



Bupa Ashford Care Home

Quality care, starts here.

Welcome to Bupa Ashford Care Home

Bupa Ashford Care Home offers rest home, hospital and dementia levels of care. Modern, spacious and comfortable, our care home offers a range of care suites, all of which include a private ensuite.

You can take part in daily activities, or enjoy the landscaped gardens and quiet spaces. Designed with safety in mind, Bupa Ashford Care Home features two separate internal courtyards and a dementia garden.

Our care home is warm, cosy and inviting. We have rooms that you can personalise with your belongings. We understand what it means to feel at home, and we'll do whatever we can to help you feel comfortable and special. Family and friends are welcome to visit, with areas for you to relax and spend time together.

Bupa Ashford Retirement Village is located on site, providing independent living options alongside a sense of community and proximity to loved ones.

Our features:

- Small and friendly
- 24 hour assistance
- Communal area
- Outdoor spaces to enjoy

Care available:

- Rest home
- Hospital
- Dementia care





Your care

At Bupa Ashford Care Home, we care about your individuality.

Our Person First approach means we take the time to get to know you. We'll ask you about your favourite things and what you like to do. From there, we'll create a care plan to include your dietary needs, medication, and activities to support you to live the life that's right for you.

Our team will be happy to guide you through the process of moving into a care home.

Life at Bupa Ashford Care Home

We have many activities for residents that can be enjoyed individually or in groups. These activities are designed to keep residents engaged and entertained, but many offer physical and mental benefits as well. There's always something happening, whether it's board games, exercise programmes or playing housie. You can get involved in as much or as little as you like, it is up to you.

About Bupa

Bupa New Zealand is part of the leading Bupa Group, a global healthcare company.

Bupa already supports more than 5,000 residents throughout New Zealand, living in independent apartments and villas, or warm and welcoming care homes.

Our purpose is helping people live longer, healthier, happier lives and making a better world.

Globally, the Bupa Group invests back into improving the quality of our health and care services.

Live the life that's right for you

At Bupa, we don't just manage villages and care homes, we help you to live the life that's right for you. We know making the move into village or care home living can seem a little daunting, that's why we're here to assist you with advice and support through the journey.

Being you with Bupa is easy when you're living in a friendly community of like-minded people, supported by a caring and approachable team.

With 36 retirement villages and 38 care homes across New Zealand, Bupa offers you the life that's right for you.

Welcome to Bupa, where you can be you.



Talk to us today on 03 745 4709.

We would love the opportunity to talk about how we can help.
You're welcome to visit us and meet the team.

Bupa Ashford Care Home

8 Brunel Road, Prebbleton, Christchurch

bupa.co.nz/ashfordcare

All efforts have been made to ensure accuracy of information at the time of publication (Oct 2026).