

**THE GARDENS
REST HOME AND HOSPITAL**

THERE'S ONLY ONE WAY TO CARE - YOUR WAY

Rest Home and Hospital, Respite
and Day Care

Bupa 



Bupa is proud to offer Rest Home, Hospital, Respite and Day Care at **The Gardens Rest Home and Hospital** in Rotorua.

The best possible life

Our goal and commitment to you is to help you live the best life possible, supported physically, emotionally and socially and to be as independent as possible.

The quality of the care we provide to you is very important to us (and you can rest assured that it is excellent). Your enjoyment of each day is our focus, and we want everyone to feel that The Gardens is their home. We make sure that you choose how you spend your days, and we go the extra mile to make sure that our care has you as an individual at the centre of it. That's why we say, "Your day, your way."

At The Gardens, understanding what you and your family needs is paramount, because that's the individualised care we want to provide. We know that this means different things for different people, so we take care to involve family, and make decisions together.

We like to understand each person's individual likes and dislikes, so that we can build the care we give and the activities we provide around your preferences. After all, this is your home; the place you should feel comfortable in.

We use our Map of Life to understand and communicate important information about our residents. The Map of Life hangs on the wall of your loved one's room, so that all staff can get to know them better. We encourage families to help us in gathering and assembling your loved one's Map of Life.

At The Gardens, there are a range of interesting activities that you can choose to join in. However, if you prefer your own company, that's something we respect.

Day Care for older adults

At The Gardens, we offer a day care service, weekdays, from 9am-3.30pm. We offer a programme of games, entertainment, exercise, outings, crafts, music, reminiscence, theme days, picnics and barbecues. The programme is overseen by a qualified occupational therapist.

Transportation is available at a small charge.



Our staff

We pride ourselves on having a very well trained team, who value you as a person and appreciate the wisdom and experience of older people. The care we give is respectful, with a focus on the little things that make a difference.

Taking care of the lives in our hands

The Gardens is part of the Bupa group of rest homes, hospitals, retirement villages, personal medical alarms and brain injury rehabilitation. As part of the global Bupa group, based in the UK, we are a private company, with no shareholders. Therefore, we reinvest profits back into our business to provide better care.

Come and see for yourself

We would love to have the opportunity to talk to you about what we can offer. Please don't hesitate to visit our Care Home any time during business hours or contact our Care Home Manager, Robyn Filipo on **347 9658** or **027 491 7698** after hours.

Taking care of the lives in our hands

The Gardens Rest Home and Hospital

15 Hodgkins Street,
Pukehangi, Rotorua

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www.bupa.co.nz

