



About
us

A life worth living; the Kowhainui difference

Kowhainui Home embraces the Eden Alternative – an elder-directed model of care. That means you'll be supported to make decisions about your personal wellbeing and your new home, and to maintain your independence and routines in a way that's right for you.

A highlight for many residents is the social life.

As well as enjoying the company of others at a similar stage of life, Kowhainui Home residents get involved in organising daily happenings and special events. This can make for a varied social calendar. Of course we'll also support you to keep up with your hobbies, interests and passions in a way that's right for you.

The involvement of the community is a big part of life at Kowhainui Home. Residents are encouraged to invite their family and friends to spend time with them. You can enjoy the relaxing lounges, social events or a meal. In fact, even your pet is welcome to move in with you if it 'gets on' with others.



Getting in touch

Accessing any of our services is easy. You can be referred by a doctor or Needs Assessment Agency, or you can call us directly.

Kowhainui Home

Phone 06 349 1400
Email kowhainui@psc.org.nz
Visit 88 Virginia Road, Whanganui
Fax 06 349 1499

enliven
Positive Ageing Services
PRESBYTERIAN SUPPORT CENTRAL

Kowhainui Home Whanganui



CARING
ENABLING
SUPPORTING

enliven
Positive Ageing Services
PRESBYTERIAN SUPPORT CENTRAL

For more information
visit: www.enlivencentral.org.nz
call: 0800 36 54 83



Enliven
Central

Your
space



Your
place



Introducing **Enliven Central**

Enliven Central provides a full range of services to support older people to maintain their independence and enjoy fulfilling lives.

We support you to thrive, not just survive!

The Enliven philosophy recognises that people need to maintain control over their lives, wherever they live and whatever their age. To support this we provide the following services throughout the lower North Island:

- warm, welcoming elder-directed rest homes, hospitals and dementia care
- short-term respite and health recovery
- day programmes for older people living in their own homes
- boutique retirement villages, including Kowhainui Retirement Village and Abingdon Retirement Village
- practical in-home support to help people to maintain their independence at home
- other health services including continence advice, education and products.

Kowhainui Home

The atmosphere at Enliven's Kowhainui Home is bright and easy-going; the people are caring and welcoming. Situated on lovely grounds on St John's Hill, this modern, purpose-built facility is a well-known local icon.

Kowhainui Home offers a range of positive ageing services, so if your needs change so too can the support we provide.

We offer:

- rest home level care
- hospital level services for people with complex clinical needs
- short-term respite and health recovery.

At Kowhainui Home our staff are not only highly trained, they're also friendly, caring and embrace an elder-directed philosophy of care. Our nurses are on-duty 24-hours-a-day and our doctor visits regularly.

Your place. Your space.

When people move to Kowhainui Home they often ask us if they can bring along their own belongings. The answer: of course! After all, this is your home.

You'll enjoy the shared lounges, entertaining areas and lush gardens. But you'll also have your own private room. This is your space.

Your room can be furnished if you wish, but you're invited to make it your own. Many residents bring along photos, artwork, ornaments, favourite pieces of furniture and bed covers. We're also able to offer some premium rooms with ensuite and kitchenette options.

Kowhainui Club

The day guest programme, or Kowhainui Club, is hugely popular with people in the community and the residents of Kowhainui.

The programmes offers you opportunities to socialise and take part in a variety of fun and engaging activities. The constantly changing social calendar includes activities such as sight-seeing trips, guest entertainers, arts and craft, themed parties and meals out.