



Radius **Fulton**

Information Pack

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Thank you for enquiring about **Radius Fulton**

Hello and welcome to Radius Fulton. I know how stressful and overwhelming this process can be, and I hope this booklet can help you along the way. Our Managers are experts in aged care and can help you at any stage, so please don't hesitate to call them for a chat.

New Zealand owned and operated, Radius Care strives to provide the very best levels of care in the country. Whether caring for the elderly or a young person requiring special needs, our focus is on encouraging independence, preserving dignity, celebrating individuality and welcoming family and friends. We do this within an inclusive, warm and supportive environment where every effort has been made to create a sense of home for our residents.

My mother spent seventeen years in care after having a stroke at age 73. My family and I spent years trying to find her quality residential care with the support we needed. This is what inspired me to start Radius Care.

No one is just a number; our residents are like our family. We strive always to give them and their loved ones the support they need.

So when the time comes to choose a care home for a family member or other loved one, choose Radius Care because we really do care.



Brien Cree
Radius Care Founder &
Executive Chair





OUR HOME *is your home*

Involving and empowering every resident with a focus on their individual needs and preferences.

For the team at Radius Fulton, care means everything.

At our open and spacious care home we integrate rest home, hospital, respite, palliative and dementia care. Residents have the freedom to come and go as they please, and visits from family and friends are always welcome.

A friendly, home-like atmosphere is fostered between residents, families and the caring staff. It is important to us that when you choose to make Radius Fulton home you feel cared for and valued.

Our wonderful activities coordinator schedules new activities and outings every week, ensuring our residents can continue to enjoy their passions and interests.

We have an extensive programme of social activities (including live music, arts and crafts, cooking, exercises, dancing, quiz nights, fundraisers, and regular themed functions) to keep you motivated and entertained. Our residents have formed the RAGtimers (a Resident Action Group), to discuss local community events and brainstorm ways to help out. And, regularly airing on Otago Access Radio is the Fulton Home Residents' Show, with residents broadcasting their favourite music and thoughts on life.



LEVELS OF CARE

Radius Fulton offers the below levels of care and provides continuity of care, removing the stress of moving if care needs change.



Rest Home

For people who are mostly independent but may require some assistance with personal care and general day-to-day activities.



Hospital

Hospital care is provided for those who have a significant disability and medical concerns.



Dementia

Dementia care provides a secure home for those with dementia and for whom there are safety concerns and possible behaviour issues.



Respite

Designed to provide short-term breaks for at-home carers, while also providing a positive and stimulating experience.



Palliative

Specialised medical care focused on providing patients relief from the symptoms, pain and stress of a serious illness.



Young Person Disabled

For those under 65 who require assistance with self care, mobility and/or communication.





“ *A warm smile
is the universal language
of kindness* ”

SERVICES

Our aim at Radius Fulton is to make life for each individual as fulfilling as possible. A resident's complete wellbeing is a priority, which is why we offer more than just medical care.



GP Service



24-Hour
Registered Nurse
Cover



In-house
Activities



Beauty
Therapy



Chaplaincy
Services



Regular Outings
& Entertainment



Podiatrist



Hairdresser



Physiotherapy

FEELS LIKE HOME

As soon as you walk in the door we want you to feel comfortable, safe and in control. This is your place and space.



Furnishings

Residents are encouraged to bring items from home to give their room a familiar homely feeling. From furniture to the occasional pet, we understand that what is familiar is often comforting.

Visiting

Remain an integral part of each other's lives and spend as much time with each as you like. For a small amount you can join us for any of our meals.

Staff

Staff work in your home, you don't live at their work. They are qualified, experienced and ready to help you with any concerns or questions you may have.

“

The energy and enthusiasm you put into the residents is a wonderful thing. Thank you for improving the quality of life of so many.

Helen M



TECHNOLOGY

Technology has an important place in our homes, helping us make you as comfortable as possible, as well as ensuring you can stay connected to friends and family with ease.



Staying Connected

Wi-Fi

In all bedrooms a free personal Wi-Fi connection is available so you can email or video call your loved ones, get the latest news, easily download a new book to your e-reader, or use streaming services for movies or television shows. It also helps create independence with residents able to shop online, or even watch shows and ballet.

