Bupa Liston Heights Care Home

Quality care, starts here.

Welcome to Bupa Liston Heights Care Home

Situated on the outskirts of Taupō, Liston Heights Care Home enjoys a picturesque location, with beautiful views of the mountains and Lake Taupō. Taupō Hospital is also conveniently located next door, providing peace of mind for you and your family.

Our care home is warm and welcoming. We have rooms that you can personalise with your own belongings. We understand what it means to feel at home and we'll do whatever we can to help you feel comfortable and special here at Bupa Liston Heights Care Home. Family and friends are welcome to visit, with areas for you to relax and spend time together.

We also offer care suites*, which feature a private ensuite, tea making area and patio.

Bupa Liston Heights Retirement Village is located on site, providing independent living options alongside a sense of community and proximity to loved ones.

Our features:

- Small and friendly
- 24 hour assistance
- Communal dining room
- Panoramic views of Lake Taupō

Care available:

- Rest home
- Hospital
- Dementia care

*Care suites are available under an Occupation Right Agreement.

Catherine Armstrong Household

Your care

At Bupa Liston Heights Care Home, we care about your individuality.

Our Person First approach means we take the time to get to know you. We'll ask you about your favourite things and what you like to do. From there, we'll create a care plan to include your dietary needs, medication, and activities to support you to live the life that's right for you.

Our team will be happy to guide you through the process of moving into a care home.

Life at Bupa Liston Heights Care Home

There is always something happening at Bupa Liston Heights Care Home; from van outings to local attractions, special events and parties, to arts and crafts sessions and games. You can take part in as little or as much as you like, it is up to you.

About Bupa

Bupa New Zealand is part of the leading Bupa Group, a global healthcare company.

Bupa already supports more than 5,000 residents throughout New Zealand, living in independent apartments and villas, or warm and welcoming care homes.

Our purpose is helping people live longer, healthier, happier lives and making a better world.

Globally, the Bupa Group invests back into improving the quality of our health and care services.

Live the life that's right for you

At Bupa, we don't just manage villages and care homes, we help you to live the life that's right for you. We know making the move into village or care home living can seem a little daunting, that's why we're here to assist you with advice and support through the journey.

Being you with Bupa is easy when you're living in a friendly community of like-minded people, supported by a caring and approachable team.

With 36 retirement villages and 38 care homes across New Zealand, Bupa offers you the life that's right for you.

Welcome to Bupa, where you can be you.

Talk to us today on 07 245 7086.

We would love the opportunity to talk about how we can help. You're welcome to visit us and meet the team.

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19 Liston Avenue, Hilltop, Taupō

bupa.co.nz/listoncare

All efforts have been made to ensure accuracy of information at the time of publication (Oct 2026).