



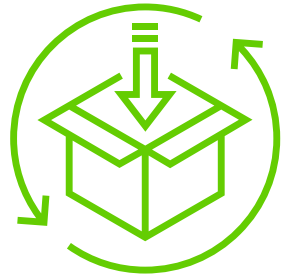
# MAKE YOURSELF AT HOME

## Respite Care



### PLEASE BRING FOR YOUR STAY

- ✓ Toothpaste, shampoo, body wash and other personal care items for individual use
- ✓ Clothing - very important if your family member is coming from hospital  
- please name your clothing
- ✓ Personal continence products & dressings for any existing wounds
- ✓ All medication, labelled & sealed in blister packs. We also require a medication chart signed by a doctor for our staff to follow.
- ✓ If you are coming from hospital, the hospital needs to send the most updated script to your usual pharmacy on discharge day. You will then need to pick the meds up from there as the pharmacies do not usually deliver. Please bring the script with you for our nurse.
- ✓ Any mobility equipment that maybe required e.g., walker or wheelchair
- ✓ We request that you **arrive 10-11am** on the morning of your stay.  
This timing works best to allocate a registered nurse for your admission.  
On the day your stay ends, **departure is by 12:00pm.**



### FULL BOARDING & LODGINGS

- ✓ **Minimum stay is 7 days;**
- ✓ Cleaning services and supplies;
- ✓ All residents are responsible for bringing personal toiletry items with them for during their stay;
- ✓ All bedding, a bedside cabinet, and wardrobe;
- ✓ Television, video and stereo system in lounge area;
- ✓ All meals, including morning/afternoon tea & supper;
- ✓ Activities programme
- ✓ 24 hour personal care to the extent that is required in rest home or hospital level care
- ✓ Implementation of a short term care plan as agreed with the resident, primary carer, or family
- ✓ WIFI



## PERSONAL HYGIENE FACILITIES

- ✓ Showering and bathing facility;
- ✓ Full or partial assistance with hygiene cares;
- ✓ Care with and assessment of skin, nails and oral hygiene.



## PERSONAL GROOMING

- ✓ Assistance with dressing as required;
- ✓ Assistance with preferred hair style;
- ✓ Use of hairdryer and management of hair removal if required;
- ✓ Assistance with accessories and make-up.
- ✓ Items used in programmes are supplied. Activities Programmes are also incorporated in your individualised Care Plan.



## SERVICES NOT INCLUDED IN THE FEE

- ✗ GP services
- ✗ Prescription charges and any charges for or in respect of any medication
- ✗ Ambulance charges & transportation to & from outpatient services or appointments
- ✗ Specialised assessment
- ✗ Specialist treatment
- ✗ Rehabilitation services
- ✗ Customised equipment, personal care equipment & personal mobility equipment (although some financial assistance may be available from other agencies e.g. ACC/ISS)
- ✗ Hairdressing, beautician, podiatrist services
- ✗ Laundry & dry cleaning
- ✗ Replacement & repairs to spectacles, dentures, hearing aids or other prosthesis
- ✗ Private telephone rental & calls (we do have a shared residents mobile phone)
- ✗ Insurance for resident's belongings
- ✗ Superior room charges
- ✗ Optical, audiology, dental and/or dietetic services
- ✗ Legal, advocacy and/ or financial services
- ✗ Wear and damage to personal clothing and belongings
- ✗ Individualised equipment
- ✗ Speciality entertainment fees e.g. lunch outings, shows, shopping or newspapers