Phone

Make moving easier by keeping your phone number. You won't have to inform everyone of a new number, and your loved ones can reach you directly. This means you can stay connected with your loved ones without the hassle of informing them of a new number.

As an added bonus, we offer a convenient plan that features a senior-friendly phone with large buttons. This plan covers all toll and mobile calls for just \$35 a month.



Comfort

Call bells

All bedrooms have call bells for peace of mind. We want residents to feel confident they can request help whenever they need it, while families can relax knowing we'll always be there.

Temperature controlled bedrooms

As at home, you can make your room your perfectly comfortable sanctuary.





“Food is something we all look forward to in life, and this never really changes no matter how old you are. To me, it’s essential to get the heart of our homes right by offering our residents food that is heart-warming and nourishing.”

- Brien Cree
Radius Care Founder
& Executive Chairman





OUR FOOD

Radius Fulton has its own kitchen, where our team prepares nutritious meals using fresh, seasonal ingredients. We focus on making every dish tasty, aromatic, and visually appealing.

We serve three main meals each day: breakfast, lunch (including dessert), and dinner. For dinner, residents can choose between two menu options. Snacks are also provided in the morning, afternoon, and late evening.

Our menus are carefully designed by a team of chefs and reviewed by an independent dietician. They run on a four-week cycle, with a completely new menu introduced four times a year, to keep things fresh and prevent menu fatigue.

We cater to residents with special dietary needs, offering specialty options, including Pasifika and Māori meals, as well as vegetarian dishes.

When there's an event or themed day, our talented kitchen staff goes above and beyond to create a memorable dining experience that enhances the celebration.

As an Irish proverb says, "*Laughter is brightest where food is good.*" At Radius Fulton we live by those words, believing that good food is at the heart of creating a warm and welcoming home.





“Activities are excellent, I don’t think they could do it any better.”

-Lynne D
Radius Fulton Resident

RECREATION CALENDAR

*Radius Fulton
Sample*

MONDAY RĀHINA	TUESDAY RĀTU	WEDNESDAY RĀAPA	THURSDAY RĀPARE	FRIDAY RĀMERE	SATURDAY & SUNDAY
	1 10:00 AM Morning Tea 10:30 AM Physiotherapy Appointments Room Visits by Activities Staff 1:30 PM Bingo with Activities Staff	2 9:30 AM Stand Tall Balance Class 10:00 AM Morning Tea 10:30 AM Church Service 12:00 PM Van Outing to Tūhura Otago Museum	3 8:30 AM Chef's Special Cooked Breakfast 10:00 AM Morning Tea 10:30 AM Carpet Bowls 1:30 PM Bingo with Activities Staff	4 10:00 AM Morning Tea 10:30 AM Quiz & Word Games 10:30 AM Ladder Toss Game 1:30 PM Queen's Birthday Happy Hour, Quiz and Toast to the Queen	5 & 6 Family Visits
7 Queen's Birthday	8 10:00 AM Morning Tea 10:30 AM Physiotherapy Appointments Room Visits by Activities Staff 1:30 PM Mobile Shopping	9 9:30 AM Stand Tall Balance Class 10:00 AM Morning Tea 10:30 AM Church Service 1:30 PM Visit to Local Café	10 10:00 AM Morning Tea 10:30 AM Cornhole & Golf 1:30 PM Bingo with Activities Staff	11 10:00 AM Morning Tea 10:30 AM Newspaper Reading 10:30 AM Roller Bowling Game 1:30 PM Matariki Stars - Crafts	12 & 13 Family Visits
14 10:00 AM Morning Tea 10:30 AM Quiz & Word Games 1:30 PM Van Outing - Where will the road take us?	15 10:00 AM Morning Tea 10:30 AM Physiotherapy Appointments Room Visits by Activities Staff 1:30 PM Bingo with Activities Staff	16 9:30 AM Stand Tall Balance Class 10:00 AM Morning Tea 10:30 AM Church Service 1:30 PM Knitting	17 10:00 AM Morning Tea 10:30 AM Newspaper & Trivia 1:30 PM Soup Making 1:30 PM Bingo with Activities Staff	18 10:00 AM Morning Tea 10:30 AM Newspaper Reading 10:30 AM Roller Bowling Game 1:30 PM Matariki Stars - Crafts	19 & 20 Family Visits
21 10:00 AM Morning Tea 10:30 AM Quiz & Word Games 1:30 PM Group Exercise 1:30 PM Entertainer - Sing along with Sasha	22 10:00 AM Morning Tea 10:30 AM Physiotherapy Appointments Room Visits by Activities Staff 1:30 PM Mobile Shopping	23 9:30 AM Stand Tall Balance Class 10:00 AM Morning Tea 10:30 AM Church Service 1:30 PM Flax Weaving Stars or Flowers	24 10:00 AM Morning Tea 10:30 AM Newspaper & Word Games 10:30 AM Carpet Bowls 1:30 PM Bingo with Activities Staff	25 10:00 AM Morning Tea 10:30 AM Set Up for Matariki Celebration Lunch 12:00 PM Matariki Lunch 1:30 PM Māori Cultural School Group	26 & 27 Family Visits
28 9:30 AM Trip to Dunedin Botanic Gardens 10:00 AM Morning Tea 10:30 AM Group Exercise 1:30 PM Knitting Group	29 10:00 AM Morning Tea 10:30 AM Physiotherapy Appointments Room Visits by Activities Staff 1:30 PM Bingo with Activities Staff	30 9:30 AM Stand Tall Balance Class 10:00 AM Morning Tea 10:30 AM Church Service 1:30 PM Residents Meeting Monthly Birthday Celebrations			

