



The attitude of living well.



**Aria Gardens**

ARVIDA CARE & WELLBEING

Welcome to Aria Gardens, an Arvida Care and Wellbeing Village with full Rest Home, Hospital, and Dementia Care.

We challenge ourselves to make our residents' lives better with everything we do.

## Every individual plays a part at Aria Gardens

Aria Gardens is set within a one hectare site in the heart of Albany on Auckland's North Shore. It is a home where the personalised care of every individual is a priority to us and we strive to enhance the quality of life for every resident.

In our homely and supportive environment we offer three levels of care: Rest Home, Dementia and Hospital. This means we're able to look after both your short term and long term needs, all in one location. Residents develop lasting relationships and can relax, knowing they're able to remain in their familiar home environment should their needs change.

## At Aria Gardens we love our jobs and what we do

We work together to provide a welcoming and a restful place to live.

We love our work, and we naturally form strong bonds with our residents. Our professional skills and experience enable us to contribute to the daily lives of everyone in our care in a very positive, supportive and personal way.

We're sure that you'll feel at home here at Aria Gardens.

## Be a part of a community that values you

We take care and time to listen to what is important to you. We're dedicated to supporting you and helping you to enjoy your life.

## Continue to enjoy doing the things you love to do

We encourage participation and engagement within our community and we do all we can to help you remain active and happy.

Whether you love pursuing your own hobbies, simply reading a book or watching television, we will support you to continue your routines.

We also provide activities which help to establish friendly relationships within the community. Aria Gardens has a dedicated team of people who organise activities and entertainment each week such as concerts, word games, quizzes, bingo and outings.

We work with many volunteer and community groups who link us with the local community. We enjoy performances from professional musicians, singers and other performers who visit us regularly.

Several times a week our village van is busy driving residents around the North Shore Bays and further afield, often stopping so that you can enjoy morning teas, picnics, ice creams, shopping and sightseeing.

Our social calendar is very popular and family and friends from outside Aria Gardens are always welcome to join us.





## We're well known for our personal care

Aria Gardens is well known in the wider North Shore community for providing exceptional support across all levels of aged care.

We're able to look after your current needs, and can also provide more care and assistance should your personal circumstances change. This gives you, your partner and your family the comfort of knowing you'll always have the support

and care you need, when you need it. Your emotional and physical wellbeing is our highest priority. We provide 24 hour support through our team of qualified Registered Nurses and Caregivers. We also work closely with a general practitioner, physiotherapist and podiatrist to ensure your day-to-day healthcare needs are met.

Our goal is to provide you with the highest standard of support, care and comfort we can, in an environment where you feel happy, safe and well looked after.

All meals are prepared on-site by our experienced team of kitchen staff who prepare, cook and serve high quality, nutritious meals daily. All residents love the comforting aromas and tastes of our home style food and fresh baking.



## Our Village Manager

Our Village Manager Leanne Mortlock is passionate about Aria Gardens and leading her team in the delivery of exceptional care. Combining her years of management experience and a background in nursing, Leanne brings a dynamic and collaborative style of leadership and is dedicated to the delivery of excellent care for all of our residents.

## Our professional staff offer real peace of mind

The Aria Gardens Village Manager is supported by two Clinical Managers who lead a team of dedicated Registered Nurses and Caregivers. All of our care staff participate in our diverse education and training programmes. So rest assured, you will be well cared for at Aria Gardens! We also have a team of activities co-ordinators who ensure there is a wide range of interesting activities for you to participate in and entertainment for you to enjoy.



## The Accommodation at Aria Gardens

### Rest Home

In the Aria Gardens Rest Home you'll enjoy a fully furnished individual room with ensuite toilet, including hand basin and mirror. There is a wall-hung television, as well as plenty of space for photographs, cards or treasured artwork from loved ones to personalise your room. The lovely garden areas, restful lounges and dining room will help you feel right at home.

### Hospital

In the Aria Gardens Hospital we provide 24 hour a day nursing care for residents who require specialist assistance for daily living or end of life care. The Hospital is made up of six care suites, with three

suites offering premium rooms and lounges. Each care suite has a dining room, lounge, and garden area. We have a beautiful visitors' lounge and courtyard where residents, family and friends can meet to enjoy some time together. All of our bedrooms include hospital beds, built in TVs and wardrobes.

