



# Welcome to Rangiora Lifecare

At Rangiora Lifecare you will find a vibrant, close-knit community of older adults, enjoying a full continuum of aged-care services. We operate four highly regarded aged care homes and a retirement village that play a key role in the local neighbourhood. Our aged care homes are conveniently located a short stroll from Rangiora's main shopping area and close to churches, parks, medical centres and other amenities.

Rangiora Lifecare's leadership and management teams have extensive experience in operating aged care homes and retirement villages, and we are committed to ensuring Rangiora Lifecare serves the needs of the local community. Our homes have developed a reputation for high-quality personal care, and our dedicated nursing and care staff are focused on delivering individualised support that allows residents to live a fulfilling, meaningful life.

Thank you for considering Rangiora Lifecare for this next stage of your journey. We understand it is a big decision to leave your home and it can feel quite overwhelming. Our staff are adept at making the transition to our aged care community as comfortable and seamless as possible.

Rangiora Lifecare can offer the additional security and support you need at this stage of your life, while you continue to enjoy doing the things you love. We are not a traditional rest home or retirement village with clinically-based institution-style rules. Rangiora Lifecare truly feels like home. You have reached the point where you deserve to live life on your terms. Enjoy a warm and welcoming atmosphere with services and facilities that complement your personal needs.

Live life on your terms

# A strong and supportive community

Feeling part of a community is vital to living a fulfilling life. Friendships matter at every age. At Rangiora Lifecare, you will join a flourishing group of booklovers, sports enthusiasts, crafters, gardeners, artists and more. A feature of our homes is the strong and supportive bonds developed between residents and staff, and we actively promote meaningful interactions within our homes. We also enable you to stay connected to the people that matter most. Friends and family are encouraged to join in with daily activities and public outings.

Rangiora Lifecare is passionate about putting people first. Your wellbeing is important to us, and we make every effort to support individual interests while providing a helping hand as required. Life is never dull at Rangiora Lifecare. Our lush gardens and mature trees offer welcoming surroundings, or you can take advantage of a broad range of leisure activities. Whether you like to remain physically active, learn new things, or simply put your feet up, we have something for everyone.

## RAISING THE STANDARD OF PERSONAL CARE

We have a reputation for delivering the highest standard of care in a positive, light-hearted way. Our experienced and trusted staff work with you to develop a personalised care plan that will nurture physical and emotional wellbeing.

Our qualified registered nurses and caregivers provide 24-hour support, and our team works closely with the general practitioner, physiotherapist and podiatrist to address everyday healthcare needs. Your comfort, safety and personal security are our priority. With a responsive team that boasts over 20 years of experience delivering quality aged care, you can have confidence knowing you are in good hands.

#### THERE FOR YOU EVERY STEP OF THE WAY

Everything at Rangiora Lifecare has been designed to ensure our residents lead comfortable and rewarding lives. We offer a full continuum of senior care from independent living villas, assisted living apartments, to rest homes, hospital and dementia care. Services and amenities packages include dining, housekeeping, laundry, maintenance and insurance to ensure our residents are always well looked after.

Continuity in your aged care journey is important. As your needs change, so do we. Professional care is available on site if you require it, and we will assess your current needs and adapt to future changes in circumstances. We offer ease of transfer within the group and clear and transparent terms.

Quality of food and quality of life go hand in hand. We pride ourselves on preparing tasty meals and ensuring our residents have access to a well-balanced, healthy diet. Personal preferences and special dietary needs are easily catered for.

## The Rangiora Lifecare difference

Moving into an aged care home and retirement village is a big decision. Here are a few reasons why you can have confidence in choosing Rangiora Lifecare as your home.



## WE'RE LOCAL

Our aged-care organisation is focused solely on the needs of the Rangiora district and providing the highest level of quality care to our local community.



## YOUR HOME, FOR LIFE

Enjoy a comfortable lifestyle in a warm and homelike environment. Should your needs change, you can take comfort in knowing you have priority access to specialised care so you can remain in the community you love.



