

50 John St
Woolahra, Sydney
NSW 2025
28. 02. 11

Dear Sher & the wonderful staff of Sunhaven,

I have returned home after Dad, Frank Alexander's funeral and have had time to reflect on the latter part of his life.

Alzheimers is a cruel disease and one that is often the butt of jokes made by people who have no understanding of the frustration & torment it can cause sufferers.

Dad certainly did not succumb to it easily.

We were eternally grateful that after a rocky start with care he came to be at Sunhaven Rest Home.

There he met an extraordinary group of women who with infinite care & understanding eased him through this

painful process. In a secure and caring environment we saw something of the man we knew return.

Although in his latter days he required a lot of care, this was administered with respect, allowing him his dignity.

For your special gifts of patience, understanding and unfailing good humour, we admire you and can't thank you enough.

With fond regards -

Heather Edmunds

P.S. I am so sorry to put you under the banner of 'staff' & not use your names but I was nervous I would miss someone out.

We were so thrilled that so many of you came to the funeral & understand that others were unable to due to work.