shaped Pads	36cm	Super ▲▲▲▲	28 / \$13.99	168 / \$79.99	82020
Small Shaped Pads	45cm	Super Plus ▲▲▲▲▲	28 / \$18.99	168 / \$108.99	82030



Advance® Male Guards

Cup-shaped, highly absorbent pads designed for the male anatomy. Now with new barriers for a secure fit.

Men | Light to moderate incontinence | Adhesive strip for secure fit

Length	Absorbency	Pack Qty / Price (inc GST)	Carton Qty / Price (inc GST)	Code
26cm	Super ▲▲▲▲	28 / \$15.99	168 / \$90.99	83030
29cm	Super Plus ▲▲▲▲▲	28 / \$23.99	168 / \$135.99	83040



Pull-Up Underwear **Advance® Breathable Pull-Up Briefs**

Discreet, absorbent disposable underwear for active people.
Unisex | Moderate to heavy incontinence | Wetness indicator

Size	Waist	Absorbency	Pack Qty / Price (inc GST)	Carton Qty / Price (inc GST)	Code
XXXS (Youth Pant)	35-60cm	Super Plus ▲▲▲▲▲	17 / \$19.99	68 / \$75.99	12011
XX Small	40-65cm	Super Plus ▲▲▲▲▲	13 / \$16.99	52 / \$64.99	12000
X Small	40-70cm	Super Plus ▲▲▲▲▲	18 / \$31.99	72 / \$121.99	12001
Small	55-90cm	Super Plus ▲▲▲▲▲	18 / \$32.99	72 / \$125.99	12010
Medium	80-120cm	Regular ▲▲▲	18 / \$33.99	72 / \$129.99	10120
Medium	80-120cm	Super ▲▲▲▲	18 / \$36.99	72 / \$139.99	11020
Medium	80-120cm	Super Plus ▲▲▲▲▲	18 / \$38.99	72 / \$148.99	12020
Large	100-150cm	Regular ▲▲▲	18 / \$35.99	72 / \$136.99	10130
Large	100-150cm	Super ▲▲▲▲	18 / \$39.99	72 / \$151.99	11030
Large	100-150cm	Super Plus ▲▲▲▲▲	18 / \$41.99	72 / \$159.99	12030
X Large	130-170cm	Super ▲▲▲▲	18 / \$42.99	72 / \$163.99	11040
X Large	130-170cm	Super Plus ▲▲▲▲▲	18 / \$45.99	72 / \$174.99	12040
2XL	150-200cm	Super Plus ▲▲▲▲▲	12 / \$42.95	48 / \$162.99	12050
3XL	190-240cm	Super Plus ▲▲▲▲▲	10 / \$37.99	40 / \$143.99	12060



Large Shaped Pads **Advance® Breathable Shaped Pads**

Large, highly absorbent pads designed for active users.
Best used with Advance® Fixation Pants.
Unisex | Moderate to heavy incontinence | Wetness indicator

Length	Absorbency	Pack Qty / Price (inc GST)	Carton Qty / Price (inc GST)	Code
58cm	Regular ▲▲▲	28 / \$28.99	112 / \$109.99	85000
58cm	Super ▲▲▲▲	28 / \$29.99	112 / \$113.99	85010
68cm	Super Plus ▲▲▲▲▲	28 / \$37.99	112 / \$144.99	85020
68cm	Maxi ▲▲▲▲▲▲	28 / \$42.99	112 / \$163.99	85030



All-in-One (Adult Diapers) Advance® Breathable Pads with Tabs

High absorbency, full coverage adult briefs with adjustable closure tabs and an added dry layer for comfort.

Unisex | Moderate to heavy incontinence | Wetness indicator

Size	Waist	Absorbency	Pack Qty / Price (inc GST)	Carton Qty / Price (inc GST)	Code
Small	50-85cm	Super Plus ▲▲▲▲▲	18 / \$29.99	72 / \$113.99	27777
Medium	70-130cm	Super ▲▲▲▲	18 / \$35.99	72 / \$136.99	2767
Medium	70-130cm	Super Plus ▲▲▲▲▲	18 / \$39.99	72 / \$151.99	27677
Large	100-150cm	Super ▲▲▲▲	18 / \$39.99	72 / \$151.99	2757
Large	100-150cm	Super Plus ▲▲▲▲▲	18 / \$45.99	72 / \$174.99	27577
X Large	130-170cm	Super ▲▲▲▲	18 / \$42.99	72 / \$162.99	27957
X Large	130-170cm	Super Plus ▲▲▲▲▲	18 / \$47.99	72 / \$182.99	279577
2-3 X Large	160-250cm	Super Plus ▲▲▲▲▲	10 / \$36.99	40 / \$139.99	2798



Advance® Booster Pads and Faecal Liner Pads

High absorbency pads without waterproof backing, designed to provide an additional layer of absorbency when used with other products for heavy incontinence.

