

Simpson *Family Care*

OUR SERVICES

Caring support that helps you stay comfortable, safe and independent at home.

01 General Home Help

- Vacuuming and mopping floors
- Dusting surfaces, furniture and skirting boards
- Cleaning bathrooms (toilet, shower, sink)
- Kitchen cleaning (benches, stovetop, dishes)
- Taking out rubbish and recycling
- Changing bed linen
- Light decluttering and tidying rooms

03 Laundry

- Colours sorted
- Washing completed
- Hung on the line or put in the dryer
- Clothes and linens folded and put away as required

05 Shopping

- Transport to and from the shops
- Accompanied while shopping
- Shopping carried to the car and into the home
- Shopping put away
- Shopping can be organised for clients who prefer or need to stay at home

02 Spring Cleaning

- Can be arranged at any time

04 Meals

- Help with shopping lists
- Meal planning
- Preparing food
- Cooking
- Company while eating
- Cleaning up, with the kitchen left tidy

06 Driving

- Transport to appointments
- Can accompany the client throughout the appointment if required

07 Morning Care

- Help getting out of bed (if required)
- Showering and drying
- Getting dressed
- Personal grooming (if required)
- Breakfast eaten and served with a hot or cold drink

09 Medication

Our caregivers are not legally permitted to administer medication. However, clients can be reminded to take their medication during the day or with meals (if required).

11 Sleepovers

Caregivers can sleep over with a client for an 8-hour period to ensure their safety and help them to the bathroom if required.

13 24/7 Care

Round-the-clock care provided by a small team of full-time carers working in shifts, so clients can remain in their own homes. Care plans can be designed to suit any special requirements.

08 Evening Care

- Evening meal eaten and served with a hot or cold drink
- Showering and drying
- Getting dressed
- Personal grooming (if required)
- Help getting into bed (if required)
- Windows shut, doors locked and the house secure

10 Companionship

- Check-ins during the day at agreed times
- Reading or watching TV together
- Short walks
- Sitting and talking
- Games: cards, crosswords, sudoku and more

12 Respite Care

Caregivers can look after your loved ones while you're away, providing support and care until your return.