Our premium Hospital suites Gardenia, Hibiscus and The Palms each offer an exceptional standard of comfort and medical care provided in a modern architecturally designed environment. These suites offer well-appointed and spacious rooms with full ensuite bathrooms, large sunny lounges, dining rooms and beautiful outdoor garden courtyard areas.

### Dementia Care

The Kauri Wing is our state-of-the-art Dementia Care Unit which caters specifically to cognitively impaired residents. Every aspect of the design and finish has been carefully chosen to aid people living with Dementia. Residents have their own uniquely coloured and designed front door that helps them identify and remember the entrance to their own home. A photo board of past and present events, along with photos of loved ones gives a sense of connection and familiarity. Everything has been considered down to the smallest detail, such as specifically designed and coloured bathroom facilities to improve depth perception and safety. Room interiors

offer reduced lighting, textured finishes on surfaces and subdued paint colours. Residents enjoy the sunny lounge with attached outdoor areas which they are free to access at their leisure.

The focus of our Dementia Care is to provide a safe environment whilst fostering independence and improving quality of life. Our staff are carefully selected and trained in Dementia Care and are skilled, compassionate carers. Our team provides opportunities and activities designed to encourage engagement and create enjoyment. We prepare these activities in a weekly programme designed to suit each individual, including live music, happy hour, crafts, regular trips, walks and more.



## Our commitment to you

Aria Gardens is an Arvida Village, and we are down to earth people here. Our values are genuine and they drive everything we do. We're always looking for new ways to make life in our community as fun and enjoyable as possible.

## The best decision you'll ever make!

We understand that the move into a care facility is a big decision. Before you decide, we welcome you and your family to visit any time, and have a first hand chat with members of our community to find out for yourself what makes our home special.

We will support you as you transition into your new home, helping to eliminate any of the stress of moving and ensuring that you quickly feel right at home.

At Aria Gardens you can enjoy a comfortable lifestyle and be cared for by supportive qualified staff. We will nurture your individuality, care for you like you are family and help you to relax with friendly and comforting support.

Why not give us a call to have a chat about your personal needs.

## A few of the common questions...

### Why do people love living at Aria Gardens?

We listen to our residents, and it's common to hear such comments as:

- At Aria Gardens I can completely relax, because I know that all the important things are taken care of.
- The continuum of care and highly qualified staff mean I can stay in my familiar surroundings for longer.
- The unique boutique Hospital gives mum the 24 hour attention she needs.
- The care staff are just like family – they're amazing.

### What levels of care are there?

We provide Rest Home and Hospital Care, as well as Dementia Care in our specialised Dementia Unit.

### Can I move into the Hospital facilities of the village later on?

Yes, as part of our community, you will have priority access to the Hospital care services offered by Aria Gardens. For couples this is especially comforting, knowing that you can remain living together within close proximity in one home environment.

### Can my family and friends come and visit me in my home?

Yes of course, you can have family and friends over to visit any time. There are several car parks available for visitors within the village.

### What care is provided 24 hours a day?

There are Registered Nurses and Caregivers on duty at all times. Our GP is also on call for medical needs that may arise outside of hours.

### Medical Care

Our long-standing GP who has many years of experience in aged care, is on-site at least twice a week, visiting residents and giving them routine examinations. Every six months we review all your care with you and members of your family to discuss any issues and to plan strategies for on-going care.