Please note: Booster Pads and Faecal Liners are not designed to be used on their own. They must be used with another absorbent product for effective protection.

Product	Length	Absorbency	Pack Qty / Price (inc GST)	Carton Qty / Price (inc GST)	Code
Booster Pads (With adhesive strip)	25.5cm	Regular ▲▲▲	28 / \$14.99	168 / \$85.99	80030
Booster Pads (With adhesive strip)	46cm	Super ▲▲▲▲	28 / \$20.99	168 / \$119.99	80040
Booster Pads	58cm	Super Plus ▲▲▲▲▲	28 / \$25.99	168 / \$147.99	80050
Faecal Liner Pads	44cm	Light ▲▲	28 / \$14.99	168 / \$85.99	84030



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ContinenceCare Accessories

Our accessories range is designed to support comfort, hygiene, and dignity, with helpful extras that make everyday continence care easier to manage at home or on the go.



FIXATION PANTS



URINE BAG LEG HOLDER



UNDERLAYS



WIPES AND HYGIENE



PROTECTIVE WEAR



Advance® Fixation Pants (Short & Long Leg)

Lightweight, seamless support underwear designed to hold incontinence pads securely.

Unisex | Light to moderate incontinence | Soft, breathable fabric

Size	Waist	Pack Qty / Price (inc GST)	Carton Qty / Price (inc GST)	Short Leg Code	Long Leg Code
Small	50-85cm	5 / \$12.99	25 / \$61.99	8022	8022A
Medium	70-130cm	5 / \$12.99	25 / \$61.99	8023	8023A
Large	100-150cm	5 / \$12.99	25 / \$61.99	8024	8024A
XL	90-140cm	5 / \$12.99	25 / \$61.99	8025	8025A
XXL	110-160cm	5 / \$12.99	25 / \$61.99	8026	8026A
XXXL	160-200cm	5 / \$12.99	25 / \$61.99	8027	8027A



Advance® Underlay

Disposable absorbent underlays with waterproof backing for bedding, furniture, or wheelchair protection.

Unisex | Highly absorbent | Latex free

Size	Dimensions	Absorbency	Pack Qty / Price (inc GST)	Carton Qty / Price (inc GST)	Code
Small	40 x 60cm	Super Plus ▲▲▲▲▲	20 / \$14.99	120 / \$85.99	31010
Medium	60 x 60cm	Super Plus ▲▲▲▲▲	20 / \$16.99	120 / \$96.99	31020
Large	60 x 90cm	Super Plus ▲▲▲▲▲	20 / \$23.99	120 / \$136.99	31030
Plus (with side tucks)	80 x 170cm	Super Plus ▲▲▲▲▲	20 / \$30.99	120 / \$176.99	31040



Advance® Urine Bag Leg Holder

Stretch garment providing safe retention of urinary bags.
Wear on the thigh or calf.

Unisex | Lightweight | Breathable | Reusable | Latex free

Style 1: Foldover Pocket – Holder folds over the bag. **Style 2:** Built-in Pocket – Bag sits inside a secure pocket.

Style 1: Foldover pocket

Size	Circumference	Price (inc GST)	Code
Small	20-36cm	\$16.99	54010
Medium	36-50cm	\$16.99	54011
Large	41-66cm	\$16.99	54012
XL	66-81cm	\$16.99	54013

Style 2: Built-in pocket

Circumference	Price (inc GST)	Code
24-39cm	\$16.99	54020
36-55cm	\$16.99	54021
40-70cm	\$16.99	54022
65-95cm	\$16.99	54023



Wipes & Hygiene Products Advance® Wipes Range

Designed for everyday use and cleansing, suitable for all skin types.



- ☞ 3-in-1 Personal Hygiene Wet Wipes: Cleanses, moisturises, protects - without soap & water
- ☞ Premium Dry Wipes: Super soft, strong and absorbent
- ☞ Biodegradable Dry Wipes: Super soft, strong, absorbent & eco-friendly
- ☞ Cleansing Wet Wipes (Sensitive Skin): Paraben-free and pH balanced
- ☞ Biodegradable Absorbent Liner/Wipe on a Roll: Absorbent, tear-resistant for continence care
- ☞ Disinfectant Wipes: For hard surfaces and non-invasive medical equipment

Product	Size	Pack Qty / Price (inc GST)	Carton Qty / Price (inc GST)	Code
3-in-1 Personal Hygiene Wet Wipes	30 x 34cm	25 / \$5.99	300 / \$66.99	10010
Premium Dry Wipes – Super Soft Plus	30 x 34cm	50 / \$7.99	600 / \$90.99	10020
Biodegradable Dry Wipes	34 x 30cm	50 / \$8.99	600 / \$99.99	10021
Cleansing Wet Wipes (for Sensitive Skin)	20 x 20cm	80 / \$4.99	960 / \$56.99	10030
Flushable Disposable Liner/ Wipe on a Roll	21 x 33cm	150 / \$16.99	900 / \$96.99	10050
Disinfectant Wipes	33 x 22cm	50 / \$7.99	600 / \$89.99	10070



Advance® 3-in-1 Cleansing Milk

Cleanses, moisturises, and protects delicate skin – ideal for incontinence care.

