



Eastgrove
LIFECARE

**More than just
your home**

A thriving aged care and
retirement community
along the Whanganui River.



Welcome to Eastgrove.

At Eastgrove Lifecare you'll find a vibrant, close-knit community of older adults enjoying the best of retirement living. Set among expansive, beautifully maintained gardens with mature trees and seasonal cherry blossoms, Eastgrove offers a peaceful retreat just moments from the Whanganui River and a short stroll from the popular Kowhai Park. The Whanganui town centre is just a five-minute drive, with its tempting mix of cafés, restaurants and boutique shops.

Eastgrove provides a full continuum of aged-care services — from independent living homes to rest home and hospital care — all delivered with warmth and respect. As a trusted local provider, we take pride in offering high-quality care that feels genuine and personal, supported by a team who genuinely know the community and its people.

Eastgrove's leadership and management teams have extensive experience in operating aged care homes and retirement villages, and we are committed to supporting the Whanganui community. Our goal is simple — to help every resident enjoy a fulfilling life with the right balance of independence, connection and comfort.

We know that moving from your home is a big step, and we are here to make the transition smooth and reassuring. At Eastgrove, you'll find security, companionship and professional care — all within a welcoming environment that truly feels like home.

Live life on your terms at Eastgrove.

A strong and supportive community.

Eastgrove is a lively riverside community where connection and belonging come naturally. Feeling part of something bigger is vital to living a fulfilling life — and at Eastgrove, you'll be surrounded by friendly faces and a welcoming atmosphere from the moment you arrive. Set amongst mature gardens and beautiful spaces designed for friendship and social connection, Eastgrove offers the perfect setting for a relaxed and rewarding retirement.

Our well-established community is home to people who share a love of life and a passion for staying active and engaged. Join a flourishing mix of booklovers, gardeners, sports enthusiasts, artists and crafters. With a thriving social calendar, scenic riverside walks, and a wide range of activities both within Eastgrove and nearby, there's always something to enjoy -- and someone to share it with.

What makes Eastgrove truly special are the strong and supportive bonds between residents and staff. We foster meaningful connections, creating a warm environment where you can feel at home while staying close to family and friends. Loved ones are always welcome to join in with community activities and events.

At Eastgrove, people come first. Your wellbeing matters, and our team takes the time to understand your interests, support your independence and offer a helping hand when needed. Whether you prefer a quiet afternoon under the cherry blossoms, exploring our gardens, or spending time with friends at a group activity, Eastgrove offers something for everyone.

COMMUNITY CARE YOU CAN TRUST

Eastgrove has built a reputation for providing the highest standard of care in a positive and supportive environment. Our trusted team works closely with you to develop a personalised care plan that nurtures both physical and emotional wellbeing — helping you get the most out of every day and to spend more time doing the things you love.

Our qualified nurses and caregivers provide 24-hour support, working alongside visiting health professionals including general practitioners, physiotherapists and podiatrists to ensure every aspect of your care is managed with expertise and attention. With decades of combined experience, our responsive team delivers quality aged care with genuine compassion and professionalism.

At Eastgrove, you can relax knowing your wellbeing is in good hands. Our staff go above and beyond to create a calm, friendly atmosphere where you'll feel comfortable and truly cared for.

SUPPORTING YOU AT EVERY STAGE

At Eastgrove, everything has been thoughtfully designed to ensure residents enjoy a fulfilling and rewarding lifestyle. We offer a full spectrum of senior living options — from independent living to rest home and hospital care — giving you confidence that your needs will always be met as life evolves.

As your care requirements change, Eastgrove changes with you. Our continuum of care means transitions between levels of support are smooth and reassuring, with clear communication and personalised planning every step of the way. You can remain in the community you know and love, surrounded by familiar faces and supportive staff who truly understand you.

Daily life at Eastgrove is centred on comfort, connection and wellbeing. Services such as dining, housekeeping, laundry and maintenance are all taken care of, so you can focus on the things that matter most. Our experienced culinary team prepares nutritious, delicious meals tailored to your tastes and dietary needs — because we believe quality of food and quality of life go hand in hand.

Whether you're enjoying a stroll along the Whanganui River, relaxing in our gardens, or sharing a meal with friends, Eastgrove makes it easy to live well every day.



The Eastgrove difference.