## A PLACE TO BELONG

It is the people at Rangiora Lifecare that truly make it special. Discover an active community that cares for one another and offers friendships and social connections.



## CONTINUAL COMPASSIONATE CARE

Our full continuum of care ensures the appropriate level of professional care for every stage of later life. 24/7 support caters to individual needs and the way you want to live. Easy transfer between homes is available as your needs change.



#### **EXPERIENCED AND TRUSTED**

The friendly and experienced staff at Rangiora Lifecare deliver top-quality care in a kind and understanding manner.



## **COSTS THAT MAKE SENSE**

Affordable living in the heart of Rangiora. We take pride in offering real value with no hidden costs.







Selecting any new home is an extremely personal decision. We have a choice of beautiful homes and attractive amenities set amongst quiet suburban streets within the heart of Rangiora. All care homes are purpose-built to suit the needs of our residents. Let us take care of you.

Whether you are seeking private living alongside like-minded neighbours, assisted living to preserve your independence, or you require something with a heightened level of care and support, we have the perfect option for you. Talk to us about your needs and wants, and we will assist you in your decision.

## **REST HOME AND HOSPITAL CARE**

When you are ready for full-time care, our rest-home level support services are delivered in a way that reflects your preferences and personality. Our homelike surroundings are intentionally designed to combine quality of life with top-of-the-line clinical care that is delivered with integrity, dignity and compassion.

#### **DEMENTIA CARE**

Our specialist dementia care home offers an intimate, secure, and easy-to-navigate environment alongside quality care for you or your loved one. Highly trained caregivers are on duty around the clock to ensure residents receive the necessary attention and to support the experience of residents living with dementia.

#### INDEPENDENT AND ASSISTED LIVING

Independent living villas are ideal for those searching for affordable retirement living without daily assistance. Designed for over 70s, individuals and couples can enjoy a maintenance–free lifestyle in a peaceful and secure location. Our generous homes come with comfortable finishes and a range of amenities. You have the flexibility to change the décor to suit your needs. After all, it's your home.

Serviced apartments are an excellent option for seniors that wish to maintain their independence, with a helping hand when you need it. A range of handy add-on services offer peace of mind and can be modified as circumstances change. Join in a wide variety of social and leisure programs with neighbours that appreciate a similarly enriching lifestyle.



## **Bainswood on Victoria**

## A FRIENDLY, FAMILY-FOCUSED ENVIRONMENT

- 28 Victoria Street, Rangiora
- Rest home & hospital-level care

**J** 03 313 2805

Respite care

Walk in the door at Bainswood on Victoria and you immediately get the sense you are part of a large and supportive family. Our friendly, down-to-earth staff instantly make you feel welcome, and the homely environment offers an atmosphere of security, comfort and care.

Bainswood on Victoria is centrally located on Victoria Street, an easy distance to the Rangiora town centre and surrounding shops. Flat walking access allows residents to maintain their independence while enjoying interaction with the community. Residents' rooms look out to a peaceful natural scene of greenery and flowers in well-maintained gardens.

## **REST HOME AND HOSPITAL-STYLE ROOMS**

Bainswood on Victoria is committed to providing the very best of aged care in New Zealand. We have 57 beds that include a mix of rest home and hospital-style rooms with partial and full ensuite options. Single or shared rooms are available, with the possibility of connecting rooms with an ensuite in between for couples. Residents appreciate the modern and comfortable environment with a warm ambient temperature. You are welcome to add your own touches to your rooms to make them feel like home.

#### **BESPOKE PERSONAL CARE**

We do not believe in cookie-cutter solutions for our residents and take great pride in offering personal care that is tailored to each individual. Residents and families are actively involved in decision-making concerning care and we are focused on maintaining the health, dignity and independence of our residents.

Mealtimes are an important part of the day. Our kitchen staff take pride in creating delicious and nutritious meals that cater to individual dietary needs.





We offer an impressive range of activities and residents are encouraged to participate as much as they wish. From board games to bingo, happy hours to housie, regular social gatherings, outings and on-site entertainment, there is something for everyone. Relax with a book from the well-stocked library or take advantage of all denominations of spiritual care. A particular highlight is the frequent visits from students at nearby schools to sing, read and create art with our residents.