1000ml (40010)



Advance® All-in-One Moisturiser

Paraben-free, pH-balanced moisturiser for everyday use.

500ml (40050)

1 Bottle - \$29.99 | 3 Bottles - \$85.99

1 Bottle - \$14.99 | 3 Bottles - \$42.99

Advance® Protective Wear

Advance® Aprons in a Dispenser Box

Waterproof protection from neck to knee.

One size fits all (1598)



Disposable Adult Clothing Protectors

Helps protect clothing during meals.

One size fits all (1510)

50 Aprons
\$13.99

400 Aprons
\$105.99

100 Clothing Protectors
\$19.95

600 Clothing Protectors
\$113.99

Advance® Gloves

- Blue Nitrile Powder-Free Gloves: Latex free and puncture resistant
- Green Biodegradable Powder-Free Nitrile Gloves: Eco-friendly, latex free
- Latex Powder-Free Examination Gloves: Natural fit for comfort



Blue Nitrile Powder-Free Gloves

Size	Code	Pack Qty / Price (inc GST)	Carton Qty / Price (inc GST)
Small	GN211	200 / \$18.99	600 / \$53.99
Medium	GN222	200 / \$18.99	600 / \$53.99
Large	GN233	200 / \$18.99	600 / \$53.99
XLarge	GN244	200 / \$18.99	600 / \$53.99

Latex Powder-Free Examination Gloves

Code	Pack Qty / Price (inc GST)	Carton Qty / Price (inc GST)
GL011	100 / \$15.99	300 / \$45.99
GL022	100 / \$15.99	300 / \$45.99
GL033	100 / \$15.99	300 / \$45.99
GL044	100 / \$15.99	300 / \$45.99

Green Biodegradable Powder-Free Nitrile Gloves

Size	Code	Pack Qty / Price (inc GST)	Carton Qty / Price (inc GST)
Extra Small	GB210	200 / \$19.99	600 / \$56.99
Small	GB211	200 / \$19.99	600 / \$56.99
Medium	GB222	200 / \$19.99	600 / \$56.99
Large	GB233	200 / \$19.99	600 / \$56.99
XLarge	GB244	200 / \$19.99	600 / \$56.99



Specialist Ranges



Tranquility™ Plus-Size Range

High absorbency, breathable incontinence products sized 2XL to 5XL, designed for comfort and extra leakage protection.

Unisex | Moderate to heavy incontinence | Wetness indicator

	Size	Waist	Absorbency	Pack Qty / Price (inc GST)	Carton Qty / Price (inc GST)	Code
Premium OverNight [®] Underwear (Pull-Up style)	3XL	190-242cm	MAXIMUM	10 / \$49.99	40 / \$189.99	2119
Smartcore Briefs [®] (with tabs)	2XL	152-203cm	MAXIMUM	8 / \$44.95	32 / \$169.99	2315
HI-Rise [®] Briefs (with tabs)	3XL	163-244cm	MAXIMUM	8 / \$52.95	32 / \$199.99	2192
AIR-Plus [®] Briefs (with tabs)	4-5XL	177-274cm	MAXIMUM	8 / \$56.95	32 / \$215.99	2195



The Advance[®] Super Plus Pull-Up Briefs have given me the freedom I have been looking for. Made my life so much more enjoyable as I can go out with confidence.”

- C.R, Warkworth



I have purchased from continencecare.co.nz and have been impressed with the quality of the Advance[®] products and discreet and rapid delivery.”

- S.D, Auckland



Swimmates™ Disposable Swimwear

Discreet, secure swimwear for managing bowel incontinence during water activities.

Unisex | Bowel incontinence | Minimal swelling

Size	Waist Size	Pack Qty / Price (inc GST)	Carton Qty / Price (inc GST)	Code
Small	56-91cm	22 / \$59.99	88 / \$227.99	2844
Medium	86-122cm	20 / \$59.99	80 / \$227.99	2845
Large	112-137cm	18 / \$59.99	72 / \$227.99	2846
XL	122-168cm	14 / \$59.99	56 / \$227.99	2847
2XL	157-203cm	12 / \$59.99	48 / \$227.99	2848

Choosing the right care for you

Need help finding the right product?

