



# FAMILY & FRIENDS NEWSLETTER

JULY 2020

## ANNE MAREE COURT

17-27 Fraser Ave., Northcote, Auckland 0627 Ph. 09 418 3118

**A few of our residents had a great time at the Zoo on Friday, 28th February**





# Days of our Lives

LOTS OF BOARD GAMES PLAYED AT ANNE MAREE COURT—GOOD COMPETITION



WALKS IN OUR LOVELY GARDENS



GOOD FRIENDS

DANCING TO TINA'S SINGING



THE RESIDENTS HAD FUN WITH THE 3D ANIMALS THROUGH LOCKDOWN





# STAFF PROFILE



Hi, my name is Christina Navarro, I am the new Clinical Nurse Leader for Anne Maree Court. I was born and raised in the Philippines, and I am happily married for 14 years. I have a Degree in Financial and Management Accounting before pursuing my life-long dream to be a Nurse. I completed BS in Nursing at Concordia College, Manila, Philippines. I worked for 4 ½ years in both public and private hospital as a Registered Nurse in the Medical and Surgical ward. I came to New Zealand in 2015, studied and finished a Diploma in Health and Rehabilitation at Toi Ohomai Institute of Technology, in Rotorua. I did my Competency Assessment Programme in July 2018 at Toi Ohomai Institute of Technology, in Tauranga where I gained my New Zealand Nursing registration. I started as a healthcare assistant at Anne Maree Court in July 2017, then became a Registered Nurse in October 2018 and Clinical Nurse Lead in March 2020. I am passionate and dedicated to my nursing profession, I fell in love with the aged care setting. I am always here to help.

Kind Regards Christina Navarro - CNL

RESIDENTS & STAFF ENJOYING MORNING TEA AT MILFORD MALL JUST BEFORE LOCKDOWN



# STAFF OF THE MONTH

MYINT MYINT

MANPREET

KAREN

TINA

FOR MARCH

FOR APRIL

FOR MAY

FOR ACTIVITIES



# Back Chat

Hello to all our Families, is it really mid winter all ready?

Well we have certainly had quite the year haven't we, I would like to thank everyone once again for your hard work and support throughout our whole COVID lockdown.

You have all been amazingly supportive of our need to lock down, and keep all but our essential staff from coming into the facility. (I know some aged care facilities have not had so much support from their families) through your support and our wonderful staffs hard work, we kept the facility and all your loved ones safe and free from Covid.

As was announced on the news, the MOH reviewed every aged care facility to check on their preparedness for a possible covid outbreak, we did amazingly well with our review, the DHB actually undertook the review and they took on board some of our ideas to pass on to other facilities. I think this is a great achievement for us, as a small care home we compete with the big villages and all their resources, but we still have some amazing ideas and initiatives that we can share with them.

Although we missed you all visiting, it wasn't all doom and gloom, thanks to our wonderful DT Tina and all of the staff supporting her we had some fun to chase away the covid blues, we had a bit of a competition with Anne Maree Gardens dancing and exercising being videoed and sending the video to each other. We even made up our own covid beating songs, complete with actions for a bit of exercise too. We had some fun Movie afternoons, Mama Mia was very popular, with a bit of singing from the residents that watched as they walked back up from the Devonport lounge, "Dancing Queen" will never be the same again.

During all this covid fun! We lost our Clinical lead Jo, she and her family have emigrated to the USA, she desperately did not want to leave us, but had to think about her whole family and so decided to move to California to support them, our loss is their gain. BUT I am sure you will all be as pleased as I am to welcome out very own Christina as our new Clinical lead, we already know how amazing she is, and she is growing into the role so well already, so please join me in welcoming her to her new role.

Once again I would like to thank you all for your support during this very unusual and trying time, I hope you will continue to support us until this virus is well and truly eliminated from our beautiful country.

Jo and all the amazing staff at AMC

## **IMPORTANT DATES COMING UP TO REMEMBER**

1, July	Wednesday	Entertainment Dance & Sing Along
27th—31st July	Mon-Fri	Self Esteem Week
3rd August	Monday	Resident's Meeting
19th August	Wednesday	Entertainment—Glenfield Entertainers
24th—28th Aug	Mon-Fri	Wearable Art Week
4th September	Friday	Afternoon Tea for the Fathers
6th September	Sunday	Fathers Day
7th—11th Sept	Mon-Fri	Sports & Games Week
21st—25th Sept	Mon-Fri	Cultural Week
25th September	Friday	Entertainment
2nd October	Friday	International Day of the Older Person, mark the day by wearing 'pink'
21st October	Wednesday	Entertainment
26th October	Monday	Labour Day
30th October	Friday	Wacky Friday
Every 2nd Monday is Hand Massage		
Every Tuesday is Physiotherapy, Hairdresser & Pet Therapy		
Every Wednesday is Therapeutic Massage		
Every Thursday & Friday is Bus Outings		