RESPITE CARE AVAILABLE

Respite Care is a temporary arrangement to ensure you continue to receive the daily care you need, in situations where your usual support is unavailable.

If you need help from a carer every day, there may be times when you need to have a short stay in an aged care home. This is called ‘residential respite care’, and may be on a planned or emergency basis. Respite care provides accommodation to support you for a short period of time. You may use this type of service if your carer will be away, or is unwell or unable to provide care for any other reason. Once your carer is back, you will return home.

It is calculated daily and paid to a maximum of 28 days per annum.

ASSESSMENT PROCESS

Before accessing any government funded aged care services, you must have a NASC assessment completed.

The assessment is normally organised through your doctor, another health professional or directly through NASC at Older Persons Health. The assessor visits you at home or hospital to discuss the assessment with you and your family.

An aged care assessment:

- confirms your eligibility for entry into aged residential care
- determines your care needs and what types of care and services you may be eligible for.

Visiting Hours

Visiting hours are flexible.

Reception hours are 8:30am – 5:00pm.

Contact Us

Get in touch to find out more about the House or book a tour.

Nazareth House Christchurch
220 Brougham Street
Christchurch New Zealand 8023

PO Box 7024
Christchurch New Zealand 8040

64 3 374 1900
admin.christchurch@nazarethcare.com
Nazareth House Christchurch provides residential care and services to older people; including spiritual, pastoral and emotional support for residents and their families, offered by the Sisters of Nazareth.

Daily Mass and other services are celebrated in the Chapel.

Residents of the Nazareth community have ready access to qualified staff who provide support and care tailored to meet individual needs.

### OUR SERVICES

Nazareth House provides services tailored to meet the individual needs of residents.

**Services include:**

<table>
<thead>
<tr>
<th>Service</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Nursing Care</strong></td>
<td>A Registered Nurse is on site 24 hours a day.</td>
</tr>
<tr>
<td><strong>Pastoral Care</strong></td>
<td>The Sisters of Nazareth live on site and offer pastoral care, which has high priority at Nazareth House Christchurch.</td>
</tr>
<tr>
<td><strong>Physiotherapy</strong></td>
<td>All residents are assessed for their mobility and functional capacity and supported to maintain their independence. Services are available on-site.</td>
</tr>
<tr>
<td><strong>Shop</strong></td>
<td>The Sisters operate an on-site shop four times a week and will be flexible when required, stocking a small range of gifts, toiletries, and treats such as ice cream, lollies and drinks.</td>
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<tr>
<td><strong>Hairdresser</strong></td>
<td>An on-site hairdressing salon is available Wednesdays and Thursdays.</td>
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<tr>
<td><strong>Laundry</strong></td>
<td>A full laundry service operates on-site.</td>
</tr>
<tr>
<td><strong>Meals</strong></td>
<td>All meals are prepared fresh on-site each day. Residents’ dietary needs and preferences are catered for to ensure optimal nutrition and health promotion. Our menu is regularly reviewed by a dietician.</td>
</tr>
<tr>
<td><strong>Library</strong></td>
<td>A visiting library service is available including large print and talking books.</td>
</tr>
<tr>
<td><strong>Activity Programs</strong></td>
<td>All residents have individualised social, spiritual and cultural Care Plans.</td>
</tr>
<tr>
<td><strong>Community Social Areas</strong></td>
<td>Nazareth House has a number of communal social areas including a Whanau room, lounges, television rooms and outdoor areas.</td>
</tr>
<tr>
<td><strong>Complementary Therapies</strong></td>
<td>A range of complementary therapies are provided through the Wellbeing and Lifestyle Program.</td>
</tr>
<tr>
<td><strong>Bereavement Support</strong></td>
<td>Dealing with the loss of a loved one is always a very difficult time. The Sisters of Nazareth provide sensitive support and assistance to residents, families and residents’ representatives.</td>
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<td><strong>Podiatry</strong></td>
<td>6 weekly services are offered.</td>
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</table>

**Chapel**

Nazareth House Christchurch has a beautiful on-site Chapel for residents, families and visitors.

**Library**

A visiting library service is available including large print and talking books.

**Activity Programs**

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**Community Social Areas**

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