



Forrest Hill Home & Hospital

Our Mission

Forrest Hill Home and Hospital is committed to providing outstanding care in an atmosphere of warmth, kindness and compassion. We want our residents to maintain their highest possible physical, mental, emotional and spiritual wellbeing. We acknowledge the uniqueness of each individual and encourage them to live with dignity, meaning and hope.

We Offer

- A sense of family & community
- Highly skilled staff
- Excellent home-cooked food
- A full Lifestyle Programme
- Open & caring communication

Forrest Hill Home & Hospital provide Hospital level, Rest Home level, Respite & interim care. With 24 hour nurse coverage, the highly skilled staff are equipped to deliver exceptional care to meet the needs of all individuals.

Aging with Passion & Purpose

Forrest Hill Home & Hospital believes life in an aged care facility can be as enjoyable, satisfying and as full as ever. Our Home and Hospital is in a quiet, tree lined suburban street, Bond Crescent off Forrest Hill Road. The motorway, beaches and local shopping malls are just a few minutes drive away. We pride ourselves on delivering the highest level of care from our friendly, professional team.

Our Team

Our team is headed by General Manager, Janice van Mil. Janice is a Registered Nurse, with many years of Management experience in Aged Care. Janice understands the needs of our Residents and their families.

Debbie Bannister, RN is our Clinical Manager and has many years of experience in residential aged care at a senior level.

Our GP, Dr Patti Piper has been with the facility for over 25 years and is very experienced in the care of the older adult. Patti visits weekly on Fridays and is available 24/7. Our Cook is Tusi Hedditch who has been with the facility for over 22 years and has an excellent reputation.

Our highly skilled Registered Nurses and Health Care Assistants provide the individual care each resident requires in a safe, friendly and compassionate environment. Our dedicated Lifestyle team develops an extensive calendar tailored to your specific needs and preferences.

Our Values

Celebration

We celebrate life in all its phases and acknowledge that fun, laughter, companionship, meaning and purpose are an integral part of the well-being of individuals.

Kindness

We honour and respect each individual and encourage people to treat themselves and others with kindness and compassion.

Diversity

We recognize and respect the values and views of all cultures and faiths.

Communication

We embrace open and honest communication in a safe and caring environment.

Quality

We deliver the highest standard of care by well-educated staff in a professional and ethical manner.

Lifestyle Programme



Exercising the mind to keep it active is very important in maintaining mental wellbeing. Our Lifestyle Programme includes variety of mental stimulation activities that helps to improve memory, problem solving, creativity and other cognitive functions.



Physical activity is the most promising falls prevention strategy. Research shows that specific exercises such as Taichi, balance and strength building exercise reduces falls risk by 12%. At Forrest Hill, we offer exercise classes 5 days a week and Taichi classes every fortnight.



In the frustrating world of dementia, sensory stimulation is a key component of improving the quality of life of residents in long term care. Some of our popular sensory activities include Foot Spas, Manicures, Baking, Cooking, BBQ and Pet Therapy sessions.



Our Lifestyle programme includes monthly outings to Shopping Malls, Musical Concerts, Cafes and Beaches. We also organize Musical Concerts within the facility every fortnight.

Special Features

Allied Health Support Team

- Gerontology Nurse
- Speech and Language Therapist
- Dietitian
- Nurse Educator
- Hospice
- Pharmacist
- Clinical Pharmacy (WDHB)
- Wound Care Specialist nurse (WDHB)
- Physiotherapist
- Chaplain Visits

Contact Us

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