ACTIVITIES

Each week we organise activities for the residents based on their current interests and what we think could become a passion.

Activities improve everyone's quality of life. They help build friendships and offer a range of psychological, social, spiritual, and physical benefits.

We run a daily activities calendar to give structure to each resident's day, providing a sense of safety and purpose while helping to pass the time. We love to draw on residents' interests from their previous professions and support them in discovering new ones.

Our Ethos

We're passionate about providing a diverse inclusive, well-rounded activity programme to the residents. It doesn't stop there, activities are a part of something so much bigger.

Providing emotional, physical, and spiritual support for so many, helping residents to feel a sense of belonging, and promoting their wellbeing through our recreational programme. We strive to ensure there is something for everyone.



Linely & Shirley
Activities Coordinators





MEET THE TEAM



Lisa Genge
Care Home Manager

Hello and welcome to Radius Fulton.

I'm Lisa Genge, and I've had quite a journey to where I am today. I started my career in special education teaching before transitioning into aged care and diversional therapy over a decade ago. My journey in aged care began as a Healthcare Assistant at Radius Fulton, where I worked for a couple of years before finding my passion in diversional therapy, and now as a Care Home Manager.

Over the years, I've provided a sense of purpose and a new lease on life for many residents at Radius Fulton. I'm passionate about ensuring that every person who works at our care home understands the privilege it is to be part of each resident's journey. I've experienced the best and most challenging times at Fulton, including floods, evacuations, and pandemics. These experiences have empowered me to be a leader. I've also celebrated the birth of my children during this time, which is an extraordinary milestone.

To me, aged care is not just a job; it's a calling. Making a difference in someone's life, no matter how small, keeps me going, and I wouldn't want to do anything else.

