



We warmly welcome your enquiry to Avon Lifecare Resthome, Hospital Level Care, Dementia Care and Independent Living Apartments.

Avon Lifecare is independently owned and run by the Bennett/Kearney Family, together with our caring and friendly team, has created an exclusive family environment for the enjoyment, pleasure and security of our residents.

Avon Lifecare is located in the heart of the city alongside the Avon river, close to the major bus routes and handy to The Palms shopping centre.

There are two entrances off Stanmore Road and the main entrance off Armagh Street make it especially accessible for regular visits with plenty of off-street parking available.

We feel all our residents are part of this family, we take a close, caring and active interest in your lives, and we're very happy to share ours with you.

Our principal aim is to ensure your well-being and comfort at all times.

You can also enjoy complete peace of mind as all our rest home, hospital and secure unit rooms, independent apartments have call bells.

At Avon Lifecare, you can choose the kind of home/accommodation which suits you best.

We offer 45 rest homes beds both standard rest home rooms or the option of studio rooms that are fully ensuited with incorporating a kitchenette and lounge area to cater for each individual's need.

We also offer 25 hospital beds both standard hospital rooms or the option of studio rooms that include an ensuite.

Our rooms come in a few different configurations with a number of pricing options for these rooms, which we are happy to discuss with you.

Thank you for your enquiry, we would love to show you around our home so please contact either myself or Jessie Collings to arrange a time to visit us.

Kind Regards

Mark Kearney

Business manager

Hamish Bennett

General Manager

Jessie Collings

Facility Coordinator

## APPENDIX

### Accommodation Provided

Avon Lifecare has 45 rest home beds, 20 beds in our secure Dementia unit and 25 beds in our hospital. Consisting of both standard or premium rooms in the rest home and hospital areas. All areas are staffed 24 hours a day ensuring experienced care is always on hand as well as nursing staff available 24 hours a day with a backup option on call.

Quality of life and companionship is very important to us at Avon Lifecare and to that end we have two activity coordinators planning the next exciting event – including all kinds of interesting outings in the Avon Lifecare van, to the regular Happy Hour.

In our spacious lounge, you can simply relax, watch sport on the big screens in the lounges or take part in the social functions, activities and entertainment with specially appointed activity officers in attendance.

Our resident Chef ensures that you always sit down to appetizing and nutritious meals catered to each individual resident's needs.... And in the morning we....deliver breakfast in bed!

You can easily make an appointment to visit our hairdressing salon or find a spot in the sun in one of our many quite comfortable sun-drenched lounges to read a selection of books in our library areas, complete a jigsaw or even just to relax.

### Features:

- 24-hour nursing care
- Nurse call systems
- Experienced and Trained Registered Nurses and Caregivers
- Qualified Chef catering for individual dietary needs
- Premium rooms or standard rooms
- Comprehensive activities programme
- Hair dressing salon
- Podiatrist service
- Choice of Doctor or House Doctor
- Well-maintained, landscaped grounds and courtyard
- Fantastic outlook
- Great location



## Apartments – Harper Gardens

For those more independent residents, ready to live life to the full and keen to enjoy Avon Lifecare activities, meals and social network, we offer you a choice of our one or two-bedroom apartments located on the grounds of Avon Lifecare under the name Harper Gardens.

Fifteen of these are located downstairs and fourteen of these apartments are located on the second floor accessed by a lift or up a flight of stairs. These apartments surround a beautiful flowery garden that includes a water feature/fish pond.

As a resident in the apartments you have special allocated parking for your vehicle located behind the apartment complex.

We also have a self-contained laundry with several washing machines and dryers as well as several clothes lines and provided laundry powder to meet your needs as well as a communal lounge for the residents in Harper Gardens where you will enjoy weekly happy hours and get together for Harper Gardens residents. A social programme is provided each month which include exercises, bus trips, weekly shopping outings and art.

Internal Alarm system to our hospita, ensures that 24 hour security is readily available for all the residents in Harper Gardens as well as a member of First Security each night to do night security checks and added security lights located in the car parking area for additional security.

Priced from \$185,000 – Phone 021 353489, Karen Hadlee Sales Manager

Features:

- One or two bedrooms
- Underfloor heating
- Double glazed windows
- Drapes/carpets
- Nurse call system
- Landscapes grounds



### Facility Features:

- Community Complex
- Emergency Call System
- Negotiate to bring own pet
- Outings
- Transport available
- Laundry room
- Lounge room
- Church Services
- Social
- Mini Bus
- Gardens



### Interests and Activities

This is the time of life when you are free to take up fresh hobbies and interest and there are plenty to choose from:

• Art & Crafts	• Summer BBQs and Garden Parties
• Library including specialist books in large print	• Housie
• Happy Hour	• Music
• Concerts	• Outings
• Shopping Expeditions	• Board games/puzzles
• Bowls	• Daily Exercises
• Regular entertainers	• House visits from animals, pets and children in the Linwood community

# Sample Menu

All residents enjoy a selection of cereals, toasts and fruit in their rooms every morning for breakfast.

## MONDAY

**Morning:** Cheese Rolls

**Dinner:** Braised Sausages with Potatoes and Seasonal Vegetables

**Dessert:** Bread & Butter Pudding

**Tea:** Spaghetti on Toast with Vegetable Soup

**Supper:** Fruit Loaf with Fresh Fruit

## TUESDAY

**Morning:** Savoury Scones

**Dinner:** Sweet & Sour Chicken with and Seasonal Vegetables

**Dessert:** Queen Pudding

**Tea:** Bacon & Egg Pie with Leek & Potato Soup

**Supper:** Cheese & Crackers

## WEDNESDAY

**Morning:** Fruit Scones

**Dinner:** Irish Stew with Potatoes, Carrots and Cabbage

**Dessert:** Apricot Sponge and Yoghurt

**Tea:** Potato Cakes and Pumpkin Soup

**Supper:** Slice with Fresh Fruit

## THURSDAY

**Morning:** Cheese and Crackers

**Dinner:** Silverside with Potatoes, Carrots, Onions and Cauliflower

**Dessert:** Trifle and Cream

**Tea:** Scrambled Eggs on Toast with Tomato Soup

**Supper:** Crackers with Fresh Fruit

## FRIDAY

**Morning:** Toasties

**Dinner:** Crumbed Fish with Chips & Coleslaw

**Dessert:** Ginger Pudding with Custard

**Tea:** Burger Bun Pizzas with Corn Chowder

**Supper:** Date Loaf with Fresh Fruit

## SATURDAY

**Morning:** Cheese Puffs

**Dinner:** Braised Steak with Potatoes and Seasonal Vegetables

**Dessert:** Apple Crumble & Vanilla Sauce

**Tea:** Macaroni Cheese with Vegetable Soup

**Supper:** Cheese & Crackers with Fresh Fruit

## SUNDAY

**Morning:** Ginger Gems

**Dinner:** Roast Chicken with Roasted Potatoes and Seasonal Vegetables

**Dessert:** Pavlova and Fruit Salad

**Tea:** Hunzer Pie with Kumara Soup

