

A caregiver in blue scrubs is walking with an elderly man in a garden. The caregiver is on the left, smiling and looking at the man. She has her arms around his waist. The man is on the right, wearing a dark blue sweater and brown corduroy pants, and is using a walking stick. They are walking on a paved path in a sunny garden with trees and a wooden bench in the background.

Bupa Crofton Downs Care Home

Quality care, starts here.

Welcome to Bupa Crofton Downs Care Home

Bupa Crofton Downs Care Home is a modern, welcoming care home overlooking Trelissick Park, with beautifully landscaped gardens for our residents to enjoy. With 49 beds across two floors, our care home offers rest home and hospital levels of care, with different room types for your comfort. All rooms include a private ensuite, and some feature a kitchenette. We also offer care suites*.

Our smoke-free care home is warm and welcoming. We have rooms you can personalise with your belongings. We understand what it means to feel at home and we'll do whatever we can to help you feel comfortable and special here at Bupa Crofton Downs Care Home. Family and friends are welcome to visit, with areas for you to relax and enjoy spending time together.

Bupa Crofton Downs Retirement Village is located on site, providing independent living options alongside a sense of community and proximity to loved ones.

Our features:

- Private ensembles
- 24 hour assistance
- Outdoor spaces to enjoy
- Communal dining room

Care available:

- Rest home
- Hospital



***Disclaimer:** Care suites are available under an Occupation Right Agreement.



Your care

At Bupa Crofton Downs Care Home, we care about your individuality.

Our Person First approach means we take the time to get to know you. We'll ask you about your favourite things and what you like to do. From there, we'll create a care plan to include your dietary needs, medication, and activities to support you to live the life that's right for you.

Our team will be happy to guide you through the process of moving into a care home

Life at Bupa Crofton Downs Care Home

There is always something happening at Bupa Crofton Downs Care Home, whether its outings, barbecue lunches or watching a film in our theatre. You can get involved in as much or as little as you like, it is up to you.

About Bupa

Bupa New Zealand is part of the leading Bupa Group, a global healthcare company.

Bupa already supports more than 5,000 residents throughout New Zealand, living in independent apartments and villas, or warm and welcoming care homes.

Our purpose is helping people live longer, healthier, happier lives and making a better world.

Globally, the Bupa Group invests back into improving the quality of our health and care services.

Live the life that's right for you

At Bupa, we don't just manage villages and care homes, we help you to live the life that's right for you. We know making the move into village or care home living can seem a little daunting, that's why we're here to assist you with advice and support through the journey.

Being you with Bupa is easy when you're living in a friendly community of like-minded people, supported by a caring and approachable team.

With 35 retirement villages and 40 care homes across New Zealand, Bupa offers you the life that's right for you.

Welcome to Bupa, where you can be you.



Talk to us today on 04 494 6474.

We would love the opportunity to talk about how we can help. You're welcome to visit us and meet the team.

Bupa Crofton Downs Care Home

122 Churchill Drive, Crofton Downs, Wellington

bupa.co.nz/croftondownscare

All efforts have been made to ensure accuracy of information at the time of publication (Apr 2026).