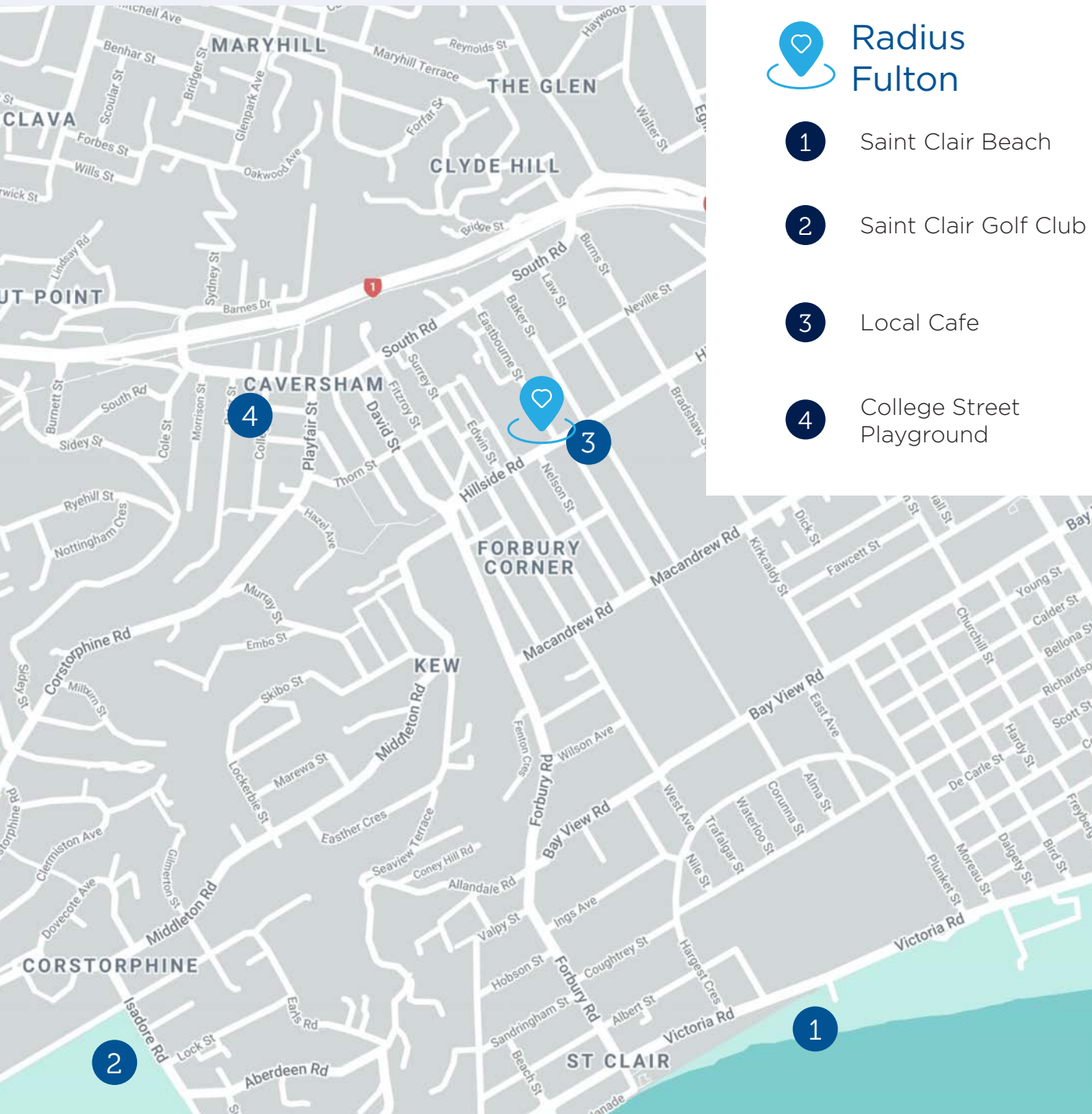


Sue Walker
Clinical Manager



Jackie McCoy
Office Manager

LOCATIONS & ATTRACTIONS



Radius Fulton

- 1 Saint Clair Beach
- 2 Saint Clair Golf Club
- 3 Local Cafe
- 4 College Street Playground



You'll get more insight, once you're on site.

We believe that you need to experience Radius Fulton in person to find out what makes it so special, and why our residents love the effortless lifestyle here.

Book a personal tour with Lisa, our Care Home Manager, and they will set aside plenty of time to chat about your situation, what you are looking for, and the options and benefits of being a resident here. You'll be guided around the home and the grounds, and any questions you have can be answered on the spot.



It's easy to visit us

530 Hillside Road,
Caversham, Dunedin

Visitor parking available

Contact us

Lisa Genge
Care Home Manager

03 466 4202
fulton@radiuscare.co.nz

 RadiusCareNZ

 @RadiusCare



Who is **RADIUS CARE?**

Radius Care is a specialist health and aged care provider for elderly and disabled New Zealanders.

New Zealand owned and operated, we are committed to providing quality rest home and private hospital care for those who require daily support.

All our healthcare assistants and nursing staff are highly qualified and committed to providing the very best in nursing care. Regular in-house training and ongoing skills development ensure our staff are up to date with modern health care practices.

You can be sure that we take aged care in New Zealand very seriously and meet the

highest standards of care to ensure that all our residents are well cared for at all times.

