Bupa Parklands Care Home

Quality care, starts here.

Welcome to Bupa Parklands Care Home

Bupa Parklands Care Home is conveniently situated in central Christchurch, with easy access to all local amenities. Our tranquil gardens provide a peaceful environment where you can relax, enjoy the view, and have a chat with friends and loved ones.

Our care home is warm, cosy, and inviting. We have rooms that you can personalise with your belongings. We understand what it means to feel at home, and we'll do whatever we can to help you feel comfortable and special here at Bupa Parklands Care Home. Family and friends are welcome to visit, with areas for you to relax and enjoy spending time together.

Bupa Parklands Retirement Village is located on site, providing independent living options alongside a sense of community and proximity to loved ones.

Our features:

- 24 hour assistance
- Communal dining room
- Outdoor spaces to enjoy

Care available:

- Rest home
- Hospital
- Specialist dementia care

Your care

At Bupa Parklands Care Home, we care about your individuality.

Our Person First approach means we take the time to get to know you, We'll ask you about your favourite things and what you like to do. From there, we'll create a care plan to include your dietary needs, medication, and activities to support you to live the life that's right for you.

Our team will be happy to guide you through the process of moving into a care home.

Short stay

If you are caring for a family member or friend and feel that you need some respite, you can use Bupa's short stay services. Our short stay services can range from a few days to a few weeks. Admission is dependent on bed availability.

Life at Bupa Parklands Care Home

There is always something happening at Bupa Parklands Care Home, from housie and games, to exercise sessions, balloon volleyball, music and live performances from local singers and guitarists. You can take part in as little or as much as you wish, it is up to you.

About Bupa

Bupa New Zealand is part of the leading Bupa Group, a global healthcare company.

Bupa already supports more than 5,000 residents throughout New Zealand, living in independent apartments and villas, or warm and welcoming care homes.

Our purpose is helping people live longer, healthier, happier lives and making a better world.

Globally, the Bupa Group invests back into improving the quality of our health and care services.

Live the life that's right for you

At Bupa, we don't just manage villages and care homes, we help you to live the life that's right for you. We know making the move into village or care home living can seem a little daunting, that's why we're here to assist you with advice and support through the journey.

Being you with Bupa is easy when you're living in a friendly community of like-minded people, supported by a caring and approachable team.

With 36 retirement villages and 38 care homes across New Zealand, Bupa offers you the life that's right for you.

Welcome to Bupa, where you can be you.

Talk to us today on 03 930 1370.

We would love the opportunity to talk about how we can help. You're welcome to visit us and meet the team.

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429 Papanui Road, Strowan, Christchurch

bupa.co.nz/parklandscare

All efforts have been made to ensure accuracy of information at the time of publication (Oct 2026).