

## Welcome to Bupa Bethesda Care Home

Bethesda Care Home is located in the peaceful, scenic suburb of Bishopdale in Christchurch. Just a short walk from Bishopdale Mall, we are also close to Northlands Shopping Centre, the RSA and the Papanui Club. With rest home, hospital and dementia levels of care available, we also offer care suites\*, which feature a private ensuite, tea making area and patio.

Our care home is warm, cosy and inviting, with rooms you can personalise with your belongings. We understand what it means to feel at home, and we'll do whatever we can to help you feel comfortable and special here at Bupa Bethesda Care Home. Family and friends are welcome to visit, with areas to relax and enjoy spending time together.

#### **Our features:**

- Small and friendly
- 24 hour assistance
- Communal dining room
- Outdoor spaces to enjoy

#### Care available:

- Rest home
- Hospital
- Dementia
- Short stay services





<sup>\*</sup>Care suites are available under an Occupation Right Agreement.



## Your care

At Bupa Bethesda Care Home, we care about your individuality.

Our Person First approach means we take the time to get to know you, so we can tailor care to meet your needs.

We promise to give you the best possible care. We'll ask you about your favourite things and what you like to do. From there, we'll create a care plan to include your dietary needs, medication, and activities to make sure you can live the life that's right for you.

Our team will be happy to guide you through the process of moving into a care home. We'll put you first and make sure you're looked after with respect and dignity.

#### **Our people**

At Bupa Bethesda Care Home, we choose all our team carefully to make sure that you get the care you need, from people who are kind and respectful.

#### **Short stay**

If you are caring for a family member or friend and feel that you need some respite, you can use Bupa's short stay services. Our short stay services can range from a few days to a few weeks. Admission is dependent on bed availability.

#### Life at Bupa Bethesda Care Home

There is always something happening at Bupa Bethesda Care Home, whether its housie, barbecue lunches, or visits from local entertainers. It is your choice whether you would like to take part - we will always respect your wishes. It is up to you how you spend your day.

# **About Bupa**

Bupa New Zealand is part of the global Bupa Group of companies, a leading international health and care organisation. Bupa New Zealand draws on the Bupa Group's wider international expertise and experience to help provide people with better health and care choices, support and advice.

Bupa already supports more than 5,000 residents throughout New Zealand, living in independent apartments and villas, or warm and welcoming care homes.

Our purpose is helping people live longer, healthier, happier lives and making a better world.

Globally, the Bupa Group invests back into improving the quality of our health and care services.

### Live the life that's right for you

At Bupa, we don't just manage villages and care homes, we help you to live the life that's right for you. We know making the move into village or care home living can seem a little daunting, that's why we're here to assist you with advice and support through the journey. Being you with Bupa is easy when you're living in a friendly community of like-minded people, supported by a caring and approachable team.

With 35 retirement villages and 40 care homes across New Zealand, Bupa offers you the life that's right for you.

Welcome to Bupa, where you can be you.



### Talk to us today on 03 745 4705.

We would love the opportunity to talk about how we can help. You're welcome to visit us and meet the team.

### **Bupa Bethesda Care Home**

235 Harewood Road, Bishopdale, Christchurch bupa.co.nz/bethesdacare