



Bupa

WATERLEA REST HOME

A REST HOME THAT FEELS LIKE YOUR OWN

Offering Dementia, Respite
and Day Care

Taking care of the lives in our hands

At **Waterlea Rest Home** we will do our very best to make you feel at home. Our wonderful, kind staff will focus on you as an individual - bringing together high quality nursing and genuine care. We'll make sure you choose how you want to fill your days, and always make your visitors feel welcome.

The best possible life

With flowers to pick all year around, Waterlea Rest Home is a peaceful and pretty home. It's a place to make new friends and enjoy fun and companionship. Our goal and commitment to you is to help you live the best life possible, supported physically, emotionally and socially and to be as independent as possible.

The quality of the care we provide to you is very important to us (and you can rest assured that it is excellent). Your enjoyment of each day is our focus, and we want everyone to feel that Waterlea is their home. We make sure that you choose how you spend your days, and we go the extra mile to make sure that our care has you as an individual at the centre of it.

At Waterlea, understanding what you and your family needs is paramount, because that's the individualised care we want to provide. We know that this means different things for different people, so we take care to involve family, and make decisions together.

We like to understand each person's individual likes and dislikes, so that we can build the care we give and the activities we provide around your preferences. After all, this is your home; the place you should feel comfortable in.

Waterlea has a strong family spirit and offers residents dignity and independence to find personal space and relaxation.

Dementia Care

When a family accepts a place in our dementia unit for a family member, our journey together begins. We work to gain an understanding of the unique person who is joining our family of residents. Understanding the person they were, the person they have become, their likes and their dislikes, and their routines helps us provide an environment that will effectively support each person, all day long. Our specialised dementia care unit offers a warm, friendly and family orientated environment with trained staff using humour and positive encouragement during the day.



Our staff

We pride ourselves on having a very well trained team, who care for you as a person as much as for your medical needs. Because we value the wisdom and experience of older people, the care we give is respectful, with a focus on the little things that make a difference.

Taking care of the lives in our hands

Waterlea is part of the Bupa group of rest homes, hospitals, retirement villages and personal medical alarms. We are part of the global Bupa group, based in the UK. Because Bupa is a private company with no shareholders, we can invest what we earn to make improvements that help us provide better care.

Come and see for yourself

We would love to have the opportunity to talk to you about what we can offer. Please don't hesitate to visit our Rest Home any time during business hours or contact our Care Home Manager, Kathy Hargreaves on **(03) 577 6556** or **027 222 9412** after hours.

Waterlea Rest Home
50 Mclauchlan Street
Springlands, Blenheim

(03) 577 6556
www.bupa.co.nz

