

Mt Herbert HAPPENINGS

No 2 - February, March, April 2017



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Hello everyone

With the darker mornings and evenings it certainly hits home that winter is just around the corner. With this in mind, coughs and colds will be starting to spread throughout the community. Please if you are unwell, phone your relative rather than visit. Although we love visitors, we do not want the spread of the bugs.

We have had a busy first part of the year with Activities, the focus being Easter and Anzac which the residents and staff put a lot of effort and time into. Easter saw a lot of crafts being created and a lot of chocolate being eaten. Following on from Easter was Anzac Day, and the Anzac garden out the front looked great. Time has certainly flown by and it is not long before Ainsley, our New Graduate Registered Nurse heads off to the Health Centre for her next learning venture. We will be recruiting two more New Grads in July. This is an exciting opportunity for both the New Grad and Mt Herbert as we are able to be a part of "growing" new nurses.

We also welcome a number of care assistants to the Mt Herbert Family. Our staff who started their National Certificate training at the beginning of the year are nearing completion and to date are all on track for a successful completion. Well done.

For the next six to eight weeks we will be without our maintenance man Larry, as he heads off for surgery. Good luck Larry. If you have any maintenance issue, please let the RN know as we do have someone coming in to fill in three half days per week.

As always I am happy to answer any queries or concerns, so please feel free to contact me. If I am not available, please contact the Registered Nurse on duty.

Until the next newsletter, take care.



Regards
Donna Watson RN
Manager



Peter, Florence, Mark and Jackie.

February-March-April Activities

Hi Everyone. We've been very busy the last three months!

In **February** our church services started again and we've had a good number of residents attending.



We had some new entertainment with **Maurice Ebbs** and his wife **Marilyn** who come from Napier. Maurice, who is Irish, plays the guitar and sang some amazing Irish songs. Marilyn plays the piano and together they gave us a great afternoon concert.



Betty Herbert is now coming once a month to play the piano and entertain us with some fantastic jazz music. **Clarice Anderson** and her singing group 'Sawu' have been back entertaining us with songs, acting, witty jokes and poetry.

We've been out for drives and ice creams, and Lyn brought eleven residents out to my bach at **Blackhead beach**. We had a lovely lunch on the deck, soaking up the sun and sea air.



On **Valentines Day** Lyn decorated the dining room with hearts and glitz.



March was 'all go' with **activities** - playing skittles, scrabble, bingo, darts, bowls (lucky Lotto win), balloon tennis, and quizzes on our big new whiteboard. Our art project for the month was decorating Easter eggs.

We're enjoying **socializing** each month with CHB Activities groups. **Ross Hart** came from Hastings and entertained us (and Woburn residents) with two hours of popular Irish and Scottish songs. He had everyone singing along to his guitar with lots of favourite songs.



On **St Patrick's Day** we had lots of very green food and enjoyed a few Irish jokes. Some of our residents and staff dressed up for the occasion.

In **April**, **Rose Lynn Fashions** came and displayed all their clothes. Some of the ladies from Pakeke came along to enjoy the afternoon.



Lyn and I put out the **Easter raffle** - and a big thank you to everyone who bought a ticket. This money goes back into the Residents' Activity fund. Congratulations to our resident **Anne Brun** for winning the raffle.

Our **art project** this month was making wooden Anzac crosses and painting them for Anzac Day. They are displayed in the front garden and our **Anzac display** is in the front foyer.

Anglican church is giving us a late Easter and early Anzac service for our residents this Friday. Next Wednesday we have our monthly CHB Activities group get-together at Pukeora for a **sports afternoon** and afternoon tea. Betty Herbert will also be back entertaining us on the piano.



We will be back in three months to update you on all our activities. Till then we will leave you with this question: *'Why is a man who invests all your money called a broker?'*

