



# DISABILITIES RESOURCE CENTRE

## Supported Independent Living

### Eligibility

You must:

- be aged 17 years or older
- have a physical, intellectual or sensory disability (or a combination of these) which is likely to continue for at least six months and which limits their ability to function independently, to the extent that ongoing support is required

### What's It All About?

Supported Independent Living is a free service that helps people with disabilities live independently, by providing support in areas of their life where help is needed. A key worker will work with you to help you learn skills needed for independent living such as cooking, budgeting or going to the bank.

The Supported Living Service is designed to:

- enable disabled people to live in their own homes
- develop relevant skills
- develop and access community resources
- actively participate in their community
- define and achieve their goals
- experience autonomy on an equal basis to others

Supported Independent Living **cannot** be used to support you with personal care, household management, rehabilitation or vocational services.

Supported Independent Living is a support service that extends for an agreed period of time to ensure that your goals are achieved. How long you are able to use Supported Independent Living depends on a number of things – how long you are assessed as needing support, how long it takes to achieve your goals, and if you have enough support from the other people around you to keep living independently.

### Where To From Here?

You will need get a referral from your GP or specialist to be assessed by a Needs Assessment and Service Coordination (NASC) organisation to make sure that you are eligible and that Supported Independent Living is the right service for you.

For more information call DRC on 0800 227 363 and ask for the Supported Independent Living Co-ordinator.

**one call - countless resources - endless opportunities**