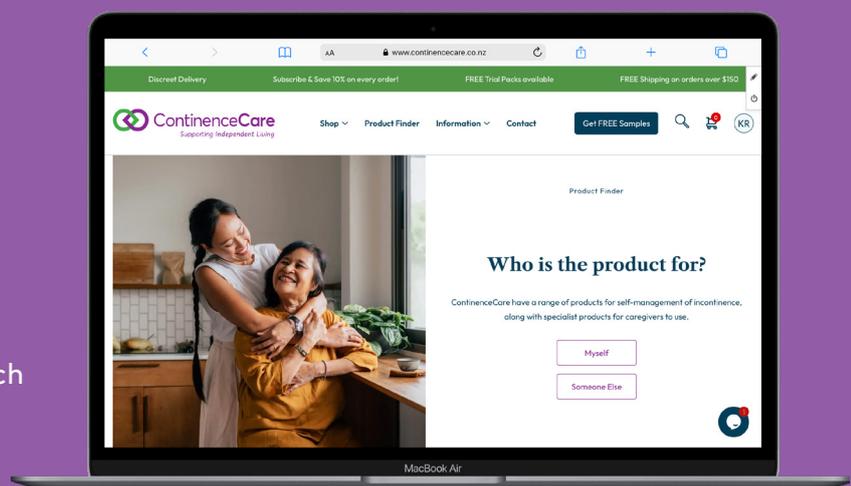
Try our online Product Finder Tool to get personalised recommendations.

Or, if your current product isn't working, call us on 0800 72 38 72 — we'll help match you with an Advance® alternative.



Scan here, or visit:

www.continencecare.co.nz/product-finder/



SUBSCRIBE & SAVE

Save time, save money, stay confident

Take the hassle out of reordering your continence care essentials.

When you sign up for Auto-Ship, you'll enjoy:

- 🔗 **10% off every order**
- 🔗 **Regular deliveries at the frequency you choose**
- 🔗 **The flexibility to pause, skip, swap, or cancel anytime**
- 🔗 **Fewer worries and fewer last-minute rushes**

Subscribe
& Save 10%

It's easy to set up: Simply select the Auto-Ship option at checkout, or contact our friendly team to help you set it up.

FUNDING SUPPORT

Help is available – let's find the right support for you

Managing the cost of continence products shouldn't be a burden. In New Zealand, funding support may be available to help cover your needs – whether you require short-term help or ongoing assistance.

Our team is here to guide you through the options and help you access the right products, including the Advance® range, which is available through District Nursing and ACC Nursing services throughout Aotearoa.

Funding options

Disability Allowance

If you have a long-term need for incontinence products, you may be eligible for a Disability Allowance through Work and Income New Zealand (WINZ). This allowance can help with the cost of continence supplies needed for daily living.

To apply:

- 🔗 Speak to your GP or medical specialist, they can complete a Medical Certificate for your application.
- 🔗 Contact Work and Income to begin the Disability Allowance process.

Need a WINZ quote?

We can provide a quote to support your Disability Allowance application – just get in touch.

DHB/ACC Funding

If your incontinence is the result of an accident or medical condition, you may also qualify for support through your District Health Board (DHB) or ACC.

Funding availability varies depending on your region and personal circumstances.

ContinenceCare can help guide you toward the right channels if you're unsure where to start.

All ADVANCE® incontinence products are available funded via your local Continence Service

How to order



Order Online

Shop easily and discreetly anytime at:

www.continencecare.co.nz



Order by Phone

Prefer to talk to a real person? We're here to help.

0800 72 38 72
(9am-4pm weekdays)



Order by Email

Drop us a line and we'll guide you through it:

info@continencecare.co.nz

Payment options

- Pay securely online by credit or debit card
- Call us on 0800 72 38 72 and pay by credit card or debit card over the phone
- Pay by bank transfer (please use your surname and invoice number as your payment reference)
- Pay securely using PAYPAL online



SuperGold Card holders can enjoy exclusive discounts.



Delivery information

- Free courier delivery on all orders over \$150
- Prompt dispatch — orders received before 3pm weekdays are sent the same day
- Discreet packaging — plain boxes with only your name and address on the label
- International shipping available on request — please contact us to learn more

Discreet
Home Delivery Specialists



Signed up my Mum for Auto-Ship and the product turns up every two weeks as requested, one less thing to worry about.”
– A.F, Christchurch





Our knowledgeable team can answer your questions and point you in the right direction.

Phone: 0800 72 38 72 (9am–4pm weekdays)

Email: info@continencecare.co.nz

continencecare.co.nz

Are you a care home or facility?

We offer wholesale supply options and support for residential care providers across New Zealand. Get in touch to find out how ContinenceCare can help.

Discreet
**Home Delivery
Specialists**



Don't forget to scan
here to order a FREE
ContinenceCare
trial pack

