

A man wearing a black polo shirt, shorts, and a cap with sunglasses on top is sitting on a wooden bench in a lush garden. A small dog is sitting on the bench next to him. The background is filled with greenery and flowers.

**100%**  
COMMUNITY OWNED

Welcome to  
Resthaven  
retirement  
living and care

CAMBRIDGE  
**Resthaven**  
COMMUNITY TRUST



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Café, General Store, To & Fro, Home Visiting, Meals on Wheels and Te Puna Marama (Moon Spring)	

## Welcome

Welcome to Cambridge Resthaven, a vibrant retirement community in beautiful Cambridge.

We are a community charitable trust that has served the Cambridge community for over 50 years with flexible retirement living options and personalised care to enhance residents' lives. Our unique status as an independent local trust means we focus all our resources here in Cambridge for the benefit of residents and the wider Cambridge community.

Respect, care, and support for residents are at the heart of everything we do. In our friendly, family-oriented retirement village and care centres, experience the community atmosphere, comfortable lifestyle, and warm sense of belonging.

Our wide range of service, support, and care options offer greater choice and flexibility, and our caring team are here to help you enjoy the life you choose. We have villas and cottages, supported living apartments, and a comprehensive range of care options to meet your needs and budget. We also provide services for people living in the wider Cambridge community, including our To & Fro companion driving service, home visiting and meals on wheels.

**If you would like to find out more, please give us a call on 07 827 6097 or pop in to see us - we would love to show you around.**



## About us

Cambridge Resthaven is a 100% local community-owned charitable trust serving the community with flexible retirement living options and quality care.

It all began over 50 years ago with a vision by the community to build a rest home for the care of elderly people. Six community-minded groups - the Fencourt Country Women's Institute, Lions, Rotary, RSA, Federated Farmers and Cambridge Borough Council - came together for what was one of the biggest community fundraising projects the town had ever seen. They successfully raised the funds to build the Cambridge Resthaven rest home.

Today, we have a retirement village and two care centres that are home to over 200 residents. Cambridge Resthaven has a trust board made up of community leaders with considerable commercial and governance experience, and there is a highly experienced management team who manage the day-to-day operations.

### We care. We support. We respect.

Respect, care, and support for residents are at the heart of everything we do, and our team are here to help you live the life you choose.

As a community trust we are driven by the well-being of residents, rather than a corporate motivation. This means all our resources are focused on supporting residents and the wider Cambridge community, ensuring we provide a wide range of accommodation and care options to meet residents' needs and budgets.

Come and meet our team and see the range of options available. Our village in Vogel Street has 83 independent living villas or cottages, 33 supported living apartments, a care centre with 60 beds, the popular Coffee Post Café, General Store and village centre.

In 2020 we expanded to add a second care centre, Resthaven on Burns in Leamington, with 48 beds. Both care centres provide a range of care options including long-term rest home care, continuing (hospital) care, palliative care, secure memory care, short-term respite care (dependent on room availability), and convalescence.

We love connecting with the Cambridge community too. Our To & Fro companion driving service, home visiting and meals on wheels services are available to seniors in the Cambridge community.

### Our friendly terms and unique shared capital gain

Villas, cottages, and apartments are purchased on an Occupation Right Agreement (ORA) basis.

Our ORA terms provide significant benefits for residents including 50/50 shared capital gain if the value of the ORA has increased when you leave your villa, cottage, or apartment. There is priority access if you wish to transfer from a villa or cottage to a supported living apartment or care centre. There are **no** refurbishment costs when you leave, and the deferred management fee is 7.5% per annum for the first four years of the ORA, capped at 30%.



## OUR VISION

Helping the older members of our community to enjoy the lives that they choose by providing individualised support and care.



## OUR MISSION

Community owned and focused; Cambridge Resthaven offers personalised services to enhance the lives of the senior members of our community.



## OUR VALUES

Respect  
Excellence  
Support  
Trust  
Sustainability



## Village Living

### Experience the vibrant community atmosphere and exceptional lifestyle

Our retirement village has something quite special - the feel of a real neighbourhood. The village is beautifully laid out, with villas and cottages on both sides of Vogel Street, well-established village amenities and a care centre.

Stunning views of Maungatautari and Kakepuku mountains greet you as you walk through the village, and a short stroll takes you to beautiful Payne Park and the walking and cycling path that circles Cambridge. Soak up the beautiful nature right on your doorstep with a walk down the hill to our Te Puna Marama (Moon Spring) native bush area, a peaceful haven for flora and fauna.

