

Message from our Activities Coordinators

Cairfield House began the year on a joyful and lively note, with residents enjoying a variety of celebrations and outings over the past few months.

In January, we marked **Robbie Burns Day** with a traditional Scottish celebration. Residents bravely sampled haggis, while Anne delivered the famous Address to the Haggis. The occasion was made even more special with the sound of bagpipes filling the room, adding a wonderful Scottish atmosphere to the day.

February brought an opportunity to reflect and celebrate **Waitangi Day**, where we acknowledged the significance of the occasion and its importance in New Zealand's history.

March was filled with green as we celebrated **St Patrick's Day**. Residents enjoyed festive treats such as green muffins and green soda. Val and Monica entertained everyone with lively Irish songs, including the much-loved "*Rattlin' Bog*," which quickly became a crowd favourite.

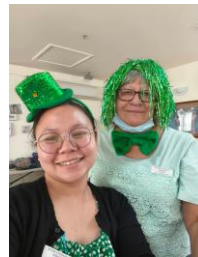
We also made the most of the pleasant weather by organising several enjoyable outings. Residents visited the beach for fresh sea air, ice blocks, and chips — a simple pleasure that everyone appreciated. Our gentlemen had a wonderful outing to the Northland Club where they enjoyed games of pool and darts, while the ladies enjoyed a fascinating visit to the Waipu Museum.

It has been a wonderful start to the year at Cairfield House, filled with laughter, music, friendship, and memorable moments for our residents.



Denize Embalsado Raewyn Mack
Activities Coordinators

PHOTOS FROM SOME OF OUR ACTIVITIES



Saint Paddy's Day



Ice Creams at the beach



Guys trip to the club

Message from our Facility Manager

Greetings families/ whanau, visitors, friends, staff and residents

I hope the year 2026 has been good to you so far. Unfortunately, we had Covid revisit us earlier in the year, but we kept it controlled and while it can be frustrating when we close our doors to general visitors apart from our residents EPOA or NOK; we do this for as little time as possible to eliminate the spread throughout the house. We appreciate your understanding and empathy during these times.

I must share that I was a proud manager when I saw 53 staff in attendance at a recent in-house training. What a fantastic effort! Many came in from home on their day off.

Here at Cairfield we continue to provide a lot of foundational to advanced training on the different parts of the health care Sector every year. Many of which are compulsory for our staff to attend so they can improve our residents experience while they are entrusted into our care.

We all follow our motto tirelessly. **"WHERE QUALITY AND LOVING CARE IS ASSURED"**



Lesley Middleton – Facility Manager

Message from our Clinical Manager

Hopefully you are all enjoying the last of the summer heat as autumn give us warm lovely days with a golden sun and a cooler breeze. Hats and sunblock are still needed when you go outside.

We have recently had Covid revisit us but to date only 2 residents have been affected. I am proud of my staff with their stringent infection control measures. Staff have been wearing masks for the past week, and I can envisage this stopping soon.

Our enrolled nurse Robyn and auditor Saffron have recently collated and gathered consents for the influenza vaccine for both staff and residents – The injection day went without a hitch with the lovely nurses from Maungatapere Medical Centre.

Vaccination is always a voluntary process, but we encourage all staff and residents to be vaccinated.

Our two new activities ladies have been very busy with executing their weekly/monthly plans full of fun for our residents including a trip to the Waipu Museum. Please visit our face book page to view our shenanigans and fun.



Belinda Haskell – Clinical Manager



Remember to like us on Facebook to see what we get up to!

<https://www.facebook.com/Cairfieldhouse/>

Residents Clothing - Please can you ensure your family member/whanau/friend that is staying with us has their personal clothing items named – this way we can ensure residents receive the correct items once they have been cleaned.

Changes & Improvements at Cairnfield House

- We have a new roof on the older part of the building.
- We now use recyclable gloves and so far, this year have saved 531 kilos from going to landfill. These are made into bricks. Our endeavour in taking crucial steps toward long term sustainability of our planet.

CAIRNFIELD HOUSE REST HOME AND HOSPITAL



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