Choosing Eastgrove means more than finding a place to live — it's discovering a community where people, care and lifestyle come together seamlessly. From our peaceful river valley setting to our personalised approach to care, here's what makes Eastgrove truly stand out.



WE'RE LOCAL

Eastgrove is proud to serve Whanganui and its surrounding areas, with a genuine focus on local people and personal care — we are not a large national chain, but a community-minded provider that puts residents first.



A PLACE TO BELONG

It's the people who make Eastgrove what it is — a close-knit, friendly community where residents, families and staff support one another and enjoy an active, social lifestyle.



EXPERIENCED, GENUINE CARE

Our dedicated care and management teams provide exceptional, individual-centred care, with the utmost respect and attention to detail.



YOUR HOME, FOR LIFE

Enjoy a peaceful, welcoming environment surrounded by mature gardens and cherry blossoms. If your care needs change, you'll have priority access to rest home and hospital-level care, allowing you to stay in the community you know and love.



CARE THAT EVOLVES WITH YOU

Eastgrove offers a full continuum of care, from independent living to rest home and hospital support. Our professional team provides 24/7 compassionate care tailored to your individual needs, with smooth transitions as those needs evolve.



AFFORDABLE, HONEST VALUE

We believe high-quality aged care should be accessible. Eastgrove offers genuine value and transparency — with no hidden costs or unnecessary extras.





Your home. Your choice.

Choosing a new home is a deeply personal decision. At Eastgrove, we offer options designed to suit your lifestyle and preferences. Set among tranquil gardens and leafy streets our homes combine comfort, style and thoughtful design. Each residence is purpose built with practical features, modern finishes and functional layouts to support everyday living, allowing you to enjoy life on your terms.

Whether you're seeking independent living among like-minded neighbours, or a higher level of care and support, Eastgrove has a home to match your needs. We take the time to understand your preferences and help guide you to the best choice for your next chapter.

REST HOME & HOSPITAL CARE.

When full-time care becomes necessary, our rest home and hospital services are delivered in a way that honours you and your needs. Eastgrove Rest Home & Hospital offers a homelike environment that blends quality of life with professional clinical care. Every aspect of your daily routine is supported, ensuring you feel secure and valued.



INDEPENDENT LIVING.

Eastgrove Village offers a delightful range of independent living homes, perfect for those over 70 seeking a peaceful, secure and maintenance-free lifestyle. Our charming cottages provide flexibility for you to personalise your décor and make the space truly your own. A variety of optional services provide added peace of mind and can be adjusted as your needs change.



Eastgrove Rest Home & Hospital.

A FRIENDLY, FAMILY-FOCUSED ENVIRONMENT

📍 1 Masonic Drive, Whanganui

📞 06 343 9091

🏠 Rest home & hospital-level care
Respite care

Located in a peaceful river valley, Eastgrove Rest Home & Hospital is a wonderful place to call home. Situated on Masonic Drive, we are within easy reach of the town centre and surrounding shops. Flat, accessible walking paths allow residents to maintain their independence while staying connected with the local community. Residents' rooms overlook expansive, well-maintained gardens which are perfect for relaxation.

Our friendly, down-to-earth staff make everyone feel instantly welcome; while our homely environment provides security, comfort and attentive care. Residents enjoy a vibrant social life and a friendly community. Contact us to arrange a visit today!

REST HOME AND HOSPITAL-STYLE ROOMS

Eastgrove is committed to providing the very best in aged care in Whanganui. Our purpose-built facility features 56 rest home and hospital rooms. We provide a choice of standard and premium rooms to suit different needs and preferences. Premium rooms offer extra space and enhanced features, with some including ceiling hoists and private ensuites for added support. Residents can personalise their rooms to create a space that truly feels like home while enjoying modern, comfortable surroundings designed for safety and wellbeing.

BESPOKE PERSONAL CARE

At Eastgrove, we believe care should be as individual as the people we support. Our experienced nurses and caregivers provide 24-hour assistance with daily activities such as dressing, showering, meals, medications and other essentials. We work closely with residents and their families to create personalised care plans that maintain dignity, independence and quality of life.

NUTRITIOUS MEALS AND ENGAGING ACTIVITIES

Mealtimes are an important part of the day. Residents enjoy home-cooked meals prepared with fresh, local produce, tailored to dietary preferences and requirements. Beyond care, Eastgrove offers a wide range of recreational and social activities. From board games and happy hours to arts, crafts, and entertainment, there's always something to inspire connection and enjoyment. Quiet spaces, libraries and spiritual support are also available for those who prefer a more reflective pace.



