

## Welcome to Alden Aroha

Centrally located in Palmerston North, Aroha is a well-established and respected care home offering rest home, hospital, dementia, palliative, and respite care. Our compassionate team, including 24/7 registered nurses, works closely with local health services to provide personalised support and palliative care for residents and families.

The facility features a picturesque outdoor courtyard, spacious bedrooms for personal touches, and dietitian-approved meals prepared onsite. With a welcoming, relaxed atmosphere, open visiting hours, and access to services such as hairdressing and podiatry, Aroha ensures comfort and connection. A varied activities programme runs seven days a week, fostering companionship and a true sense of community.

*Here for you*

## Here for you when you need us most.

At Alden, we're guided by a simple belief that everyone deserves compassionate, trusted, and respectful care as they age, no matter their means or background.

So when we say we're 'here for you', we mean villages and care homes that reflect their community and celebrate the diverse personalities and cultures of the local people.

Because, like our name, which means 'old friend,' we will always strive to be here for you when you need us most.

*That's the Alden promise.*

## Aroha

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## Aroha

### Specialist aged care in Palmerston North

Set in picturesque surroundings, we provide a relaxed atmosphere with a variety of activities, genuine companionship, and secure, trusted care.



## Our facility features

- Registered nurse on site 24 hours a day
- Open-ended visiting hours
- A full and varied activities programme seven days a week
- Visiting hairdresser and podiatrist
- Dietician-approved meals catering for special diets
- Sky TV

*“Throughout our dealings the staff here have been patient and genuinely caring. Facilities are tidy and well kept.”*

- Alan S, resident family member

## We are close to

- Supermarket
- Shopping Centre
- Medical Centre
- Aquatic Centre
- Local Churches
- Parks

## Our approach to care

Our dedicated team of nurses and caregivers offer an unparalleled quality of personalised care backed by industry-leading qualifications and training. They are provided with ongoing training and professional development.

We promise to offer comfortable home-like facilities and deliver the very best in care.

♥ Rest Home Care

✚ Hospital Level Care

🕒 Respite Care

📶 Palliative Care

🧠 Dementia Care