### Enjoy being part of an established village

There are four areas in the village, each with a quite different appearance and feel from the others. There are 83 cottages and villas, in a choice of one, two or three bedrooms. They vary in size, design, and price, offering a wonderful range of options to choose from.

The village centre is a hive of activity with many amenities including a gym, pool, arts and craft room, hair salon, library, kitchen facility, and function rooms. Adding to the neighbourhood feel are The Coffee Post Café and General Store, right on your doorstep. And if shopping is your happy place, the Cambridge town centre is brimming with shops, eateries, and a cinema, and is only a short walk, cycle or drive away.

As well as your social life outside of the village, there are opportunities to enjoy the company of others in the village at social gatherings, clubs, groups, exercise classes, outings, shopping trips, and events.

### This is your home

This is your home, and you bring your own furniture, pets (within reason) and transport. Most villas and cottages are purchased on an Occupation Right Agreement (ORA) basis, with a small number offered as rentals.

We take care of the building maintenance and these associated services that are all part of village life - the rates (general, pan and water rates), insurance (building only), security, lawns, rubbish, décor, drapes, St John emergency call 24 hours/day, access to the weekly nurse clinic, and weekly transport to town.

There is a weekly service fee, which is fixed while you occupy your villa or cottage, and there are additional user pays services available. If you find that you or your partner needs more care, there is the option for one of you to live in the care centre and the other in your villa or cottage.

### A great formula

Living independently in a supportive and caring retirement village is a great formula. Proximity to neighbours, regular visits from the Village Coordinator, social events, and nurse clinics mean unopened curtains or uncollected post are spotted quickly, as everyone looks out for each other.

### Our friendly ORA terms

Our Occupation Right Agreement (ORA) terms provide significant benefits for residents including 50/50 shared capital gain if the value of the ORA has increased when you leave your villa or cottage, and a fixed weekly service fee that will not increase while you occupy your villa or cottage. There is priority access if you wish to transfer from your villa or cottage to a supported living apartment or care centre. There are no refurbishment costs when you leave and the deferred management fee is 7.5% per annum for the first four years of the ORA, capped at 30%.



# Apartment Living

## Stunning apartments in the heart of the village

Apartments on Vogel are modern, beautifully designed apartments with all the comfort and convenience of supported living. There are 33 studio units, one- and two-bedroom apartments situated in the heart of the retirement village with a further 21 new two-bedroom apartments coming online in 2027.

## Retirement living, your way

People are the experts in their own life - they know what they want, and what they don't want. So, when it comes to retirement, what makes one person happy can vary greatly from others.

Apartments on Vogel offer an innovative flexible approach to retirement living - you live the lifestyle you choose in comfort and privacy, just as you have in your previous homes. Our range of flexible service, support, and care options offer greater choice, independence, and the freedom to live life

in the way you choose. The apartments are specially designed, so if you or your partner need extra care, you can both continue to live in your apartment, and our team will provide the support you need.

## Lifestyle assistants – a unique new approach

Our newly created team of lifestyle assistants provide a unique approach to apartment living. It is this team who make the difference through their daily interactions and connections with apartment residents. They are not traditional rest home carers; instead, their role is a unique blend of hospitality, companionship, and assistance. Their approach is holistic and person-centric, inspiring health and well-being for residents and our team. Together they form relationships that build friendships, focus on eliminating boredom and loneliness, and create a deep sense of community. Quite simply, they are here to support you in your apartment lifestyle.

## Sense of belonging

There is a sense of belonging that comes from being part of an established, friendly retirement village. The studio units, one- and two-bedroom apartments are situated in the centre of the village next to beautiful Payne Park. The Coffee Post Café and General Store are right on your doorstep, and just a short stroll takes you to the village centre with a gym, pool, arts and craft room, hair salon, library, kitchen facility, and function rooms. If you enjoy company there are social gatherings, clubs, groups, exercise classes, outings, and events.

Want to head into town? Join the village's regular shopping trips or use one of the electric vehicles that are available for residents to drive. Our friendly To & Fro companion drivers are also on hand, offering a pay-per-trip driving service for appointments, clubs, shopping or special trips.

## Comfortable, easy living

Residents choose the level of support that is right for them. There are a variety of support packages each offering different levels of support with meals, home help, and personal care.

Rest home level care is also available in the apartments following appropriate needs assessments by Disability Support Link.

## Our friendly ORA terms

Our Occupation Right Agreement (ORA) terms provide significant benefits for residents including 50/50 shared capital gain if the value of the ORA has increased when you leave your apartment. There are no refurbishment costs when you leave, and the deferred management fee is 7.5% per annum for the first four years of the ORA, capped at 30%. There is a weekly support package fee which is reviewed annually.