- 57 beds
- Central location
- Modern and spacious rooms
- Single or shared rooms
- Care staff available 24-hours a day
- Modern call bell system
- Comprehensive activity program
- Library
- Pastoral care
- On-site hairdresser
- WiFi



## **Bainswood House**

## THE PERFECT HOME TO SUIT YOUR NEEDS

¶ 191 King Street, Rangiora

Independent living – villas

**J** 03 313 5905

Assisted living – serviced apartments

Rest home level care

Respite care

As soon as you walk into Bainswood House you will instantly feel at home amongst a positive and welcoming community. Established in 1985, Bainswood House is a family-oriented home that is popular with retirees looking to relax and enjoy their retirement.

Churches, parks, local schools and the main shopping precinct of Rangiora are all conveniently located within a short walking distance, allowing residents to maintain an independent lifestyle and stay in touch with friends and family. Residents also love relaxing in the lush gardens and manicured grounds surrounding the village.

#### A CONTINUUM OF CARE

Bainswood House offers independent villas, serviced apartments and rest home care. Options are available for those that relish their autonomy and those that may need a little more companionship and support. We have the perfect home to suit your current needs and can easily adapt to a change in personal circumstances.

Four contemporary independent living villas allow you to enjoy a low-maintenance, self-sufficient lifestyle with like-minded neighbours. For those seeking independence with a safety net, we have 14 serviced apartments that consist of a living area with a kitchenette and ensuite bedroom. All of the serviced apartments are certified to provide rest home level care. Double apartments are also available to cater to couples with assisted living requirements.

If you have reached the stage where you require an elevated level of care in your day-to-day living, retirement village residents have priority access to our other aged care homes in the group. We have 26 rest home beds with a variety of room options. Add personal touches of style to make it feel like home.

## PROFESSIONAL SUPPORT SERVICES

Skilled carers are on site 24 hours per day and create a friendly, enjoyable lifestyle experience. Professional services are provided by local medical practitioners, as well as our trained staff, and wrap-around support services are available including meals, laundry, cleaning and 24-hour emergency assistance. Tasty homecooked meals are served in the spacious dining room with special dietary needs accommodated, and a buffet breakfast offers a variety of food choices to start your day.

## A FULL AND RICH ACTIVITY PROGRAM

Whatever your interests, you are free to be as busy or as carefree as you desire. Residents and families can enjoy the varied activities on offer or simply relax in the peaceful and comfortable surroundings. A full and rich activity programme is available and caters to individual preferences. Frequent visitors to the village include school groups, singers and musicians and residents enjoy group outings around Rangiora in the village vehicle. Family and friends are always welcome to join in with our social calendar.



- Central location
- Modern and spacious rooms
- Continuum of care
- 4 independent living villas
- 14 serviced apartments
- 26 rest home beds
- · Single or shared rooms
- Care staff available 24-hours a day
- Modern call bell system
- Comprehensive activity program
- Library
- Pastoral care
- On site hairdresser
- In house podiatrist
- WiFi



## Holmwood

## CARE AND COMMUNITY, PERFECTLY COMBINED

- ¶ 114 King Street, Rangiora
- Rest home & hospital-level care

**J** 03 313 8399

- Respite care
- Care Suites

Holmwood is a boutique rest home and hospital known for its compassionate care, set in beautiful garden surroundings. Whether you're seeking a peaceful retreat or opportunities for social engagement, our care centre offers the ideal setting where you'll quickly feel right at home. We are committed to enriching the lives of our residents with a range of services and activities designed to promote health, happiness, and a strong sense of belonging.

Our central Rangiora location enhances the overall living experience with easy access to local amenities such as the library, shops, cafes, parks, the local RSA and medical facilities. Holmwood's proximity to public transport and major roads makes it convenient for family and friends to visit, fostering a supportive community atmosphere.