Radius Care has locations across New Zealand, employing over 1800 staff and providing professional aged care for more than 1800 residents.

Types of care we offer:

- Rest home
- Hospital
- Dementia
- Respite
- Palliative
- Young disabled
- Day care programmes



“ Ageing
is just another word for
living ”



How aged care works

We understand that moving into aged care can feel like a complicated process. The next couple of pages cover some basic information about the full process, frequently asked questions, and how to have the difficult conversation with someone about moving into aged care.

For more detailed information go to our website radiuscare.co.nz and view the *Moving into Aged Care* page.

6-Step Plan

The team at Radius Care have decades of experience in helping people like you choose the right Radius Care home for your loved one. We have broken down the process into six simple steps. If you have any questions, please don't hesitate to contact us.



STEP ONE

Organise a Needs Assessment

If you feel like it's time for a loved one to receive greater care and attention, the first step is to organise a needs assessment with your local Needs Assessment Services Co-ordinator (NASC).

Anyone can enter residential care of their own volition, but if you wish to receive disability support from your District Health Board (DHB), then it's essential to undergo a needs assessment.

To make an appointment with NASC you can either get a referral from your GP or hospital, phone your local DHB and ask to speak to a local NASC organisation, or choose your local NASC online.



STEP TWO

Complete Needs Assessment

Once an appointment has been made with NASC, a needs assessor will visit your home to identify and discuss the specific health requirements of your loved one. This is a necessary step and may include a specialist geriatric assessment. If your family member or close friend is already hospitalised, the hospital can arrange a needs assessment in the ward.

The needs assessor will work very closely with your family or whānau to discuss the options and support services available.

Depending on the needs of the person close to you, they may be entitled to rest home care, dementia care, or continuing care in a private or psychogeriatric hospital.

Once NASC finds your loved one to be eligible to enter a rest home care home you will be given a financial means application to apply for public funding.



STEP THREE

Create a Plan of Action

After completing the needs assessment, the NASC will help you devise a plan of action to facilitate the commencement of the services you are entitled to, and authorise entry into a rest home that provides you with the assessed level of care required.

Your needs assessor will give you a list of all the rest homes in your area.

You have the right to choose any residential care provider in New Zealand that has a DHB contract to provide you with your assessed level of care need.

If your family member wishes to receive care in a rest home or hospital that does not have a contract with a DHB, they will be liable to privately pay the full cost – it will not be subsidised by the government.



STEP FOUR

Choose the Right Rest Home for You

Choosing the right residential care home is not always easy, and can be a stressful experience. After all, you will be concerned that your loved one is safe and in appropriate care.

The Ministry of Health conducts regular audits to ensure rest homes meet the standards of the Health and Disability Services (Safety) Act 2001.

Be sure to make an appointment to speak to the Care Home Manager, who is there to help you answer all your questions. When you're visiting a rest home be aware of how you are being received and shown around the care home. Is the care home well maintained? Are the staff members friendly and helpful? Are current residents well dressed? Is the Care Home Manager interested in discussing your parent's circumstances?



STEP FIVE

Sign the Admission Agreement

Before moving into a rest home, an admission agreement or contract needs to be signed. This is the final step necessary to ensure your loved one receives their assessed level of special care and attention.

The admission agreement is a legal document that specifies such things as extra services you have agreed to receive and pay for, costs and extra charges, liability for damage or loss of belongings of the resident, resident safety, transport, procedures, and complaint processes.

You also have the right to refuse any extra services offered to you, and if you do it is important to make sure that this is noted in your contract. Once the admission agreement has been signed, your loved one is able to move into your chosen rest home and you can now rest assured that they're in safe hands and well looked after.



STEP SIX

Apply for a Subsidy or Loan

After the NASC assessment, you can apply for a financial means assessment straight away.

All applications for a financial means assessment will be made to Work and Income. The purpose of a financial means assessment is to determine whether the applicant qualifies for public funding through a Residential Care Subsidy or a Residential Care Loan.

We advise you to apply for a financial means assessment on behalf of your loved one as soon as possible, even if you cannot supply Work and Income with all the necessary papers immediately.

You will be required to pay for residential care, until it has been confirmed by Work and Income that you qualify for a Residential Care Subsidy or Loan.



