

TARARU
REST HOME AND HOSPITAL

THERE'S ONLY
ONE WAY TO CARE -
YOUR WAY

Bupa 



Bupa is proud to offer Rest Home, Hospital and Day Care at **Tararu Home** in Thames.

The best possible life

Our goal and commitment to you is to help you live the best life possible, supported physically, emotionally and socially and to be as independent as possible.

The quality of the care we provide to you is very important to us (and you can rest assured that it is excellent). Your enjoyment of each day is our focus, and we want everyone to feel that Tararu is their home. We make sure that you choose how you spend your days, and we go the extra mile to make sure that our care has you as an individual at the centre of it.

At Tararu, understanding what you and your family needs is paramount, because that's the individualised care we want to provide. We know that this means different things for different people, so we take care to involve family, and make decisions together.

We like to understand each person's individual likes and dislikes, so that we can build the care we give and the activities we provide around your preferences. After all, this is your home; the place you should feel comfortable in.

Our Care Home has been designed with you in mind. Our bedrooms are a generous size and some have ensuite toilets and some shared between two rooms but designed for individual privacy. Our lounge and dining areas are comfortable with recliner chairs and large screen TV's.

We offer Rest Home and Hospital care, Respite and Carer Support, and will work with you and your local hospital to ensure that the right care is provided to meet your needs. We can also guide and support you through the process of coming to a Care Home.

Day Care for older adults

At Tararu, we offer a day care service, weekdays, from 8am – 5pm. It is available to clients who have been assessed by the Needs Assessment Service Co-ordination Team (NASC) as being eligible for the service and is funded by the Waikato District Health Board, private paying arrangement is also available.

We offer a programme of games, entertainment, exercise, outings, crafts, music, reminiscence, theme days, picnics and barbecues. The programme is monitored and is overseen by a qualified occupational therapist.

Transportation is available on Tuesdays and Thursdays only.

Our staff

We pride ourselves on having a very well trained team, who care for you as a person as much as for your medical needs. Because we value the wisdom and experience of older people, the care we give is respectful, with a focus on the little things that make a difference.

Taking care of the lives in our hands

Tararu is part of the Bupa group of Rest Homes, Hospitals, Retirement Villages and Personal Medical Alarms. As part of the global Bupa group, based in the UK, we are a private company, with no shareholders. Therefore, we reinvest profits back into our business to provide better care.

Come and see for yourself

We would love to have the opportunity to talk to you about what we can offer. Please don't hesitate to visit our Care Home any time during business hours or contact our Care Home Manager, Marian Wallace on **868 6176** or **027 297 6667** after hours.

Taking care of the lives in our hands

Tararu Rest Home and Hospital

921 Tararu Road,
Thames

868 6176

www.bupa.co.nz