# Rest Home and Continuing (Hospital) Care

## Vision of care

It began with the vision of dedicated community-minded Cambridge people over fifty years ago who built the Cambridge Resthaven rest home for the care of Cambridge elderly. Today our team continue this vision of care, as we serve our community and provide quality, affordable, and accessible care.

*“Thank you for taking care of mum over the last 12 months. I’m impressed with your caring and patient approach to whatever comes your way.”*

Resident’s family

## Care and dignity

The ladies and gentlemen who have chosen Cambridge Resthaven to be their home are supported with care and dignity in the privacy of their own rooms. The atmosphere is relaxed and residents’ choice of how they want to pace their lives is respected and incorporated as much as possible.

Our team encourage and support residents to remain as independent as they can. We take care of all meals, laundry, and cleaning, but if residents would like to cook or bake, wash their own clothes, or do their own cleaning, our team support them to do as much for themselves as possible. Our activities team, led by a qualified Registered Diversional Therapist, offer a programme of activities, hobbies, and trips for residents.

There are now two care centres in the Resthaven family - Resthaven on Vogel and Resthaven on Burns. Both care centres provide long-term rest home care, continuing (hospital) care, palliative care, secure memory care, short-term respite care (dependent on room availability), and convalescence.

## Resthaven on Vogel

Resthaven on Vogel has 50 ‘beds’ available for rest home and continuing care, and 10 for memory care. All are single rooms, with two of the rooms large enough to accommodate a married couple or two people who like to share. Most rooms have a view of a courtyard or of beautiful Payne Park. There are premium daily room charges on some rooms. We also have some care rooms available under an Occupation Right Agreement (ORA) basis. Note: The care room ORA does not have shared capital gain.

## Resthaven on Burns

Resthaven on Burns has 33 ‘beds’ available for rest home and continuing care, 15 ‘beds’ for memory care and has the family atmosphere of a small centre. It is set in landscaped gardens close to the Leamington shopping centre and parks, with rooms that are large, light, and bright. There are no premium room charges.

**At both facilities,** the rooms have an electric bed, and residents add their own personal touch with favourite furniture, pictures, and ornaments. There are large indoor communal spaces, peaceful outdoor areas, and smaller areas where families can spend time with their loved one. Meals are leisurely and, if practical, residents may make their own tea, toast, and help with dishes if they like.

## Personalised support and care

Each resident has their own “key worker” – a Registered Nurse who is the cornerstone of the personalised support and care for that resident. The key worker gets to know the resident and their family, looks holistically at the resident’s clinical needs, and coordinates care and services in a manner that is most beneficial for the resident. Forming these relationships builds a deep sense of community among residents and their families, our team, and the doctors. Assessment for the different levels of care is provided by Disability Support Link.



## Memory Care

### 'Tui' and 'Home'

'Tui' and 'Home' are our two specialised memory care units, where our caring team provide personalised support and care for able-bodied ladies and gentlemen with 'gentle' dementia and memory loss. Tui is at Resthaven on Vogel and caters for 10 residents. Home is at Resthaven on Burns and caters for 15 residents. Both have extensive indoor communal spaces and sheltered outdoor areas, all in a secure setting.

### Memory and cognitive well-being

Having an environment that supports memory and cognitive well-being is essential for residents with memory concerns. Our team have specialised training and are here 24 hours a day to help residents feel safe, comfortable, and reassured. Our care and support are based on a variety of philosophies of care including Eden, Namaste Care™, V.I.P.S, normal life, and the latest practices in dementia-specific care and clinical support.

### We are here to help

People with memory loss live according to what they see around them and do their best to make sense of it despite having little or no memory. Our team respect residents' decision making and accept their world. The team help residents handle situations and confusion that arise with the change of brain health, and provide appropriate activities and stimulation to help create a more successful experience.

For families of relatives with memory loss, moving into care can be distressing and difficult when it is realised the physical, mental, and emotional strain on primary caregivers and families is too much. We are here to help you and your loved one every step of the way. Entry is through assessment by Disability Support Link.

Dementia is a term used to describe acquired symptoms that result from a number of illnesses that affect the brain. For more information see [www.dementia.nz](http://www.dementia.nz)

## Frequently Asked Questions

### Village Questions

#### Can I bring my pet with me?

Pets are marvellous company, and you are welcome to bring your pet (within reason). Have a chat first with our Village Manager who will confirm whether our village is right for your pet.