### Do we have physiotherapy?

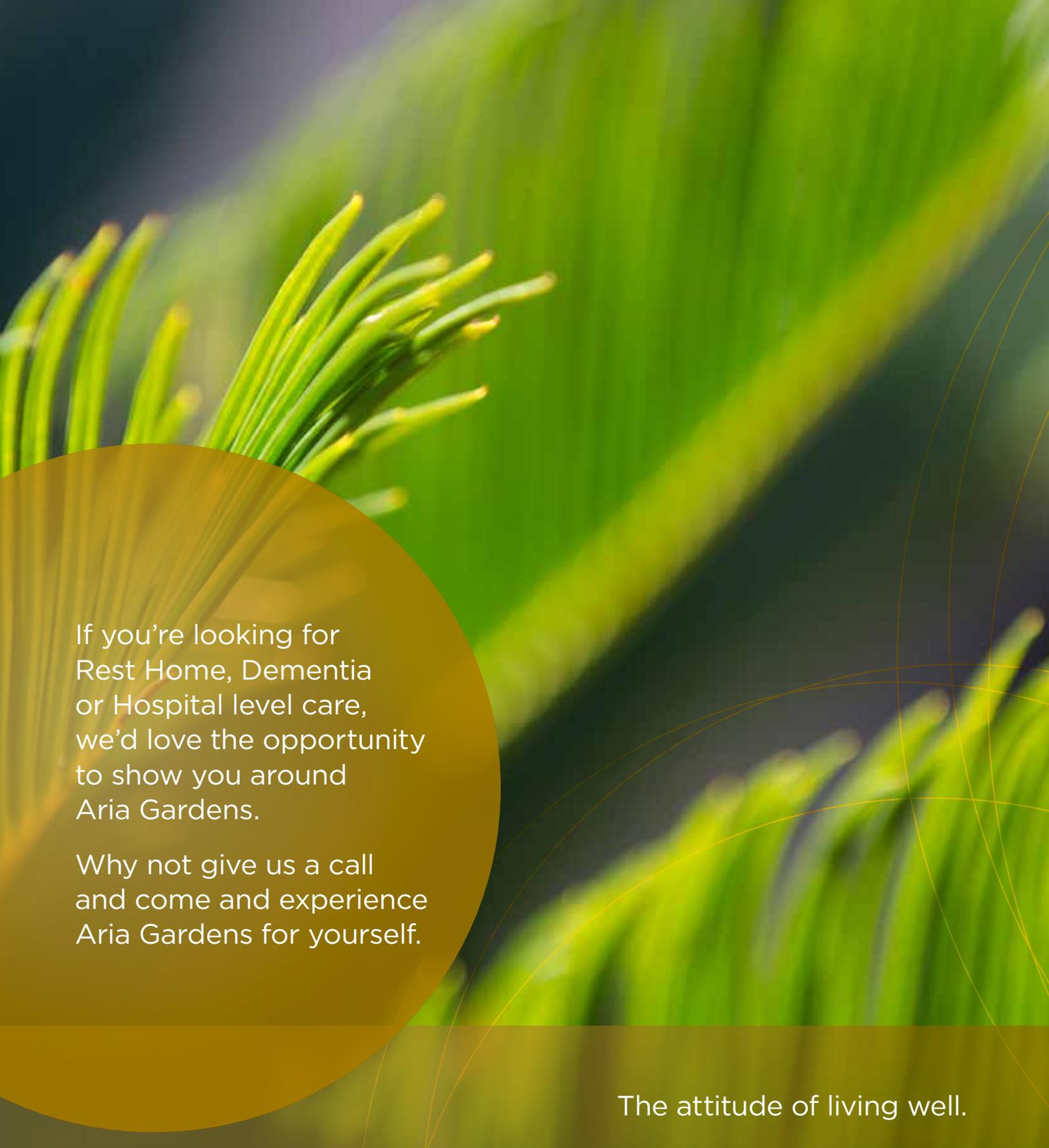
Our Physiotherapist and Physiotherapy Assistant are on hand throughout the week to assess and assist residents with the goal of optimising independence.

### Do we provide any other services?

We have a hairdressing salon, podiatrist care, on-site laundry and handyman. We also have Sky TV available.

We will provide a home where you can make the most of each day and we will provide care that will give you a whole new lease of life. In turn this will offer peace of mind for your family, who will then be able to focus on enjoying quality time with you.





If you're looking for  
Rest Home, Dementia  
or Hospital level care,  
we'd love the opportunity  
to show you around  
Aria Gardens.

Why not give us a call  
and come and experience  
Aria Gardens for yourself.

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11 Bass Road, Albany,  
Auckland 0632

Phone 09 415 7035 or email  
[info@ariagardens.co.nz](mailto:info@ariagardens.co.nz)

[www.ariagardens.co.nz](http://www.ariagardens.co.nz)



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