## **SPACE AND COMFORT**

Rangiora Lifecare takes pride in its role as a community provider, dedicated to meeting the diverse needs of the local area. Holmwood's 45-bed facility includes standard and premium rest home and hospital rooms, ensuring residents have choices to suit their preferences and needs.

The cost of a standard room is covered by the Care Services Fee set by the Ministry of Health. Generously proportioned rooms feature high-quality fittings and furnishings. Residents are encouraged to personalize their rooms to create a comfortable and familiar environment.

An array of living and lifestyle spaces are available. Holmwood's main lounge is always bustling with activity, serving as a vibrant social hub. The gardens surrounding the home are bathed in natural light, offering a tranquil setting for relaxation.

**CARE SUITES: A LITTLE BIT OF LUXURY** 

Holmwood has 15 premium Care Suites, sold under an Occupation Rights Agreement (ORA), which provide flexibility and a touch of luxury beyond a standard room. Each suite includes a kitchenette with a fridge and kettle, a private ensuite bathroom and a heat pump, ensuring comfort and convenience for residents. Many of the Care Suites feature a balcony or patio for outdoor relaxation.

We understand the importance of remaining with your loved ones as you age. Options are available to accommodate couples, allowing partners to stay together even as individual care needs change.

Our Care Suites are fully certified by the Ministry of Health for hospital-level care, presenting the ultimate combination of rest home and hospital services. You can relax knowing that you won't face the upheaval of moving again if your needs increase.

A Care Suite is a wonderful alternative to a serviced apartment, with more staff and nurses on hand to deliver a higher level of support and attention. While dementia care cannot be provided in the Care Suites, specialist dementia care is available within the Rangiora Lifecare group.

- 45 beds
- 30 premium and standard rooms
- 15 Care Suites
- Central location
- · Modern and spacious rooms
- · Single or shared rooms
- Care staff available 24 hours a day
- Modern call bell system
- Comprehensive activity program
- Pastoral care
- WiFi



#### **DEDICATED TO EXCEPTIONAL CARE**

At Holmwood, we take pride in administering exceptional personal care, tailored to meet the unique needs of each individual. Rest home-level care supports those who need additional assistance with daily living, while hospital-level care caters to more complex medical and mobility needs. We also provide palliative and end-of-life care, ensuring comprehensive support for all our residents. For carers who need a break, we offer short-term respite care in a safe and friendly environment.

Our staff are approachable and friendly, and every aspect of care is meticulously managed, from medical needs to daily living assistance. Residents also benefit from regular visits from a physiotherapist, podiatrist, hairdresser, beauty therapist and chaplain.

Holmwood is famous for its dining experiences with a delicious seasonal menu crafted by a dedicated culinary team. Nutritious meals are made fresh daily, adapting to suit all dietary requirements. Our menu includes old favourites and traditional Kiwi dishes, ensuring there's always something to look forward to. Every meal is designed to taste good and look great, from warm comfort foods in winter to lighter, refreshing fare in summer.



## **ACTIVITIES FOR EVERY INTEREST**

A diverse range of activities are designed to enhance the lives of our residents. Explore your creativity through arts and crafts, indulge in gardening, participate in games and cultural events, embark on spontaneous van adventures, take part in exercise classes, or unwind with friends during happy hour. With a strong musical focus, we host regular group singalongs and concerts, fostering a joyful and communal atmosphere. Our activities cater to all interests, and we enjoy a special relationship with the local school and kindergarten, whose students often join our residents in various activities. No matter your interests, there's always something enjoyable happening at Holmwood.





## **Bainlea House**

## A WARM AND WELCOMING ENVIRONMENT

- ? 29 Wiltshire Court, Rangiora
- Specialised care Dementia care

**J** 03 313 6055

Respite care

Bainlea House is a specialised dementia care facility and part of the Rangiora Lifecare family. Nestled in a picturesque residential area and surrounded by beautiful gardens, this purpose-built home caters to long-term care and respite care within a safe and considerate environment.