#### What happens if I need to transfer to the care centre?

Cambridge Resthaven residents have priority access to care if the need arises. And if you have a partner living in our village you both have peace of mind knowing you can spend quality time together.

#### What if I need extra help?

We have additional services available on a user pay basis if you would like a helping hand. Talk with our Village Manager to see how we can help.

#### How does 50/50 shared capital gain work?

We know how important it is for people to protect the investment in their home. The 50/50 share of capital gain in partnership with our residents enables them or their family or estate to benefit from an increase in value.

The shared capital gain benefit applies to our cottages, villas, and supported living apartments occupied under an Occupation Right Agreement (ORA). If the value of the ORA agreement fee has increased when you leave your cottage, villa, or apartment, the capital gain is shared equally (50/50) between Cambridge Resthaven and you.

Cambridge Resthaven's share of the capital gain goes into supporting residents and ensuring we are providing the right facilities for seniors now and into the future.

### Care Centre Questions

#### What are the charges?

You pay daily care fees plus fees for any extra services you choose:

- The care fees 'amount' is set by Health New Zealand. If you qualify for the Residential Care Subsidy, Health New Zealand is responsible for paying this care fee (all or partial).
- You are responsible for paying for any extra services you choose. These include a premium daily room charge, personal phone line, internet, Sky TV, newspaper delivery, podiatrist and hair appointments.

#### Am I eligible for a subsidy?

If you wish to check your eligibility for a Residential Care Subsidy, you may apply for a financial means assessment by Work and Income New Zealand (WINZ). The assessment includes an asset test and income test and will determine whether you qualify for the subsidy.

#### I'm not used to a strict routine. Do I have to keep to a set schedule?

The atmosphere is relaxed here, and we respect your choice of how you want to pace your life. We get to know you and your family and find out what you like to do so we can help with care and services that work for you in your time.

#### Who do I talk to if I'm concerned about something?

This is your home, and we are your extended family. If you are worried about something, we are here to help and can answer any questions you have.



# Community Connections

## The Coffee Post Café

Enjoy the great coffee, tasty food, and warm community atmosphere at The Coffee Post café on the ground floor of the Apartments on Vogel Hanlin Building. Whether savouring a smooth latte, catching up with family or friends for lunch, or wanting to impress guests with our scrumptious catering boxes, The Coffee Post has you covered!

And the best part? All profits from The Coffee Post go directly to supporting our retirement village and care centres. So not only will you be enjoying delicious coffees and food, you'll also be contributing to a great community cause.

## General Store

The General Store is a popular addition to our village community. It's the ultimate in convenience to be able to pop to the shop for grocery essentials knowing it's just a short stroll from anywhere in the village. The General Store is next to The Coffee Post café, adding to the village atmosphere and making daily life enjoyable and easier for residents. You will find well-stocked shelves with fresh fruit and vegetables, milk, eggs, grocery essentials, and a selection of ice creams and snacks.

## Home Visiting and Meals on Wheels

Cambridge Resthaven and Age Concern Hamilton together provide a visiting service especially for older people living in Cambridge. If you would like to be part of our home visiting programme, we will match you up with one of our friendly, volunteer visitors who will come for regular visits. Meals on Wheels are available on a case-by-case basis.

## To & Fro Companion Driving Service

Experience our friendly, reliable door-to-door companion driving service and relax knowing we will assist you with your individual needs on every trip. Whether it's day-to-day shopping trips or appointments, special outings, or a shuttle to the airport, our drivers ensure a safe and enjoyable journey every time.

To & Fro provides transportation for all ages, and we have a wheelchair accessible vehicle for individuals with varying mobility needs. We are proud to be a registered Total Mobility Scheme driving service, providing discounted rates for Total Mobility cardholders.

Contact our friendly To & Fro team for a quote on 07 839 4222.

At To & Fro we have a commitment to a greener, cleaner, more efficient fleet of vehicles, and all our vehicles are electric.

## Te Puna Marama (Moon Spring)

Unwind in nature right on your doorstep with a walk through our Te Puna Marama (Moon Spring) native bush area, a peaceful haven for flora and fauna. This hillside gem on the river side of our Vogel Street village is a major restoration project by the Cambridge Resthaven Trust Board with the assistance of many community groups, individuals, and businesses. What was once a heavily overgrown hillside has been transformed with beautiful native flora and walking tracks that lead to the spring and creek.



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**Retirement Village, Apartments on Vogel and Resthaven on Vogel Care Centre:** 6 Vogel Street, Cambridge

**Resthaven on Burns Care Centre:** 170 Burns Street, Cambridge

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