Cheers from *Jan & Lyn*



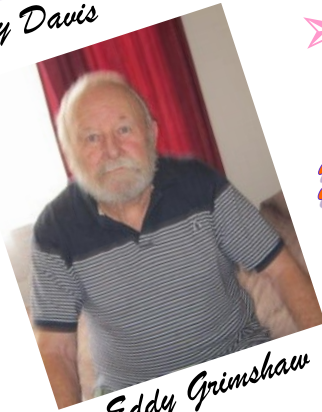
Ruby Davis



Pat Acutt

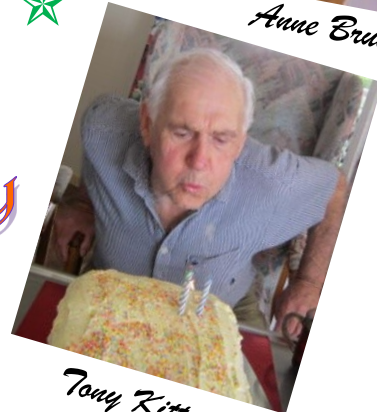


Anne Brun



Eddy Grimshaw

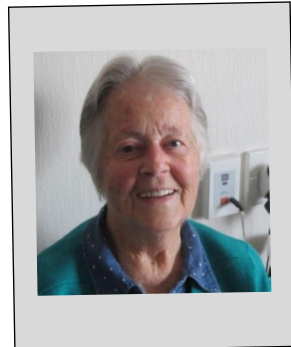
Happy
Birthday
to You



Tony Kittow



Mark McLean



Carol Butler



Grahame Neville



Zuinten Severinsen



Zeala Hine



Nancy Addis



Jackie Buxton



Sophie Winterburn



John Sidwell



Brian Stott



- * Congratulations to Pera & Len Birdsall on their 65th wedding anniversary.
- * Welcome to Health Care Assistants Rhodora Go, Mel Tatam & Zaaheer Jeftha.
- * Welcome also to Dave Huxley who is assisting with maintenance while Larry is away.
- * New Graduate RN Ainsley Anderson will complete her six months employment at Mt Herbert in June. Ainsley will then continue her training at CHB Health Centre.
- * Admin. changes: Yvonne will be in the office Monday to Wednesday with Nicole who will also work Thursdays & Fridays.



- ★ Mrs Nancy Addis
- ★ Mr Neil Irvine

Short stay Residents

- ★ Mrs Jeanette Cramond



Len and Pera

RN'S update

Hello Again

- ✧ Another seasonal change is on the way, days are shorter and nights are longer, and the winter woollies are out of hibernation.
- ✧ Before we know it flu season will be upon us. Most of our residents and many of our staff have chosen to receive the flu vaccination. Something you may want to consider for yourself.
- ✧ We care for some very vulnerable people who are more susceptible than the general population to picking up infections and bugs, so **PLEASE** if you have bugs and / or the sniffles **DO NOT** visit. We are happy to pass messages on to your loved ones if you are unwell.
- ✧ Talking bugs you may have noticed our new sanitiser dispensers in the entry and halls. We have recently changed suppliers hence the different look. Please use the sanitiser, as handwashing is the most effective way of not transmitting nasties.
- ✧ A reminder, can you please advise us if your contact details change. We appreciate hearing from you; please let us know of any concerns so that we are able to work with you towards a solution.

May winter be kind to you with lovely warm fires, winter woollies and comfort food

Regards *Deane*

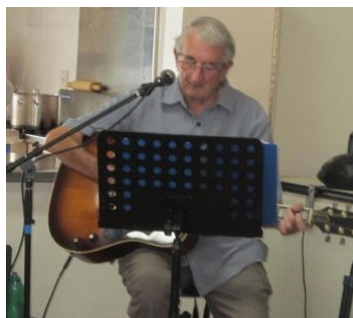


Deane Morrison

Activities at Home...

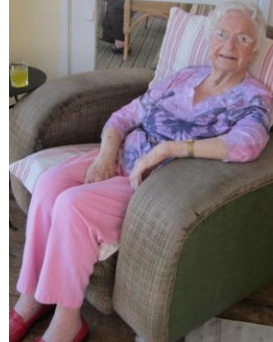


Easter Crafts



Out & About...

Summer time means outings...
a visit to Jan's beach house at
Blackhead...and of course ice
creams.





We Remember

Mr Bill Ulph

Passed away 20.02.2017

*We offer our love and
sympathy to Bill's family and friends.*

Staff News



Ainsley Anderson



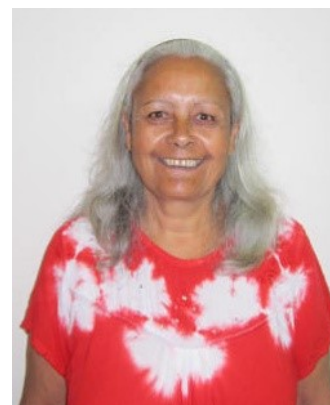
Mel Tatam



Rhodora Go



Zaaheer Jeftha



Marise Burkett

The Last Word...

*"To succeed in life, you need three things: a wishbone,
a backbone and a funny bone."*

- Reba McEntire