Frequently Asked Questions

Here at Radius Care, our number one priority is the health, both physical and mental, of our residents. Rest homes can be a worrying prospect, for both those moving and their families. We've put together this short list of questions that may help.

What determines whether I can move into a rest home?

People move into rest homes for different reasons. Some may feel like it's the best decision for their family, both financially and logistically. Others realise that they can't take care of themselves any more, and a rest home is the best place to be looked after, while some move to be around other people.

Do I have to move?

Unfortunately, sometimes the decision involving rest homes has to be made by others for the sake of an elderly loved one. It's a major decision and not one to be taken lightly. At the end of the day, an improved quality of life is usually the ultimate goal. If you benefit from moving into a rest home, then it's almost certainly the correct decision.

What can I do to find a rest home that suits me?

You can get a list of rest homes in your area from the District Health Board, your local Age Concern, or the Needs Assessment and Service Coordination agency. Here at Radius Care, we put our residents first and foremost. We have a reputation for outstanding patient care, hospitality and professionalism.

What government funding is available to help with the costs?

Once you have been assessed as 'needing care' the person who carried out your needs assessment will explain how to apply for the Residential Care Subsidy.

The Government helps to fund the cost of care through this subsidy. It is means tested and depends on the level of your assets and income.

If your assets are equal to or below the asset threshold, you will qualify for the subsidy to pay for most of the cost of your care. The income test then determines what you will have to contribute to the cost of your care from any income you receive.

To get full details about the Residential Care Subsidy and find out if you might qualify, contact the Work and Income Residential Subsidy Unit. They can be contacted on their helpline: 0800 999 727. If you don't qualify for the subsidy, you will have to pay your own way. However you can ask for a review of your means test at any time if you think you might have become eligible for the subsidy.

How is the quality of rest homes monitored?

Rest homes must meet the Health and Disability Services Standards NZS 8134:2008, and be certified to operate by the Ministry of Health. They must also meet the requirements set out in their contract with the District Health Board.

The Ministry of Health arranges both regular and 'spot' audits of all rest homes to ensure they are continuing to meet both the Standards and the District Health Board contract requirements. The District Health Board and the Ministry of Health will carry out additional inspections if needed. Summaries of audits for all residential homes are available for the public to read on the Ministry of Health's web site page. Radius Care care homes have an outstanding record with these audits.

How to Have the Difficult Conversation

It is never easy to discuss the move into aged care, but it is a conversation that ideally happens with a loved one before the big decision needs to be made in a hurry.

Feelings of uncertainty, of not being heard and anxiety can occur on both sides of the conversation, so we suggest choosing a time when your loved one is relaxed and even in a reflective mood about the great life journey they've had so far.

Everyone wants a sense of self-determination and to be treated with dignity, and many elderly patients fear going into aged care as if the meaningful part of their life is over. So however you approach it, making sure they know that they will remain a constant part of your lives is a must, along with the variety of opportunities on offer at a care home.

Your relationship with your parent or loved one will largely determine the terms of how you actually broach this.

Maybe you could approach it as a matter of their quality of life and ask them to think about some of the following questions.

- Are you being socially isolated?
- Are you getting out to your old clubs and commitments that you normally had within the community?
- Are you taking the pills as the doctor has prescribed?

Perhaps use this time to highlight some of the changes that you and your family have seen that your loved one may not even be aware of.

Another thing to think about is whether or not they are doing their usual amount of exercise. Often the elderly reduce their exercise because of a fear of falling. Falling is not a natural occurrence for an older person. It happens when a person is a little unsure of where and how they are walking.

It is often beneficial to visit your loved one's health professional, GP or district nurse who might be able to provide support by explaining the benefits they could enjoy from the care, support and social interaction available at an aged care home. Sometimes having a person who isn't as emotionally invested as a family member can bring further clarity.

Following that, encourage your loved one to tour an aged care home, meet some residents and see for themselves what life could be like for them there.



What's next?

If you haven't already, we invite you to book a time to chat with us! Whether you have questions or are looking for personalised advice, our friendly team is here to guide you every step of the way and make the process as smooth and stress-free as possible.

Contact us

Lisa Genge
Care Home Manager

03 466 4202
fulton@radiuscare.co.nz

*We look forward to
hearing from you!*



Radius Fulton

CARE HOME

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