The Bainlea House community is friendly and inclusive. Your loved one will thrive in a wonderful atmosphere with high-quality individualised care designed to match each resident's abilities and contribute to every aspect of their wellbeing. Residents are encouraged to maintain their independence and treated with the utmost respect and dignity. At Bainlea House every resident is cared for and looked after like family.

## SPECIALIST DEMENTIA CARE

Our specialist care facility has 27 beds with room sizes and facilities to suit each individual. Residents are encouraged to add their own personal touches to make their space feel just like home. Two separate living areas are available for relaxation or television viewing. For your peace of mind, our care home is fully secure and has a modern call bell system.

If you or your loved one is living with dementia, you can take comfort in the knowledge that our staff are highly trained and experienced in this specialist field of care. Caregivers are carefully chosen for their aptitude for dementia care and are on duty around the clock to ensure residents receive the necessary attention.

A full suite of services makes each day as comfortable and carefree as possible, and support services are adapted to the lifestyle and care required for each resident. Regular care meetings are held to plan the care of loved ones, and you are welcome to call us anytime to have a chat about specific needs. Wonderful home-cooked meals cater to individual dietary needs.

#### STAYING ACTIVE

Activities play an important role at Bainlea House. Every day is fulfilling with a comprehensive program run by our experienced care staff. Crafts, gardening and religious services are favourites with residents, and our library is well–stocked with popular reading material. The addition of a workshop allows artisans to tinker and builds camaraderie amongst residents. For residents that like a wander, we undergo regular outings into the Rangiora community. Family and friends are welcome to join in on all supported activities.





- Central location
- Certified for dementia care
- 27 specialist care beds
- Respite and long-term care
- Care staff available 24-hours a day
- Modern call bell system
- Comprehensive activity program
- Library
- Pastoral care
- On site hairdresser
- WiF



# Making a difference in people's lives.

We genuinely believe joining us at Rangiora Lifecare will be one of the best decisions you'll ever make. Our dedicated and friendly staff take pleasure in the nursing care presented to our residents and have developed a reputation for the highest quality personal care. You will feel welcome, valued and respected.

Staff always have time for a conversation and form close bonds with our residents. They are continually on the lookout for new ways to make life as interesting and enjoyable as possible.



## No doubt you've got questions.

## WHY DO PEOPLE LOVE LIVING AT RANGIORA LIFECARE?

We have gained a reputation as a friendly and inclusive community. Our homes are lovely and warm, and close to the local shops and cafés of Rangiora. Residents enjoy the broad range of activities on offer and the opportunity to make new friends by joining in.

#### WHAT LEVELS OF CARE DO YOU OFFER?

We offer a full continuum of care across our four homes including independent living, assisted living, rest home, hospital and dementia care. Comprehensive care options are available as your circumstances change.

## WHAT OTHER SERVICES ARE AVAILABLE?

Podiatrist care and physiotherapy are on hand throughout the week to assist residents with their movement and function. We also offer a hairdressing service, on-site laundry, and television in resident lounges.

## WHAT IF I NEED ASSISTANCE?

Caregivers are on duty 24 hours a day and our local medical practitioners are on call for medical needs that may arise outside of hours. All rooms feature strategically placed call bell systems that are monitored 24 hours a day.

## WHAT IF I REQUIRE MEDICAL CARE?

Our long-standing medical practitioners have many years of experience in aged care and are available throughout the week, visiting residents and giving them routine examinations. Every six months we review your care with you and members of your family to discuss any issues and plan strategies for ongoing support.

## CAN MY FAMILY AND FRIENDS VISIT ME IN MY HOME?

Yes, you can have family and friends over to visit any time. There are a small number of car parks available for visitors within the facility.

## **CAN I BRING MY PET WITH ME?**

We understand that pets are a much-loved part of the family. Our manager will need to confirm that your pet is suitable for our care homes and village.

## CAN I MOVE INTO THE CARE FACILITIES OF THE VILLAGE LATER ON?

Yes. As part of our community, you will have priority access to the care facilities offered by Rangiora Lifecare. For couples this is especially comforting, knowing that you can remain living within close proximity if your personal needs change.



## Make yourself at home

03 313 2805

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