Facilities & Services

56 beds

Desirable riverside location

Ensuite options available

24-hour professional care

Modern call bell system

Comprehensive activity program

Library

On site hairdresser

Pastoral and spiritual care

WiFi





Eastgrove Village.

THE PERFECT HOME TO SUIT YOUR NEEDS

 1 Masonic Drive, Whanganui  06 343 9091  Independent living – modern units

Discover the warmth and vibrancy of Eastgrove Village – a welcoming community treasured by retirees seeking a peaceful, relaxed lifestyle. Ideally located, the village is within easy walking distance of churches, parks, local schools and the Whanganui East Bowling Club, making it simple to maintain your independence and to stay connected with loved ones. The village is nestled in beautifully landscaped gardens and lush grounds, offering a tranquil setting to enjoy every day.

CHARMING HOMES, FLEXIBLE OPTIONS

Eastgrove offers delightful independent living units designed for those who value their autonomy. Our adaptable options cater to your current needs and can easily adjust if your circumstances change.

The village features 19 modern, low-maintenance homes to which you can add your personal style to make your home truly yours. Enjoy a friendly neighbourhood of like-minded residents – without the hassles of lawn mowing, maintenance or repairs – which are all taken care of.

When the time comes for a higher level of daily care, residents benefit from priority access to Eastgrove's rest home and hospital facilities, ensuring support is always available when needed.

A FULL AND RICH ACTIVITY PROGRAM

Whether you enjoy staying active or prefer a more relaxed pace, you can take part as much or as little as you like. Eastgrove offers a diverse range of activities. Family and friends are always welcome to join, making it easy to share meaningful experiences. Quiet spaces and peaceful gardens are available for those who prefer reflection or downtime.

DINING ON YOUR TERMS

Savour fresh, home-cooked meals prepared with high-quality, seasonal ingredients. Offered as an optional add-on service, these meals let you enjoy delicious, nutritious dining while maintaining your independence.



Facilities & Services

Central riverside location

Modern and spacious rooms

Continuum of care

19 independent living units

Engaging activity calendar

Library

On site hairdresser

Pastoral and spiritual care



Making a difference in people's lives.



We believe that choosing our community—whether for retirement village living or rest home care—will be one of the most positive decisions you'll make. Our dedicated and friendly staff are passionate about providing the highest quality personal care and support, ensuring each resident feels welcome, valued and respected.

Staff take the time to have a conversation and form close bonds with our residents. They are continually on the lookout for new ways to make life as interesting and enjoyable as possible.

We care like family



No doubt you've got questions.

WHY DO PEOPLE LOVE LIVING AT EASTGROVE?

We have gained a reputation as a friendly and inclusive community. Our homes are lovely and warm, and close to the local shops and cafés of Whanganui. Residents enjoy the broad range of activities on offer and the opportunity to make new friends.

WHAT LEVELS OF CARE DO YOU OFFER?

We offer a continuum of care including independent living, rest home and hospital care. Comprehensive care options are available as your circumstances change.

WHAT OTHER SERVICES ARE AVAILABLE?

For our rest home and hospital residents, a range of additional services is available to support comfort and wellbeing. These include podiatrist care and physiotherapy to assist with movement and function, hairdressing, on-site laundry and televisions in resident lounges.

WHAT IF I NEED ASSISTANCE?

Caregivers are on duty 24 hours a day in the rest home and hospital, with local medical practitioners on call for any needs outside of hours. All rest home rooms feature strategically placed call bell systems monitored around the clock to ensure residents can access assistance whenever required.

WHAT IF I REQUIRE MEDICAL CARE?

Rest home and hospital residents have access to experienced medical practitioners who visit for routine check-ups and ongoing care. Every six months, we meet with you and your family to review your care, discuss any concerns, and plan strategies to support your health and wellbeing.

CAN MY FAMILY AND FRIENDS VISIT ME IN MY HOME?

Yes, you can have family and friends over to visit any time. There are car parks available for visitors within the facility.

CAN I MOVE INTO THE CARE FACILITIES OF THE VILLAGE LATER ON?

Yes. As part of our community, you will have priority access to the care facilities offered by Eastgrove. For couples this is especially comforting, knowing that you can remain living within close proximity if your personal needs change.



Make yourself at home

(06) 343 9091

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