

- Rest Home
- Dementia care
- Respite care
- Hospital
- Day care

Taking care of the lives in our hands

Winara Care Home has been part of the Waikanae community for many years and we are proud to be able to offer a full range of care.



# All stages of care in Waikanae

We offer a full range of care: rest home, and hospital care, as well as dementia care, so our residents come to us and know they will be able to stay.

### The best possible life

Our goal and commitment to you is to help you live the best life possible, supported physically, emotionally and socially, to be as independent as you wish.

The quality of care we provide to you is very important to us (and you can rest assured it is excellent). Even more important is your enjoyment of each day. We want everyone to feel that

Winara is their home. We make sure you choose how you spend your days, and we go the extra mile to make sure that our care has you, as an individual, at the centre of it. We encourage our residents to make this place their home.

At Winara, understanding what each resident and their family needs is paramount, because that's the individualised care we want to provide. We know this means different things to different people, so we take care to involve family, and make decisions together.

#### **Dementia Care**

When a family accepts a place in our dementia unit for a family member, our journey together begins. We work to gain an understanding of the unique person who is joining our family of residents. Understanding the person they were, the person they have become, their likes and their dislikes, and their routines helps us provide an environment that will effectively support each person, all day long.



#### **Our staff**

We pride ourselves on having a very well trained team, who value you as a person and appreciate the wisdom and experience of older people. The care we give is respectful, with a focus on the little things that make a difference.

# Taking care of the lives in our hands

Winara Care Home is part of the Bupa group of rest homes, hospitals, retirement villages, personal medical alarms and brain injury rehabilitation. As part of the global Bupa group, based in the UK, we are a private company, with no shareholders. Therefore, we reinvest profits back into our business to provide better care.

## Come and see for yourself

We would love to have the opportunity to talk to you about what we can offer. Please don't hesitate to visit our care home any time during business hours or contact our care home manager Sandi Davison, on **(04) 293 6034**.

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### **Winara Care Home**

9 Winara Avenue Waikanae

(04) 293 6034 www.bupa.co.nz

