

A photograph of a female caregiver with dark curly hair, wearing blue scrubs and a name tag, walking outdoors with an elderly male resident. The caregiver is smiling and has her arm around the man's arm. The man is wearing a dark blue zip-up sweater and brown corduroy trousers, and is using a cane. They are walking on a paved path with trees and a fence in the background.

Bupa Northhaven Care Home

Quality care, starts here.

Welcome to Bupa Northhaven Care Home

Northhaven Care Home is located on the picturesque Whangaparāoa Peninsula, just 30 minutes from Auckland CBD. Our landscaped gardens are full of life and colour with beautiful, well-established standard roses framing the entrance way.

Our care home is warm, cosy and inviting. We have rooms that you can personalise with your belongings. We understand what it means to feel at home, and we'll do whatever we can to help you feel comfortable and special here at Bupa Northhaven Care Home. Family and friends are welcome to visit, with areas for you to relax and enjoy spending time together.

Bupa Northhaven Retirement Village is located on site, providing independent living options alongside a sense of community and proximity to loved ones.

Our features:

- 24 hour assistance
- Communal dining room
- Outdoor spaces to enjoy
- Landscaped gardens

Care available:

- Rest home
- Hospital
- Specialist dementia
- Short stay services





Your care

At Bupa Northhaven Care Home, we care about your individuality.

Our Person First approach means we take the time to get to know you, so we can tailor care to meet your needs.

We promise to give you the best possible care. We'll ask you about your favourite things and what you like to do. From there, we'll create a care plan to include your dietary needs, medication, and activities to make sure you can live the life that's right for you.

Our team will be happy to guide you through the process of moving into a care home. We'll put you at the centre and make sure you're looked after with respect and dignity.

Our people

At Bupa Northhaven Care Home, we choose all our team carefully to make sure that you get the care you need, from people who are kind and respectful.

Short stay

If you are caring for a family member or friend and feel that you need some respite, you can use Bupa's short stay services. Our short stay services can range from a few days to a few weeks. Admission is dependent on bed availability.

Life at Bupa Northhaven Care Home

There is always something happening at Bupa Northhaven Care Home, whether its games, outings to local attractions, or special events. It is your choice whether you would like to take part, we will always respect your wishes. It is up to you how you spend your day.

About Bupa

Bupa New Zealand is part of the global Bupa Group of companies, a leading international health and care organisation. Bupa New Zealand draws on the Bupa Group's wider international expertise and experience to help provide people with better health and care choices, support and advice.

Bupa already supports more than 5,000 residents throughout New Zealand, living in independent apartments and villas, or warm and welcoming care homes.

Our purpose is to help people live longer, healthier, happier lives and making a better world.

Globally, the Bupa Group invests back into improving the quality of our health and care services.

Live the life that's right for you

At Bupa, we don't just manage villages and care homes, we help you to live the life that's right for you. We know making the move into village or care home living can seem a little daunting, that's why we're here to assist you with advice and support through the journey. Being you with Bupa is easy when you're living in a friendly community of like-minded people, supported by a caring and approachable team.

With 35 retirement villages and 40 care homes across New Zealand, Bupa offers you the life that's right for you.

Welcome to Bupa, where you can be you.

Talk to us today on 09 558 7115.

We would love the opportunity to talk about how we can help. You're welcome to visit us and meet the team.

Bupa Northhaven Care Home

142 Whangaparāoa Road, Red Beach

bupa.co.nz/northhavencare

